



The Federation of St Elphege's Catholic Schools

Mollison Drive, Wallington, SM6 9HY | Tel: 020 8669 6306 | www.stelphesrcschools.org.uk

Executive Head Teacher: Mr Martin Jones

Head Teacher: Mr Laurence Hawkes

Deputy Head Teachers: Mrs R Duffy & Mrs N Hawkes

Monday, 16 September 2024

Dear Parents and Caregivers,

Good afternoon! As we begin the new academic year, we're excited to announce that the Sutton Education Wellbeing Service offers free EWS lunchtime and evening webinars for parents and caregivers. These sessions are designed to support the children's well-being and mental health throughout the academic year. The webinars have positively impacted children's well-being, and last year, we received great feedback from the parents and caregivers who attended. I've attached all the information leaflets for this autumn term. Our school community is lucky to have access to this support, as not every school in Sutton does. So, we'd like to ask you to scan the QR code or follow the link to sign up for any of these free local NHS parent webinars.

Social media/Newsletter advert for Early Years parents:

The SWLSTG Education Wellbeing Service offers lunchtime and evening parent Webinars across the year to help support your child's well-being and mental health. You can sign up for any of their free webinars by copying this URL: <https://www.eventbrite.com/cc/early-years-parents-nhs-wellbeing-workshops-3573849?utm-campaign=social&utm-content=creatorshare&utm-medium=discovery&utm-term=odclsxcollection&utm-source=cp&aff=escb>

Their next webinar will be *Goodbyes and Goodnights*, running on the 16th & 18th of September.

Suppose you want 1:1 parent sessions with our friendly in-school NHS Wellbeing Practitioners to help your child with worries or anxieties or support their challenging or tricky behaviour. In that case, please feel free to speak to our Inclusion or Pastoral team staff.

Social media/Newsletter advert for Primary parents:

The SWLSTG Education Wellbeing Service offers lunchtime and evening parent Webinars across the year to help support your child's well-being and mental health. You can sign up for any of their free webinars by copying this URL: <https://www.eventbrite.com/cc/primary-parents-nhs-wellbeing-workshops-682309?utm-campaign=social&utm-content=creatorshare&utm-medium=discovery&utm-term=odclsxcollection&utm-source=cp&aff=escb>

Their following two webinars will be *Through the School Gates—Overcoming Daily Challenges* *Getting into School on September 23rd* and *Parenting a Primary-Age Child with Autism on September 25th*.

If you are interested in 1:1 parent sessions with our friendly in-school NHS Wellbeing Practitioners to help your child with worries or anxieties or support their challenging or tricky behaviour, In that case, please feel free to speak to our Inclusion or Pastoral team staff.

Thank you for all your support and participation.

With Warm Regards

Selestin Michael

Pastoral Team