

Ante Natal Nurturing

Schedule for January - April 2022



**Welcome to the World
(Ante Natal Nurturing Programme)**

Part of our 'Powerful Parents' offer, this antenatal programme helps to prepare you for your new baby and compliments your midwifery parentcraft sessions. Attend from 24 weeks of pregnancy with a partner or friend.

Daytime and evening sessions available and run in each of our family hubs. For more information or book a place, contact your local family hub

Thornaby – 01642 528947
Stockton – 01642 527780
Redhill – 01642 528914
Billingham – 01642 527235




<u>Billingham Family Hub</u>	<u>Redhill Family Hub</u>	<u>Stockton Family Hub</u>	<u>Thornaby Family Hub</u>
Wednesday 19th January 9.30-11.30am	Monday 17th January 9.30-11.30am	Tuesday 11th January 9.30-11.30am	Tuesday 11th January 9.30-11.30am
Wednesday 23rd February 9.30-11.30am	Monday 21st February 9.30-11.30am	Tuesday 15th February 9.30-11.30am	Tuesday 15th February 9.30-11.30am
Wednesday 30th March 9.30-11.30am	Monday 28th March 9.30-11.30	Tuesday 22nd March 9.30-11.30am	Tuesday 22nd March 9.30-11.30am

We also run a 4-week Parentcraft session in partnership with the midwifery team. These run at Thornaby Family Hub starting on the first Tuesday of every month 5.30-7.30pm and at Billingham Family Hub starting on the first Thursday of every month, again, 5.30-7.30pm

This programme covers the content of the 'Welcome to the World' antenatal nurturing programme with the added benefit of information about labour and delivery from the midwifery team. Refer in via Thornaby or Billingham Family Hub

For referrals, professionals to complete an Involvement Form/SW request form and send it to parenting@stockton.gov.uk For parent self-referral they should contact their local Family Hub