



'We pray together at home.'

The Fourth Sunday Lent

Year B

Sunday 21st March

'THOUGH WE ARE MANY, WE ARE ONE BODY IN CHRIST.'
1 CORINTHIANS 12:12

During this time when we may be unable to join together with our parish communities to celebrate the Eucharist, we offer you this resource as a way of engaging with the readings and prayers of the Mass. The readings are taken from the Lectionary for children.

These resources can be used whilst participating digitally in the many private Masses that priests in our diocese are offering online.

We hope you find this resource useful.

Mr Gardner

Head of Catholic Life

Bishop Hogarth Catholic Education Trust

Click here to find the full list of all online streamed Masses available throughout the Diocese of Hexham and Newcastle.

<http://www.rcdhn.org.uk/health/coronavirus.php#area3>



An Act of Spiritual Communion- The Fourth Sunday in Lent - Year B

Creating a place of prayer in the home.

Light a candle and gather together with your family. You might place a Crucifix or a Holy Image next to your candle. If you have a Bible, you may like to open the Bible to the readings that are going to be used during Mass today.

Use the link on the first page of this document to access Livestreamed Masses from around the Diocese.

We Gather together as God's family and ask for His Forgiveness

*We gather together in the name of the Father, and of the Son and of the Holy Spirit
Amen.*

We turn to God asking for His guidance and strength in our lives.

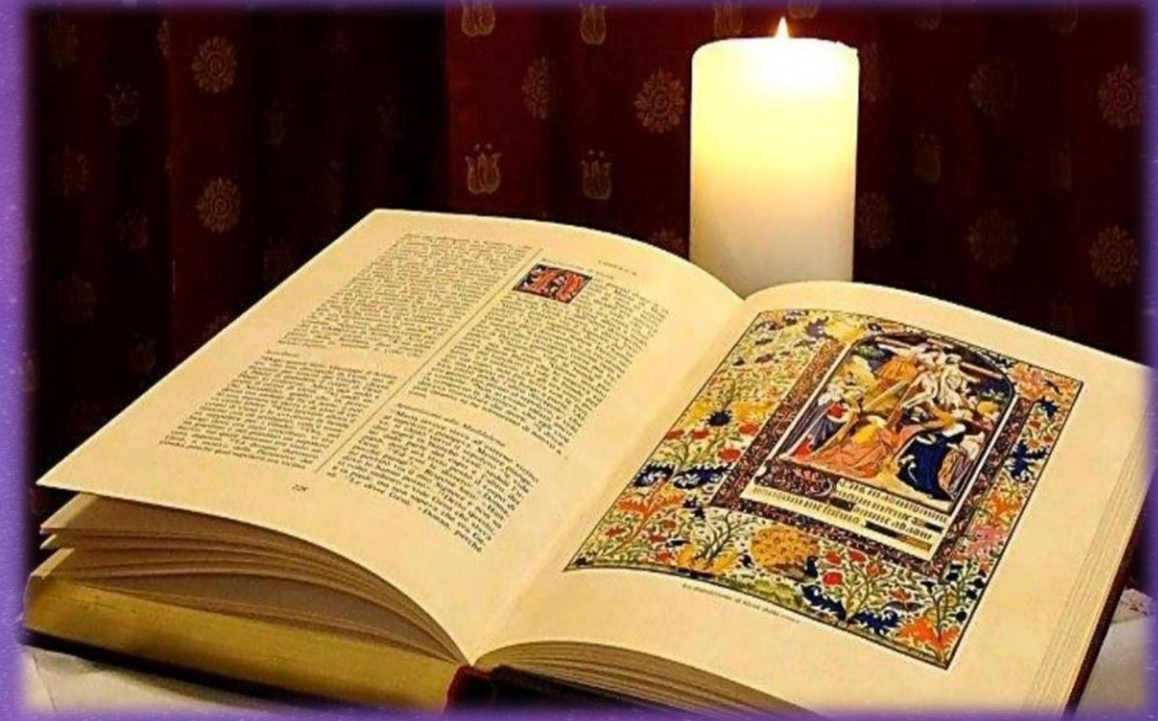
Lord Jesus, You heal the sick- Lord have mercy

Lord Jesus, You forgive sinners- Christ have mercy

Lord Jesus, You give us yourself to feed us and bring us strength- Lord have mercy

May Almighty God have mercy on us, forgive us our sins and bring us to everlasting life.

