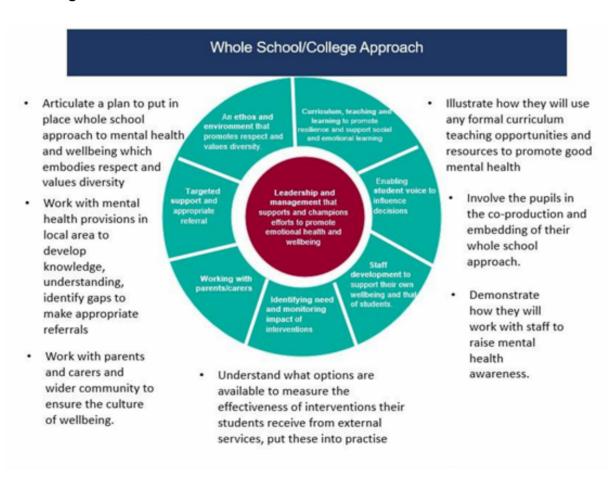
Whole school approach: key principles

 DfE and Public Health England (now the Office for Health Inequalities and Disparities, OHID) have published updated <u>Promoting children and young people's mental health and wellbeing</u> guidance (2008; 2021). This sets out eight principles of a whole school or college approach to promoting mental health and wellbeing, as seen below.



Whole School/College Approach

- Articulate a plan to put in place whole school approach to mental health and wellbeing which embodies respect and values diversity
- Work with mental health provisions in local area to develop knowledge, understanding, identify gaps to make appropriate referrals
- Work with parents and carers and wider community to ensure the culture of wellbeing.

An ethos and environment that promotes respect and values diversity. Curriculum, teaching and learning to promote resilience and support social and emotional learning

Targeted support and appropriate referral

Leadership and management that supports and champions efforts to promote emotional health and wellbeing student voice to influence decisions

Working with parents/carers

Identifying need and monitoring impact of interventions development to support their own wellbeing and that of students.

Staff

 Understand what options are available to measure the effectiveness of interventions their students receive from external services, put these into practise

- Illustrate how they will use any formal curriculum teaching opportunities and resources to promote good mental health
 - Involve the pupils in the co-production and embedding of their whole school approach.
 - Demonstrate how they will work with staff to raise mental health awareness.