

Education Wellbeing Service Workshop/ Coffee Morning

NHS
South West London and
St George's Mental Health
NHS Trust



SUPPORTING YOUR CHILD TO BUILD RESILIENCE!

Education
Wellbeing
Service

All children have much to navigate in terms of the ups and downs of life.

This workshop for parents/carers of children in St Elphege's Primary school will share some ideas, tools and resources for supporting resilience throughout the childhood years.

DATE / TIME

Friday 11th July

9-10.30am (after drop off)

Please register your place by
contacting the school office on 020
8669 6306.

LOCATION

The workshop will be
held at St Elphege's
teaching school. (near
reception).

