



Sutton Neurodevelopmental Needs One Stop Shop

Support and advice for families with neurodevelopmental (ND) related needs like social skills, concentration levels or coping with change.

A new drop-in service for Sutton families of children and young people aged between 5-18, with challenges which may be related to a neurodevelopmental presentation (Autism or ADHD). This could include emotional difficulties, behavioural challenges, problems with sleep, friendship issues, sensory difficulties, attention and concentration difficulties, and hyperactivity and impulsivity. Our health and care professionals can provide information, advice and signposting, and help you access services.

- Drop-in service - no need to book
- Supportive and friendly environment.
- Attend as a family, on your own or with other people who care for the young person (young people must be accompanied)
- All families from Sutton are welcome, whether or not you are on a waiting list
- No diagnosis needed
- Attending will not change your position on any waiting list

The Sutton ND Needs One Stop Shop will be held at:

Sutton Carers Centre
Sutton Gate, 1st floor
1 Carshalton Road
Sutton, SM1 4LE

Opening hours:

- 12 January 2026, 13:00-16:00
- 26 January 2026, 13:00-16:00
- 09 February 2026, 13:00-16:00
- 23 February 2026, 13:00-16:00
- 09 March 2026, 13:00-16:00
- 23 March 2026, 13:00-16:00



For more information contact
needsbasedneuro@swlstg.nhs.uk