Amen



We pray together

God of our hearts, each day of this Lenten time, we are trying to grow in love and forgiveness. We believe your Spirit is working within us to help us. Thank you for your love and forgiveness to each of us.

Amen.



THE YEAR OF THE WORD



Bishop
Hogarth

Catholic Education Trust

We Listen to the Word of God:

A reading from the book of the prophet Jeremiah 31:31-34

The Lord says,

"The time is coming when I will make a new agreement with the people of Israel and Judah.

It will be different from the agreement that I made with their ancestors, when I led them out of Egypt.

Although I was their God, they broke their agreement with me."

"This is the agreement that I, the Lord, will make with the people of Israel:

I will write my laws on their hearts and minds.

I will be their God, and they will be my people.

"No longer will they have to teach each other to obey me.

I, the Lord, promise that all of them will obey me, no matter who they are.

I will forgive their sins and forget the evil things they have done.

The Word of the Lord

Thanks be to God

God's New Covenant

Jeremiah 31:31-34



We Listen to the Word of God:

The Responsorial Psalm

Create a clean heart in me, O God.

*You are kind, God!
Please have pity on me.
You are always merciful!
Please wipe away my sins.*

R. Create a clean heart in me, O God.

*Create pure thoughts in me
and make me faithful again.*

R. Create a clean heart in me, O God.

*Make me as happy as you did
when you saved me;
make me want to obey!*

R. Create a clean heart in me, O God..



We Greet the Good News by saying:

R. Glory and praise to you, Lord Jesus Christ.

*If you serve me, follow me, says the Lord;
and where I am, my servant will also be.*

R. Glory and praise to you, Lord Jesus Christ.

† A reading from the holy gospel according to John 12:24-26

Jesus said to his disciples:

"I tell you for certain that a grain of wheat that falls on the ground

will never be more than one grain unless it dies.

But if it dies, it will produce lots of wheat.

"If you love your life, you will lose it.

If you give it up in this world,
you will be given eternal life.

