

Lord Jesus,

I give you my hands to do your work,  
I give you my feet to go your way,  
I give you my eyes to see as you do,  
I give you my tongue to speak your  
words,

I give you my mind that you may  
think in me,

I give you my spirit that you may  
pray in me.

Above all, I give you my heart that  
you may love in me.

Amen.





## Prayer for Lunch Time

Bless us, O God, as we sit together,  
Bless the food we eat today.  
Bless the hands that make the food.  
Bless us, O God,

Amen.





## Prayer after Lunch

Thank you, God, for the food we have  
eaten.

Thank you, God, for all our friends.

Thank you, God, for everything.

Thank you, God.

Amen.





## Prayer at the End of the Day

God our Father, we come to say,  
Thank you for your love today.

Thank you for my family,  
And all the friends you give to me.

Guard me in the dark of night  
And in the morning, send your light.

Amen.





## Morning prayer

Father in Heaven, you love me,  
You are with me night and day.

I want to love you always,  
In all I do and say.

I'll try to please you, Father.  
Bless me through the day.

Amen



## Hail Mary

Hail Mary, full of grace,  
The Lord is with Thee.

Blessed art thou amongst women  
And blessed is the fruit of thy womb,  
Jesus.

Holy Mary, Mother of God,  
Pray for us sinners now and at the  
hour of our death,

Amen



## Our Father

Our Father, who art in Heaven  
Hallowed be thy name.  
Thy kingdom come, thy will be done  
On Earth as it is in Heaven.  
Give us this day our daily bread  
And forgive us our trespasses  
As we forgive those who trespass  
against us,  
And deliver us from evil,

Amen.



In the name

of the **Father**



And of the **Son,**



And of the **Holy**



**Spirit,**



**Amen.**





## Glory Be

Glory be to the Father  
And to the Son  
And to the Holy Spirit,  
As it was in the beginning,  
Is now and ever shall be,  
World without end,

Amen.





## Prayer to the Guardian Angel

Angel sent by God to guide me,  
be my light and walk beside me;  
be my guardian and protect me;  
on the paths of life direct me.

Amen.





## Eternal Rest

Eternal rest give unto them, O Lord.  
And let perpetual light shine upon  
them.  
May they rest in peace.  
Amen.



## Act of Sorrow

O my God, because you are so good,  
I am very sorry that I have sinned  
against you,  
and by the help of your grace,  
I will not sin again.  
Amen.



