## CASHER

The Child & Adolescent Support & Help Enhanced Response Team

URGENT MENTAL
HEALTH
ASSESSMENTS AT
A&E

## CASHER WEEKEND CLINIC

At Blackpool hospital every Saturday & Sunday

Please make appointment using tel. number below 07810 696565

### **CASHER RAIS Team**

Available to support young people at home, with clinics at the hospital and on zoom

# CASHER WEEKEND CLINIC

### Suitable for:

Children and young people aged 18 and under who present with:

Anxiety/Depression

Feeling worried or upset

Low self-esteem / Low confidence

Need Advice / Someone to talk to?

#### **PLEASE NOTE**

Not for young people who have immediately harmed themselves in any way eg: overdosed / self harmed / suicidal plans or intent (These young people must attend A&E or ring CASHER team on number below)

CASHER OUT-REACH SESSIONS
AVAILABLE IN BLACKPOOL
every Tuesday
Zoom sessions available in
Fleetwood and Lytham St Annes
Every Wednesday

To book a place in one of our clinics, please contact the CASHER Team within their duty hours:

07810 696565 mon-fri 5pm-10pm or sat/sun 10am-8pm. Bank holiday times can vary or please email :

bfwh.casher.team@nhs.net

