

# Spirituality Days



**Year 11:** Monday  
**Year 10:** Tuesday  
**Year 9:** Wednesday  
**Year 8:** Thursday  
**Year 7:** Friday

## SPIRITUALITY

“Spiritual development is the development of the non-material element of a human being which animates and sustains us and, depending on our point of view, either ends or continues in some form when we die. It is about the development of a sense of identity, self-worth, personal insight, meaning and purpose. It is about the development of a pupil’s ‘spirit’. Some people may call it the development of a pupil’s ‘soul’; others as the development of ‘personality’ or ‘character’.”

- **Spirituality enables us to become aware of God, one another, the world around us and ourselves.**
- **Spirituality is the nurturing of the inner life of the soul of a child, enabling and embracing their questions, doubts and wonder of existence.**
- **Spirituality is a way of living in a relationship with God.**

## WHAT ARE SPIRITUALITY DAYS?

Spirituality Days are days when deliberate connections are made between academic subject areas and the Christian faith, with the intention of **opening up new areas for student enquiry**. Spirituality Days follow the normal timetable for the day, beginning with worship and time for reflection.

Spirituality Day lessons can be stand alone and should always **enable pupils to question, test, analyse and reflect on their lives**. Lessons should be creative and maintain respect, while opening up to pupils a view of **awe** and **wonder** about their lives and their place in the universe. They should include reference to scripture and chosen quotes and finish with a short prayer linked to the session.

## FOCUS: THEMES & VALUES

**Year 7:** Our vision: ***‘Be devoted to one another in love. Honour one another above yourselves’*** Romans 12:10 – How can this be embodied by the newest members of our School community?

**Year 8:** Our values of ***Community and Kindness***. How can these values enable members of our School community to flourish and encourage aspiration?

**Year 9:** Our values of ***Dignity and Hope***. How can these values enable members of our School community to flourish and encourage aspiration?

**Year 10:** Our values of ***Wisdom and Humility***. How can these values enable members of our School community to flourish and encourage aspiration?

**Year 11:** How have our **6 values** prepared members of our School community to flourish in the outside world and instilled a drive of aspiration?