

<p>Gratitude shower a place. Say thank you to features of a place, take photos of your 'thank you's'.</p>	<p>Scrapbook your 'Happy Spot'. Inspired by <i>PG</i> Summer 2010, pp.18–19.</p>	<p>Watch and feed birds. Draw informal maps of their flight paths and create sound maps of their song.</p>	<p>Undertake a 'pay it forward' project to share random acts of kindness towards others and record your results.</p>	<p>Create a book of appreciation full of noticings of tiny everyday things.</p>
<p>Slow down. Spend time paying attention to one location, feature or aspect of the place you are in now.</p>	<p>Conjure the presence of natural world in local places with a spell or poem. Read it back to the place, if possible. Inspired by <i>The Lost Spells</i> by Robert Macfarlane and Jackie Morris</p>	<p>Carry out some 'guerilla gardening'. Transform an abandoned space into a garden: plant bulbs and sow wild seeds and nurture the plants as they grow.</p>	<p>Gently reference (mimic) a place/feature within your locality. Plan your props and outfit carefully. Can others guess where you are gently referencing? Inspired by Paul Harfleet (see p. 18).</p>	<p>Highlight places of sanctuary. Find out about buildings, cities, universities and schools of sanctuary. Create a UK guidebook of places of welcome and hospitality.</p>
<p>Notice the planets changing through the days, weeks and months including the position of the sun at sunrise and sunset or the shape of the moon.</p>	<p>Talk to someone new at school. Tell them about yourself: where you live, where you hang out in the local area, where you like to play/go on holiday and ask about themself.</p>	<p>Read fiction books on embracing diversity, treating others with kindness and standing up to racism. Leave a positive message or review as a sticky note on the front cover.</p>	<p>'I am grateful for...' Show gratitude to other people and places using this starter.</p>	<p>Complete a litter enquiry and tidy around your school/local area. Where are the 'grot spots' where litter collects? Record these spaces before and after in maps and photos.</p>
<p>Send a postcard to a friend. Draw a picture of a place you have visited recently and write a friendly message.</p>	<p>Complete an emotional map for your home, your local area or your school grounds. How do places make you feel? How do you feel in places?</p>	<p>Notice the changes through the seasons. Take photos regularly from the same position of a tree or place to focus on the changes.</p>	<p>Plan a day out for someone in your local area. For example, an elderly person, a mother and baby, or a wheelchair user. Cost your trip fully, write and map the itinerary.</p>	<p>Greet the natural world out loud anew each morning: 'Good morning sun – how are you today?' 'Good morning grass.'</p>
<p>Whisper your secrets to a friendly plant in the school grounds or your garden.</p>	<p>Ensure your classroom is a place of sanctuary and hospitality. Research, write and present a set of guidelines.</p>	<p>Write a protest song, poem or create a work of art about a geographical issue that is of concern to you.</p>	<p>Demonstrate for positive action on an issue you feel strongly about. Produce a placard with a positive message on.</p>	<p>Create your own random act of geographical kindness and add it to our list. Share them using #kindgeographies</p>

Figure 2: Twenty-five random acts of geographical kindness.

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