

**The London Borough of Sutton's Parenting Service are
pleased to announce that the**

**Adapt to Learn 'Small change Big Difference' -
Parenting support programme is coming to your child's
school soon!**

**The Small Change Big
Difference Programme
is a 4 week parenting
Support programme.**

This course helps parents to
build on their existing knowledge
of Autism, to learn positive
parenting skills and strategies to
help manage challenging
behaviours.

It reduces parental isolation and
empowers parents/carers in their
important role of raising children
and young people who they
suspect or may have a diagnosis
of Autism.



Venue: St Elpheges school.

**Dates: Every Monday
starting the 3rd of November
till the 24th November 2025.**

Time 9am till 11am

**To register your interest
and to secure you place
please scan the QR code
below!**



Alternatively please contact Clare
Kennedy on: 07873 702 777
or email:
parenting@sutton.gov.uk



If you have any questions or
queries please speak to
Mrs Michael at the School.