

Family Nurturing

Schedule for January - April 2022

Family Nurturing

A 10 week course that's full of hints and tips to help families have less stress, worries and better communication. The course helps you deal with the challenges in a positive way leading to a calmer and happier life.

To book a place or discuss further, contact your local Family Hub:
Thornaby – 01642 528947
Stockton – 01642 527780
Redhill – 01642 528914
Billingham – 01642 527235



<u>Billingham Family Hub</u>
Tuesday 11th January 9.30-11.30am
Wednesday 12th January 1-3pm
Wednesday 12th January 5.30-7.30pm
Tuesday 29th March 9.30-11.30am
Wednesday 30th March 1-3pm
Wednesday 30th March 5.30-7.30pm

<u>Redhill Family Hub</u>
Wednesday 19th January 5.30-7.30pm
Thursday 20th January 9.30-11.30am
Wednesday 6th April 1-3pm
Thursday 7th April 5.30-7.30pm

<u>Stockton Family Hub</u>
Monday 10th January 5.30-7.30pm
Thursday 13th January 9.30-11.30am
Monday 4th April 5.30-7.30pm
Thursday 7th April 9.30-11.30am

<u>Thornaby Family Hub</u>
Tuesday 11th January 9.30-11.30am
Thursday 13th January 5.30-7.30pm
Tuesday 29th March 9.30-11.30am
Thursday 31st March 5.30-7.30pm

For referrals, professionals to complete an Involvement Form/SW request form and send it to parenting@stockton.gov.uk For parent self-referral they should contact their local Family Hub