

## **PSHE / RSE Intent:**

At St Cuthbert's Primary School, PSHE is integral in ensuring children are given the opportunity to develop the knowledge, skills and attributes that they need to manage their lives, now, and in the future. Furthermore, our Curriculum enables all children, including those with SEND, to become healthy, independent and responsible members of a society- following our Bishop Hogarth 'responsibility' virtue. As, ultimately, all children are responsible for their own actions. One of our main aims at St Cuthbert's Primary School, is for children to understand how they are developing personally and socially: tackling many of the moral, social and cultural issues that are part of growing up. Moreover, a big focus relies upon following our Bishop Hogarth Virtues showing justice and respect when learning what it means to be a member of a diverse society. We give children the opportunity to learn about rights and responsibilities. Children are encouraged to develop their own sense of self-worth and confidence by playing a positive role in contributing to school life and the wider community.

Our RSE Curriculum aims to raise pupils' self-esteem and confidence, whilst also helping pupils to grow in knowledge and understanding of the world. Our main focal point in RSE is children learning about the importance of their family and friendships- that ultimately are the building blocks to allow children to understand themselves and others. In addition, RSE equips our pupils with the ability to make practical judgements about the right thing to do in particular circumstances. Thus, exploring and promoting our Bishop Hogarth Virtues of promoting respect and justice.

## **PSHE / RSE Implementation:**

Personal Social Health Education (PSHE) including Relationships Sex Education (RSE) is at the heart of our school ethos and runs throughout all that we do. The Curriculum is split into 6 themes and is taught as a spiral curriculum so topics are re-visited in more depth to match the maturity of the pupils. - Becoming an active citizen (British Values/ What it means to be British) - Keeping myself safe -Me and My Relationships (RSE) -Healthy Lifestyles (Including Emotional Health and Well Being / see separate link on website) -Me and My Future Lessons are adapted to meet the needs of each individual class / pupils and to deal with issues as they arise. The lessons are delivered in a way that ensures pupils feel safe and encourages participation by using a variety of teaching approaches with opportunities to develop critical thinking and relationship skills. In addition, assemblies, themed days, visits and visitors are

used to support the teaching and are not used in place of it. We work in partnership with parents informing them about what their children are learning and when required, providing guidance towards resources that can be used at home online.

### **PSHE / RSE Impact:**

The pupils' attitude, behaviour and demeanour around school, within lessons, at playtimes' and out in the community demonstrates the respect, tolerance and high aspirations that our pupils have of themselves and each other. Pupils leave us ready for their next step into Secondary school and are armed with skills, knowledge and understanding that they can take forward into adulthood. Our pupils leave us prepared for life in an ever-changing modern Britain. They have the tools they need to succeed, keep themselves safe and thrive. We measure impact by the triangulation of lesson observations, work scrutiny and pupil voice, as well as this we carry our yearly subject leader/ teaching staff discussions - where areas for development are discussed, and for which targets for the year are collaboratively developed. Impact is also recorded every two years with completion of the *Growing up in North Yorkshire Survey*. The outcome of this all goes together to form the coming years action plans, lesson plans and evaluation of impact had.