

Lord Jesus,

I give you my hands to do your work,
I give you my feet to go your way,
I give you my eyes to see as you do,
I give you my tongue to speak your
words,

I give you my mind that you may
think in me,

I give you my spirit that you may
pray in me.

Above all, I give you my heart that
you may love in me.

Amen.



The Magnificat

My soul glorifies the Lord,
My spirit rejoices in God, my Saviour.
He looks on his servant in her loneliness;
Henceforth all ages will call me blessed.
The Almighty works marvels for me.

Holy his name!

His mercy is from age to age, on those who fear
him.

He puts forth his arm in strength and scatters
the proud-hearted.

He casts the mighty from their thrones and
raises the lowly.

He fills the starving with good things, sends the
rich away empty.

He protects Israel, his servant,
Remembering His mercy, the mercy promised to
our fathers, to Abraham and his sons forever.



Nunc Dimittis

At last, all powerful Master,
You give leave to your servant to go in
peace,

According to your promise.

For my eyes have seen your salvation
Which you have prepared for all
nations,

The light to enlighten the Gentiles
And give glory to Israel, your people.

Give praise to the Father almighty,
To his Son, Jesus Christ, the Lord,
To the Spirit, who dwells in our hearts,
Both now and forever

Amen.





Prayer for Lunch Time

Bless us, O God, as we sit together,
Bless the food we eat today.
Bless the hands that make the food.
Bless us, O God,

Amen.





Prayer after Lunch

Thank you, God, for the food we have
eaten.

Thank you, God, for all our friends.

Thank you, God, for everything.

Thank you, God.

Amen.





Prayer at the End of the Day

God our Father, we come to say,
Thank you for your love today.

Thank you for my family,
And all the friends you give to me.
Guard me in the dark of night
And in the morning, send your light.

Amen.



