



St. Cuthbert's
Roman Catholic High School

16th July 2022

Dear Parent/Carer

You will be aware that the Met Office has extended an amber extreme heat warning for Monday 18 July and Tuesday 19 July.

In addition to the message sent yesterday (Friday 15 July), the following measures will be put in place:

- Your child does not have to wear a blazer or tie on Monday and Tuesday.
- All students should bring a filled water bottle to school. Students will be able to refill their water bottles at break and lunchtime.
- Sun cream should be applied before school and additional sun cream brought to school and applied regularly,
- All students are encouraged to wear a sunhat,
- Students will be able to stay inside during break and lunchtimes. If they choose to go outside, they will be encouraged to sit in shaded areas.

Thank you for your continued support.

Yours faithfully,

Mr D Shields

Headteacher