

WINTER/SPRING MENU 2018/19



	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	<p>Homemade Margherita Pizza Spanish Omelette</p> <p>Pasta & Sauce Baked Jacket Wedges Mini Corn on the Cob Biscuit Selection</p>	<p>Homemade Curry Quorn Fajita</p> <p>Jacket Potato Selection Vegetable Rice Beetroot & Red Cabbage</p> <p>Jelly & Fruit</p>	<p>Spaghetti Bolognaise Vegetarian Sausage Roll</p> <p>Hot Sandwich Special Sandwich Selection Garlic Bread Carrots Oat Crunchie with Fruit Slices</p>	<p>Roast Dinner with all the Trimmings Macaroni Cheese Bake</p> <p>Selection of Sandwiches Roast & Mashed Potatoes Cabbage Peach Melba</p>	<p>Salmon & Sweet Potato Fishcakes Quorn Biryani</p> <p>Pasta & Sauce Chips Garden Peas Fruit Sponge & Custard</p>
Week 2	<p>Cheese & Onion Pie Quorn Sausage & Gravy</p> <p>Pasta & Sauce Baked Jacket Wedges Carrots</p> <p>Mango Frozen Yoghurt & Fruit</p>	<p>Baked Sausages, Yorkshire Pudding & Gravy Quorn Curry</p> <p>Jacket Potato Selection Mashed Potatoes Rice Carrot & Swede Cholate & Pear Sponge with Custard</p>	<p>Sweet Chili Chicken Omelette</p> <p>Hot Sandwiches Special Sunshine Vegetable Rice Baked Jacket Wedges Mixed Vegetables</p> <p>Jelly & Fruit</p>	<p>Homemade Lamb Curry Veggie Chilli Con Carne</p> <p>Sandwich Selection Brown Rice Sliced Malted Bloomer</p> <p>Fruit & Ice Cream</p>	<p>Fish Fingers Vegetable Pasta Bake</p> <p>Jacket Potato Selection Chipped Potatoes Garden Peas</p> <p>Shortbread Bite & Fruit</p>
Week 3	<p>Homemade Pizza Slice Quorn Bites</p> <p>Jacket Potato Selection Diced Potatoes Mixed Vegetables</p> <p>Fruit & Ice Cream</p>	<p>Homemade Chicken Curry Cheese & Bean Enchilada</p> <p>Sandwich Selection Sunshine Vegetable Rice Mini Corn on the Cob</p> <p>Shortbread Bites</p>	<p>Roast Dinner with all the Trimmings Hot Filled Tortilla Boat</p> <p>Pasta & Sauce Roast & Mashed Potatoes Cabbage & Carrots</p> <p>Apple Cake with Custard</p>	<p>Chilli Con Carne Cheese Flan</p> <p>Hot sandwich Special Garlic Flavour Bread Baked Jacket Wedges Sweetcorn Fruit Salad with Blueberry Frozen Yoghurt</p>	<p>Tempura Fish Fillet Veggie Chilli Con Carne</p> <p>Pasta & Sauce Mashed Potatoes Mushy Peas</p> <p>Homemade Muffin</p>

The Fresh Fayre Gang - making your school dinners taste great!

St Francis RC Primary