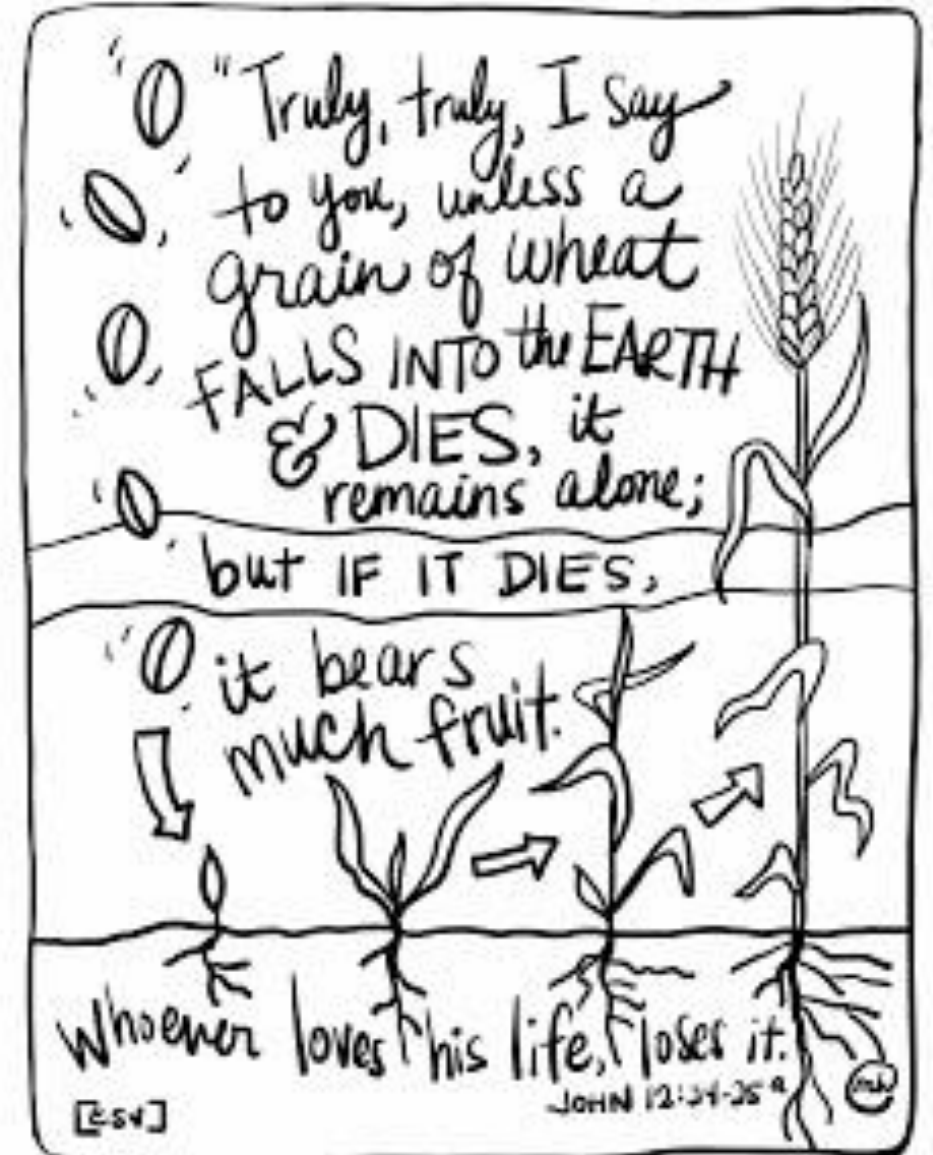
"If you serve me, you must go with me.

My servants will be with me wherever I am.

If you serve me, my Father will honour you."

The Gospel of the Lord

Praise to You, Lord Jesus Christ



An Act of Spiritual Communion- The Fifth Sunday in Lent - Year B

We Respond - taken from www.adorers.org

God's laws only make real sense when we understand them in our HEARTS. LOVE is the LAW God writes on our hearts—just like God wrote on the hearts of the people of the House of Israel. Just like the LAW Jesus came to fulfil. "God so loved the world...."

Jesus came to reveal the love, the heart of God, which is LOVE. When we really know someone, or someone really knows us, we say: "I know you by heart."

