

#### Wellbeing Newsletter

#### **Monday Motivators**

Issue 8 November 23rd, 2020

St. Gregory's Monday Motivators Am Nursery: Anastazja Pm Nursery: Alfie **Reception:** Caitlin Y1: Lucy Y2: Violet Y3: Imogen Y4: Indie Y5: Noah S. Y6: Angelica

https://www.net-aware.org.uk/news/cyberbullying-tips/

This week, we have been exploring bullying for "anti-bullying week". Bullying can have a negative effect on mental health and wellbeing. We encourage children to speak up in order to address any concerns about bullying. A new type of bullying is cyber bullying. You can find out how to help your child above:

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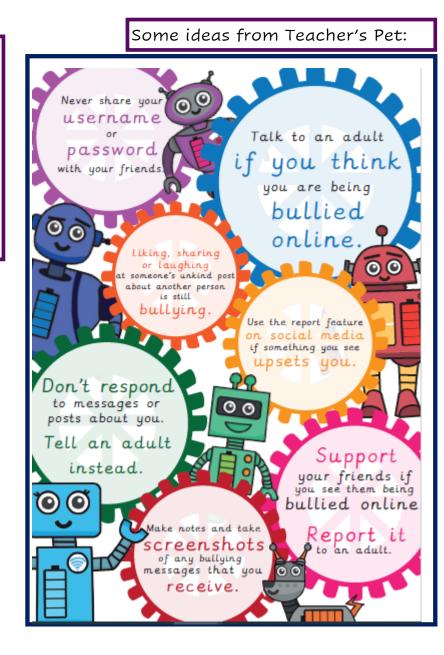
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What is
cyberbullying?
Supporting your
child with a
negative
experience
online

O, NSPCC









Anastazja

in recognition of

being a motivational member of Nursery

Signature: Mrs. Prescott

Date: November 23rd, 2020

\*



This certificate is awarded to:

Alfie

in recognition of

being a motivational member of Nursery

Signature: Mrs. Prescott

Date: November 23rd, 2020

\*



Caitlin

in recognition of

being a motivational member of Reception

Signature: Mrs. Ashley and Mrs. Rooney



This certificate is awarded to:

Lucy

in recognition of

being a motivational member of Year 1

Signature: Miss Quyoom



Violet

in recognition of

being a motivational member of Year 2

Signature: Miss Cole



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Imogen

in recognition of

being a motivational member of Year 3

Signature: Mrs. Tyson



This certificate is awarded to:

#### Indie

in recognition of

being a motivational member of Year 4

Signature: Mrs. Brookbanks



Noah S.

in recognition of

being a motivational member of Year 5

Signature: Miss Craft



This certificate is awarded to:

Angelica

in recognition of

being a motivational member of Year 6

Signature: Mrs. Wilson/Miss Ellis