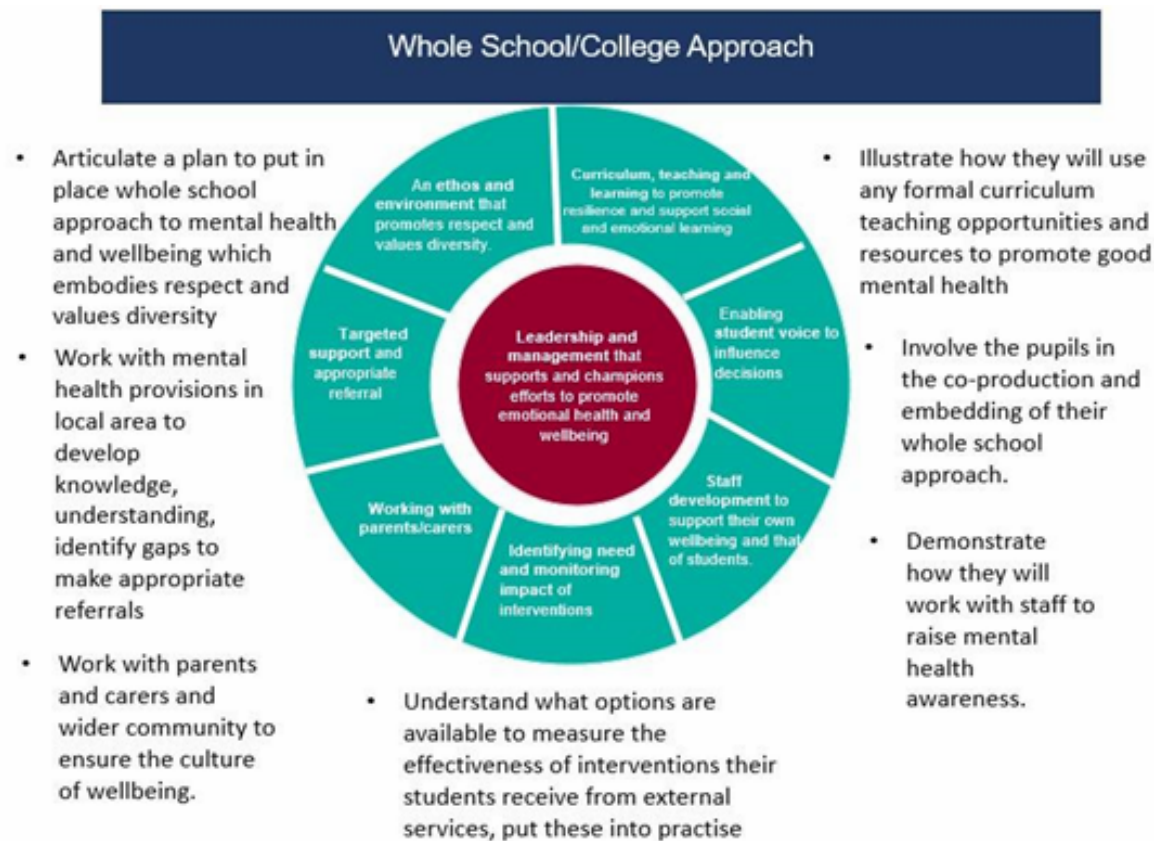


Whole school approach: key principles

- DfE and Public Health England (now the Office for Health Inequalities and Disparities, OHID) have published updated [Promoting children and young people's mental health and wellbeing](#) guidance (2008; 2021). This sets out eight principles of a whole school or college approach to promoting mental health and wellbeing, as seen below.



Whole School/College Approach

- Articulate a plan to put in place whole school approach to mental health and wellbeing which embodies respect and values diversity
- Work with mental health provisions in local area to develop knowledge, understanding, identify gaps to make appropriate referrals
- Work with parents and carers and wider community to ensure the culture of wellbeing.



- Illustrate how they will use any formal curriculum teaching opportunities and resources to promote good mental health
- Involve the pupils in the co-production and embedding of their whole school approach.
- Demonstrate how they will work with staff to raise mental health awareness.
- Understand what options are available to measure the effectiveness of interventions their students receive from external services, put these into practise