

## Giant Portions



**Need:** Menu/portions, measurements, dice labelled x3, x4, x5

- Children choose an item from the list (menu/portions or measurements) which is related to the size for a child.
- The child rolls the dice to work out what the menu/portion size or measurement would be for a giant that ... times larger. This figure is determined by the roll of the dice.

Children's Healthy Snack Menu	Giant's Healthy Snack Menu
6 Carrot sticks	
8 Pieces of dried apricot	
5 Cucumber sticks	
7 Pepper strips	
9 Slices of apple	
11 Banana slices	
4 Cherry tomatoes	
12 Grapes	

