



# St. George's School

## A Church of England Academy

'Our vision is to be outstanding through the provision of consistent academic excellence within a caring, Christian community'  
Headteacher: Mr G Warnock

Cherry Tree Road, Marton, Blackpool, FY4 4PH. Tel: 01253 316725

8<sup>th</sup> March 2021

Dear Parents/Carers

I am writing to let you know, I, Angela Preston have been appointed as the school's Senior Mental Health Lead and will provide a counselling service to young people in school. This is a valuable service now available in school. I am a member of the British Association of Counselling and Psychotherapy and I am committed to the highest standards of personal and professional practice and work in line with its ethical framework and ethical guidelines.

Where it is felt there is a need for a young person to access the service, an assessment of need will be completed and a formulated plan of work will be created for the young person. This will vary from short check in sessions, to a full 45 minutes of counselling. Part of the assessment process will mean that on some occasions, I will contact you to collate information to help with the plan of work.

The sessions will give students a space to express themselves through talking and creative work, and to think about any worries they might have, or emotional difficulties they are experiencing.

These sessions will take place during school hours and will be managed to allow as little disruption to learning as possible.

A record of each session will be recorded for your child and counselling notes will be held confidentially and destroyed after six years. This information is held securely and will be stored in your child's initials only in order to protect their identity.

The school will assume that your child has parent/carer's permission to access the service in school. If you would prefer to opt out of this service, please complete the following "Opt out" Google form. <https://forms.gle/BcMW8EcJU9YfUfDF8>

If you would like to find out more, or would prefer your child does not use the counselling service in school, please contact Angela Preston on 01253 316725 x276

Yours faithfully

*A Preston*

Angela Preston  
Senior Mental Health Lead