

Week 1

Monday

Tuesday

Wednesday

Thursday

Friday

## Option 1

Build your own pizza with a choice of toppings, peppers, mushrooms, ham, and pepperoni

Penne Pasta with peppers & sweetcorn

Roast Chicken with Gravy

Beef Burger in a bun

Oven Baked Catch of the day

## Option 2

Quorn Sausage, Mashed Potato & Peas

Spiced Bean wrap

Cheese Whirl

Veggie Patti

Lentil Curry with rice

## Option 3

Jacket Potato with Tuna Crunch, St Francis salad & homemade coleslaw

Egg mayo finger roll, tortilla chips, corn on the cob

Salmon and Cucumber roll served with tortilla chips with mini corn on the cob and

Jacket potato with cheese or beans with St Francis salad

Sweet Chili Chicken Wrap, served with tortilla chips with mini corn on the cob and homemade

## Sides

Salad selection and Breadbasket  
Half Baked Potato  
Carrot and Cucumber Sicks

Salad selection and Breadbasket  
St Francis salad, new potatoes

Salad selection and Breadbasket  
Mashed Potatoes, Carrots, Broccoli

Salad selection and Breadbasket  
Baked Beans  
Mini Baked Potatoes  
Sweetcorn medley

Salad selection and Breadbasket  
Chunky Chips, Peas, Baked Beans

## Desserts

Assorted Yoghurts  
Whole and Fresh Cut Fruit  
Home Bake of the Day  
Cheese and Biscuits

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Week 2

Monday

Tuesday

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Thursday

Friday

### Option 1

Beef Bolognaise with  
crusty bread

Chicken Sausages

BBQ Chicken fillet

Homemade Meat  
and Potato pie

Oven Baked Fish  
with lemon and  
tartare sauce

### Option 2

Quorn Bolognaise  
with crusty bread

Quorn Sausages  
with tomato and herb  
sauce

Loaded Nachos with  
Quorn Chili

Vegan Sausage Roll

Tomato and Basil  
pasta bake

### Option 3

Ham and Tomato  
barmcake with St  
Francis salad and  
homemade coleslaw

Jacket potato with  
cheese or beans  
with St Francis salad

Cheese and Ham  
panini with  
homemade coleslaw

BBQ Veggie  
Meatball sub

Tuna Mayo sub roll  
with tortilla chips and  
mini corn on the cob

### Sides

Salad selection and  
Breadbasket  
Broccoli

Salad selection and  
Breadbasket  
Mashed potatoes,  
peas, and baked  
beans

Salad selection and  
Breadbasket  
Vegetable or plain  
rice, new potatoes  
Green beans

Salad selection and  
Breadbasket  
Parsley potatoes  
Carrots, beetroot,  
and aravv

Salad selection and  
Breadbasket  
Oven Baked potato  
wedges, peas, and  
sweetcorn

### Desserts

Assorted Yoghurts  
Whole and Fresh Cut  
Fruit  
Home Bake of the Day  
Cheese and Biscuits

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Fruit  
Home Bake of the Day  
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Fruit  
Home Bake of the Day  
Cheese and Biscuits

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Whole and Fresh Cut  
Fruit  
Home Bake of the Day  
Cheese and Biscuits

Assorted Yoghurts  
Whole and Fresh Cut  
Fruit  
Home Bake of the Day  
Cheese and Biscuits

Week 3

Monday

Tuesday

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Friday

### Option 1

Pepperoni Pizza

Mexican beef chili

Tuna Pasta Bake  
with crusty bread

Lamb Curry

Posh Fish Finger  
Butty

### Option 2

Margherita Pizza

Homemade Cheese  
Flan

Falafel, Spinach and  
Salsa wrap

Sweet potato,  
chickpea, and  
spinach curry

Baked  
Mac n Cheese with  
crusty bread

### Option 3

Tuna Crunch  
Baguette with tortilla  
chips and fruity  
coleslaw

Jacket potato with  
cheese or beans  
with St Francis salad

Sweet Chili Chicken  
Wrap, homemade  
potato salad

Salmon and  
Cucumber roll  
served with tortilla  
chips with mini corn  
on the cob and  
homemade coleslaw

Egg Mayo sub roll  
with tortilla chips and  
cheesy coleslaw

### Sides

Salad selection and  
Breadbasket  
Half baked potatoes  
with Cajun  
seasoning, peas,  
and carrots

Salad selection and  
Breadbasket  
Rice, Springy mash,  
baked beans,  
cauliflower, and  
broccoli

Salad selection and  
Breadbasket  
Savory rice, chunky  
carrots

Salad selection and  
Breadbasket  
Rice, minted green  
salad, sweetcorn

Salad selection and  
Breadbasket  
Chips, peas

### Desserts

Assorted Yoghurts  
Whole and Fresh Cut  
Fruit  
Home Bake of the Day  
Cheese and Biscuits

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Whole and Fresh Cut  
Fruit  
Home Bake of the Day  
Cheese and Biscuits

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Whole and Fresh Cut  
Fruit  
Home Bake of the Day  
Cheese and Biscuits

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Whole and Fresh Cut  
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