

## **Curriculum Intent**

*'For all children to leave St Cuthbert's Primary School with the skills, confidence, knowledge and enthusiasm for a lifelong participation in physical activity and sport.'*

Physical Education is an essential part of our school curriculum. We ensure that all children (especially vulnerable and SEND children) are provided with the opportunity to participate in two high quality PE lessons each week. The children at St Cuthbert's are provided with many opportunities to be active within the school day, from PE lessons to The Daily Mile. In addition, we take children to many festivals and competitions organised by the Stockton School Sports Partnership and have regular intra-class competitions within school.

Physical Education inspires all pupils to succeed and achieve in competitive sport and other physical activities. It provides opportunities for pupils to become physically confident in a way that supports their health and fitness.

Sport and PE at St Cuthbert's focusing on giving the children the confidence and self-belief to be able to challenge and improve their own personal best. Our Sports Leaders encourage and support children on the playground with personal challenges and lead inclusive activities for all children.

We teach PE and sport alongside the National Curriculum to ensure that pupils:

- Develop competence to excel in a broad range of physical activities
- Are physically active for sustained periods of time
- Engage in competitive sports and activities
- Lead healthy, active lives

Children are provided with 2 hours of high-quality PE lessons each week as well as active play and lunchtimes, The Daily Mile and afterschool clubs. Pupils in Years 4, 5 and 6 also take part in swimming lessons across a 2-week block.

Key Stage 1 children focus on developing their fundamental movement skills through accessing a broad range of activities to extend their creativity, balance, agility and coordination.

Key Stage 2 children focus on applying and developing a broader range of skills; learning how to use them in different ways and linking them to make actions and sequences of movement. They also learn the rules and boundaries of different games and sports and have the opportunity to referee matches to show an understanding of fair play. They enjoy communicating, collaborating and competing with each other in a range of sports

and activities as well as developing an understanding of how to improve through reflection and evaluation to help recognise their own success.

We provide a range of sports and activities for our children within PE and as After School Clubs, including: gymnastics, dance, football, badminton, volleyball, netball, hockey, athletics, archery etc. This allows our lessons to be inclusive for all of our children.

### **Implementation**

As a school within the Stockton Schools Partnership, we follow the 'Progress in PE' statements to ensure that there is a clear progression from EFS to Year 6. Progress in PE teaches children physical literacy and the basic skills they need in order for them to participate in different sports and disciplines. We teach termly, discreet topics for all pupils from Year 1 to Year 6. Each year group covers 10 statements for each area of PE (5 statements for unit 6). The 6 areas of PE covered by these statements are:

- Running and Jumping (Athletics, Races and Team Games)
- Throwing and Catching (Team Games, Netball, Rugby, Basketball)
- Balance, Agility and Co-ordination (Gymnastics)
- Games - Attacking and Defending, Striking and Fielding (Tennis, Football, Cricket, Rounders)
- Dance and Movement Patterns (Dance, Skipping)
- Achieving my Personal Best and Healthy, Active Lifestyles (Cross Country, Fitness Circuits)

### **Impact**

Pupil will build upon their PE skills throughout their time at St Cuthbert's Catholic Primary as they progress through the statements. They will have developed the knowledge and understanding of physical literacy and basic skills and be able to apply their knowledge when moving up to KS3 and to any out of school sport clubs. Children will be assessed per topic and an overall assessment will be made by the end of summer term.