



St Elphege's Catholic Schools

Mollison Drive, Wallington, SM6 9HY | Tel: 020 8669 6306 | www.stelphesrcschools.org.uk

Executive Head Teacher: Mr M Jones

Head Teacher: Mr L Hawkes

Deputy Head Teachers: Mrs R Duffy & Mrs N Hawkes

Good Hand Hygiene

Dear Parents and Carers,

As we enter a season where respiratory and stomach illnesses can be more common, we want to remind everyone about the importance of good hand-hygiene to help keep our school community healthy. Effective handwashing is one of the most effective ways to prevent the spread of infections.

Please follow these guidelines:

- **Wash hands properly:** Ensure children wash their hands thoroughly with warm water and liquid soap at these key times:
 - After using the toilet
 - Before eating or preparing food
 - After playtime
 - After sneezing, coughing, or blowing their nose

More information is available on the [NHS website](#).

- **Use the right supplies:** Schools provide liquid soap for handwashing. Please ensure your child uses these facilities. Drying hands is an essential part of the process.
- **When to stay home:** To help prevent spreading germs, please do not send your child to school if they are experiencing vomiting or diarrhoea. They should stay home until 48 hours after their **last episode** of illness.
- **When in doubt:** If you have any questions about whether your child is well enough to attend school, please consult your doctor or the school nurse.

By working together, we can create a safer and healthier environment for all students and staff.

Thank you for your cooperation.

Mr Hawkes
Headteacher