

Lord Jesus,

I give you my hands to do your work,
I give you my feet to go your way,
I give you my eyes to see as you do,
I give you my tongue to speak your
words,

I give you my mind that you may
think in me,

I give you my spirit that you may
pray in me.

Above all, I give you my heart that
you may love in me.

Amen.





Prayer for Lunch Time

Bless us, O God, as we sit together,
Bless the food we eat today.
Bless the hands that make the food.
Bless us, O God,

Amen.





Prayer after Lunch

Thank you, God, for the food we have
eaten.

Thank you, God, for all our friends.

Thank you, God, for everything.

Thank you, God.

Amen.





Prayer at the End of the Day

God our Father, we come to say,
Thank you for your love today.

Thank you for my family,
And all the friends you give to me.

Guard me in the dark of night
And in the morning, send your light.

Amen.





Morning prayer

Father in Heaven, you love me,
You are with me night and day.

I want to love you always,
In all I do and say.

I'll try to please you, Father.
Bless me through the day.

Amen



Hail Mary

Hail Mary, full of grace,
The Lord is with Thee.

Blessed art thou amongst women
And blessed is the fruit of thy womb,
Jesus.

Holy Mary, Mother of God,
Pray for us sinners now and at the
hour of our death,

Amen



Our Father

Our Father, who art in Heaven
Hallowed be thy name.
Thy kingdom come, thy will be done
On Earth as it is in Heaven.
Give us this day our daily bread
And forgive us our trespasses
As we forgive those who trespass
against us,
And deliver us from evil,

Amen.



Glory Be

Glory be to the Father
And to the Son
And to the Holy Spirit,
As it was in the beginning,
Is now and ever shall be,
World without end,

Amen.





Eternal Rest

Eternal rest give unto them, O Lord.
And let perpetual light shine upon
them.
May they rest in peace.
Amen.



Act of Sorrow

O my God, because you are so good,
I am very sorry that I have sinned
against you,
and by the help of your grace,
I will not sin again.
Amen.



The Angelus

The Angel of the Lord declared to Mary: and she
conceived of the Holy Spirit.

Hail Mary... Holy Mary...

Behold the handmaid of the Lord: be it done to me
according to your word.

Hail Mary... Holy Mary...

And the Word was made flesh: and dwelt among us

Pray for us, O holy Mother of God.

That we may be made worthy of the promises of
Christ.

Let us pray:

Pour forth, we beseech you, O Lord,
your grace into our hearts,

that we to whom the incarnation of Christ, your Son,
was made known by the message of an angel,

may be brought by his passion and cross

to the glory of his resurrection,

through Christ our Lord.

Amen.



I confess



I confess to Almighty
God,
and to you, my
brothers and sisters,
that I have sinned
through my own
fault,
in my thoughts and in my words,
in what I have done,
and in what I have failed to do;
and I ask blessed Mary, ever virgin,
all the angels and saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

