

Please find below useful contacts that offer support during this difficult time.

### **LOCAL:**

- Rochdale Victim Support: Support for male and female victims, currently offering telephone support including safety planning: Call 07944 665 212 or email [rochdale@victimsupport.org.uk](mailto:rochdale@victimsupport.org.uk)
- Safenet: Refuge (women only) and Outreach support (men and women). Accepting referrals to both services, currently offering telephone support and safety planning for outreach: to refer call 0300 303 3581
- Rochdale Connections Trust: Support for victims, children and male perpetrators who want to address their behaviour), group-work cancelled, office open and accepting referrals: call 01706 345 111
- Rochdale Women's Welfare: Office 01706 860157
- Greater Manchester Domestic Abuse Helpline: Mon – Fri 10am – 4pm 0161 636 7525

### **ONLINE AND APPS:**

- [Women's Aid](#): Online chat service
- [The Hide Out](#): A space to help children and young people understand domestic abuse.
- [Victim Support: Live Chat](#): Online chat service for victims of crime in Greater Manchester.
- [Hollieguard](#): A personal safety app

### **NATIONAL HELPLINES:**

- National Domestic Violence Helpline: 24 hour helpline 0808 2000 247
- Karma Nirvana-Honour Network Helpline: For forced marriage and "honour" based abuse 0800 599 9247
- Broken Rainbow: helpline for lesbian, gay, bi-sexual and trans victims 0300 999 5428
- Men's Advice Line: helpline for male victims 0808 801 0327
- Respect: National helpline for perpetrators who want to change their behaviour 0808 802 4040

### **CHILDREN'S SUPPORT**

- Childline: Helpline for children and young people 0800 1111
- [www.barnardos.org.uk/](http://www.barnardos.org.uk/) Barnados
- [www.kooth.co](http://www.kooth.co) on-line emotional support
- <https://earlybreak.co.uk/what-we-do/family-services/holding-families-plus/> Support for young people affected by parental drug and alcohol misuse
- <https://www.samaritans.org/> Samaritans –call free: **116 123**

### **If you have a concern about the safeguarding of a child contact:**

- Rochdale Borough safeguarding Children Partnership: 0300 303 0440
- Or email school safeguarding team: [safeguarding2@scrchs.com](mailto:safeguarding2@scrchs.com)

