



The London borough of Sutton's Parenting service are pleased to announce that

Adapt to Learn are coming to The Phoenix Centre at Wallington to facilitate a session for parents/carers on the subject of Pathological Demand Avoidance (PDA)



Venue: The Phoenix Centre, Mollison Drive, Wallington, SM6 9NZ

Date: Wednesday the 8th of October 2025.

Time: 12.30 till 2.30 pm.

To register your interest and to secure you place please Contact Clare Kennedy on the Detail's below!

Telephone number: 07873 702 777

Email address: parenting@sutton.gov.uk

Have you ever thought?

'Why do some children
become overwhelmed with
anxiety and present as
demand avoidant when
everyday demands are
made of them?'

Session aim:

This two hour workshop
will explore the
characteristics of PDA, how
it links with Autism and
offer practical strategies to
help.