

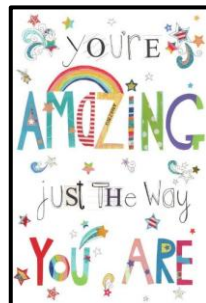


St Gregory's Catholic Academy Curriculum Newsletter Year 1

Spring Term 2026

Religious Education

In RE this term, we will be learning about Special People, where we will talk about the people who are important to us, such as our families and people in our Church community, and how they show love and care. We will then learn about Meals, finding out that the Mass is a special celebration and remembering the special meal that Jesus shared with his friends. Finally, we will learn about Change, where we will discover what Lent is and how Christians use this time to make good choices and prepare for Easter.



RSE

In RSE, we will explore Created to Love Others, learning how we show love and care in our families and friendships. We will also learn simple ways to build healthy relationships and keep ourselves safe in our everyday lives and online.



Phonics

This term in Phonics, we will continue practising our sounds so children can confidently blend to read and segment to spell. This is key preparation for the Year 1 Phonics Screening Check in the summer. Regular practise at home will help build confidence and strengthen reading skills.



English

In English this term, we will be learning to write sentences and simple stories, making sure we remember to use capital letters and full stops. We will explore how prefixes and suffixes can change words and practise using the word 'and' to join ideas in our writing. Our writing will be inspired by the stories The Lion Inside and Beegu, helping us to develop our imagination and confidence as writers. Supporting your child with letter formation practise at home will help them to feel more confident with their writing in school.



The Arts

In Music this term, we will use Kapow Music to support our learning as we recognise and keep a steady rhythm, learning how to hold and play rhythms together using a range of instruments. In Art, we will be creating paper sculptures, exploring shape and texture. In Design and Technology, we will be learning about healthy eating by making our own smoothies, before designing and making a chair for Baby Bear, thinking carefully about materials and structure.



Maths

In Maths this term, we will continue to build our understanding of place value, with a focus on addition and subtraction within 20 and 50. Children will also explore length, height, mass and volume, using practical activities to compare and measure. Supporting your child at home by helping them to form numbers correctly and practise their number bonds to 10 will really help to strengthen their confidence and progress in school.



Geography/ History

This term, we will continue our Geography topic Where I Live, learning about our town and locating our home and school on a map. Children will explore human features such as houses, shops and parks, create simple maps, and compare where we live in Europe with Brazil in South America, where Blu from Rio lives. In History, children will learn about George Stephenson and the Railways, discovering who he was, why he was important, and how life was different in the past. They will explore his railway inventions, compare trains from the past with those of today, and learn how his ideas changed railways locally and nationally.



Science

In Science this term, we will be learning about everyday materials. We will explore different materials, describe how they feel and look, and find out why some materials are better suited for certain objects than others. Later in the term, we will learn about forces and magnets, discovering how things move, push and pull, and how magnets attract or repel objects through fun, hands-on investigations.



PE

This term we will be developing our skills in gymnastics and dance before moving on to developing our ball skills with our feet. Our PE sessions will take place on a **Tuesday** so please ensure your child's PE kit is in school on that day.



Computing

In Computing, we will continue to develop our typing skills and build on our learning by creating digital paintings on the iPad. We will practise using drawing tools, choosing colours and brush sizes, and using simple actions such as undo, save, and clear to improve our work.