



St Cuthbert's Catholic Primary

PE Long Term Plan



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Fundamental Movement/ Gymnastics Commando Jo	Fundamental Movement/ Gymnastics	Orienteering Dance Commando Jo	Orienteering Dance	Games Athletics Commando Jo	Games Athletics
Class 1	Games Ten Point Hoops QCA  Commando Jo	Games Piggy in the Middle QCA  Dance Moving Along QCA	Gymnastics Making Shapes QCA  Commando Jo	Games Rolla Ball Durham  Dance Themes and Dreams Durham	Commando Jo  Gymnastics Assessing Level 1 Unit 1 Tasks 1 and 2 Durham	Athletics Honey Pot and Colour Match QCA  OAA Where are We Going? Durham
Class 2	Games Piggy in the Middle QCA  Gymnastics Families of Actions QCA	Commando Jo  Dance Cat Dance QCA	Games 3 Touch Ball QCA  Gymnastics Assessing Level 1 / 2 Unit 2 Tasks 1 and 2	Games Kick Rounders Durham  Commando Jo	Games Mini Tennis 1 Durham  Dance How does it feel? Durham	Gone Fishing Assessment Task Assessing Levels 1 and 2  Commando Jo

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Class 3 Cycle A	Gymnastics Balancing Act QCA  Swimming	Games Skittles Durham  Swimming	Dance Machines Durham  Gymnastics Assessing Level 2 /3 Unit 4 Tasks 1 and 2 Durham	Games Arc Rounders Durham  Commando Jo	Games Target Baggers Durham  Dance Indian Delight QCA	Athletics Off, Up and Away Durham  Commando Jo
Class 4 Cycle A	Games Calling the Shots QCA  Gymnastics	Dance What's so Funny? Durham	Games Fives and Threes Durham	Gymnastics Assessing Level 2/ 3 Unit 4 Tasks 1 and 2 Durham	Games What a Racket Durham	Athletics Take Aim, Furthest Five QCA

	Acrobatic Gymnastics QCA	Commando Jo	Swimming	Swimming	Swimming	
Class 5 Cycle A	Games Wide Attack QCA  Commando Jo	Games Grid Rugby and Tag Rugby Durham  Dance Making the Grade QCA	Commando Jo  Gymnastics Assessing Level 4 /5 Unit 6 Task 1 and 2 Durham	Gymnastics Group Dynamics QCA  Games Long and Thin or Short and Fat QCA	Games Pairs Cricket Durham  Commando Jo	Athletics Distance Challenge Durham  Swimming
Class 3 Cycle B	Games On the Attack QCA  Swimming	Gymnastics Partner Work QCA  Swimming	Dance Circus Theme  Commando Jo	Games End Zone Durham  Dance	Games Mini Tennis 2 Durham  Commando Jo	Athletics Faster Higher, Further Durham  OAA Communication Challenge Assessment Task
Class 4 Cycle B	Games Runners Durham  Commando Jo	Gymnastics Assessing Level 3/ 4 Unit 5 Tasks 1 and 2 Durham	Dance  Swimming	Games Diamond Cricket  Swimming	Commando Jo  Swimming	Athletics  OAA Crystal Star Challenge QCA

Class 5 Cycle B	Gymnastics Partner Work	Dance	Gymnastics	Games Zone Rounders Durham	Games Cricket	OAA Shipwrecked QCA
	Games	Commando Jo	Games Tag Rugby	Commando Jo	Commando Jo	Swimming