Ante-Natal Nurturing

An 9 week Parenting Programme to help raise parent's confidence and increase knowledge around the care of their new child.



Billingham Family Hub		
Wednesday 15 January 1-3pm		
Wednesday 18 March 1-3pm		
Wednesday 20 May 1-3pm		

Stockton Family Hub
Monday 2 March 5.30-7.30pm
Tuesday 10 March 9.30-11.30am
Tuesday 12 May 9.30-11.30am

Thornaby Family Hub
Friday 10 January 1-3pm
Friday 13 March 1-3pm
Friday 29 May 1-3pm

Redhill Family Hub	
Monday 6 January 9.30-11.30am	
Monday 9 March 9.30-11.30am	
Monday 18 May 9.30-11.30am	

For referrals, professionals must complete an Involvement Form and send it to **parenting@stockton.gov.uk**. If you are a family and would like to attend, please contact your local family hub on the number below, or find them on Facebook.

Redhill: 01642 528914 - Stockton: 01642 528848 - Billingham: 01642 528912 - Thornaby: 01642 528947