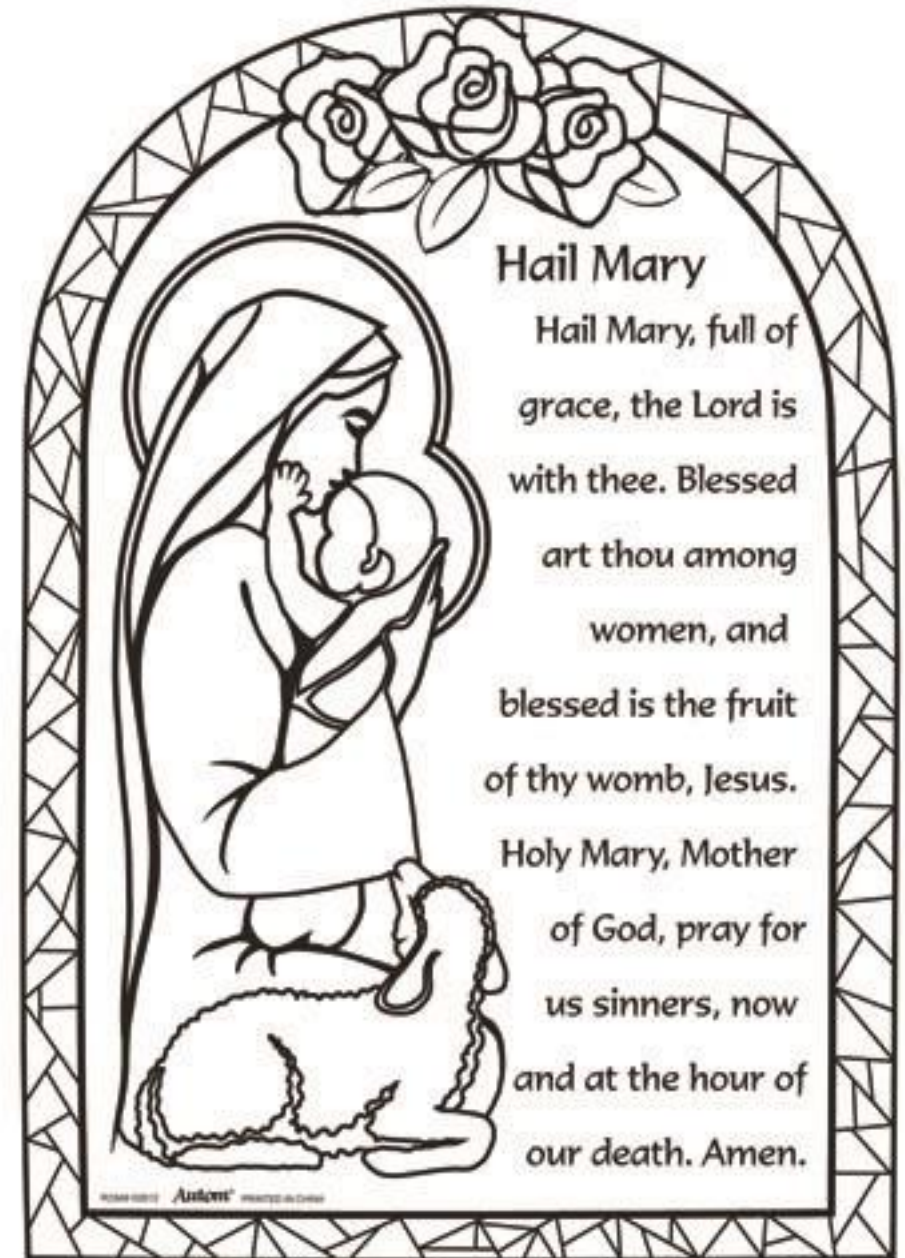
Well, God knows us by heart!! Jesus is the only person that totally, totally, loved God from his heart. That's one reason we, as Catholic Christians, honour the Sacred Heart and the Precious Blood of Jesus.

Blood is the source of life. Blood is what is contained in the heart and gives a person life. Well, the LAW OF LOVE written on our hearts by God, gives us life. Jesus' love, poured out in love for all of Creation, gave us a share in the life of God. In the Gospel by John, today, Jesus tells the disciples, he knows the day, the hour, is coming for him to be lifted up. We know, that means, when Jesus is lifted up on the Cross. From the Cross, Jesus offered his Body and his Blood as a great sign of the love

In his heart! At Mass, when we watch the BREAD/HOST being lifted up, we believe, with all our heart, it is the Body of Jesus. When we watch the WINE/CHALICE being lifted up, we believe, with all our heart, it is the Blood of Jesus. In our hearts, we know God has the power to change ordinary bread and wine into the Body and Blood of Jesus.

We Profess our faith in God together:

I believe in God the Father, I believe in God the Son, I believe in God the Holy Spirit. Our God is three, Our God is One.



We Respond (Bidding Prayers from CAFOD)

You may want to ask the children to offer their own prayers or you can use the suggestions below.

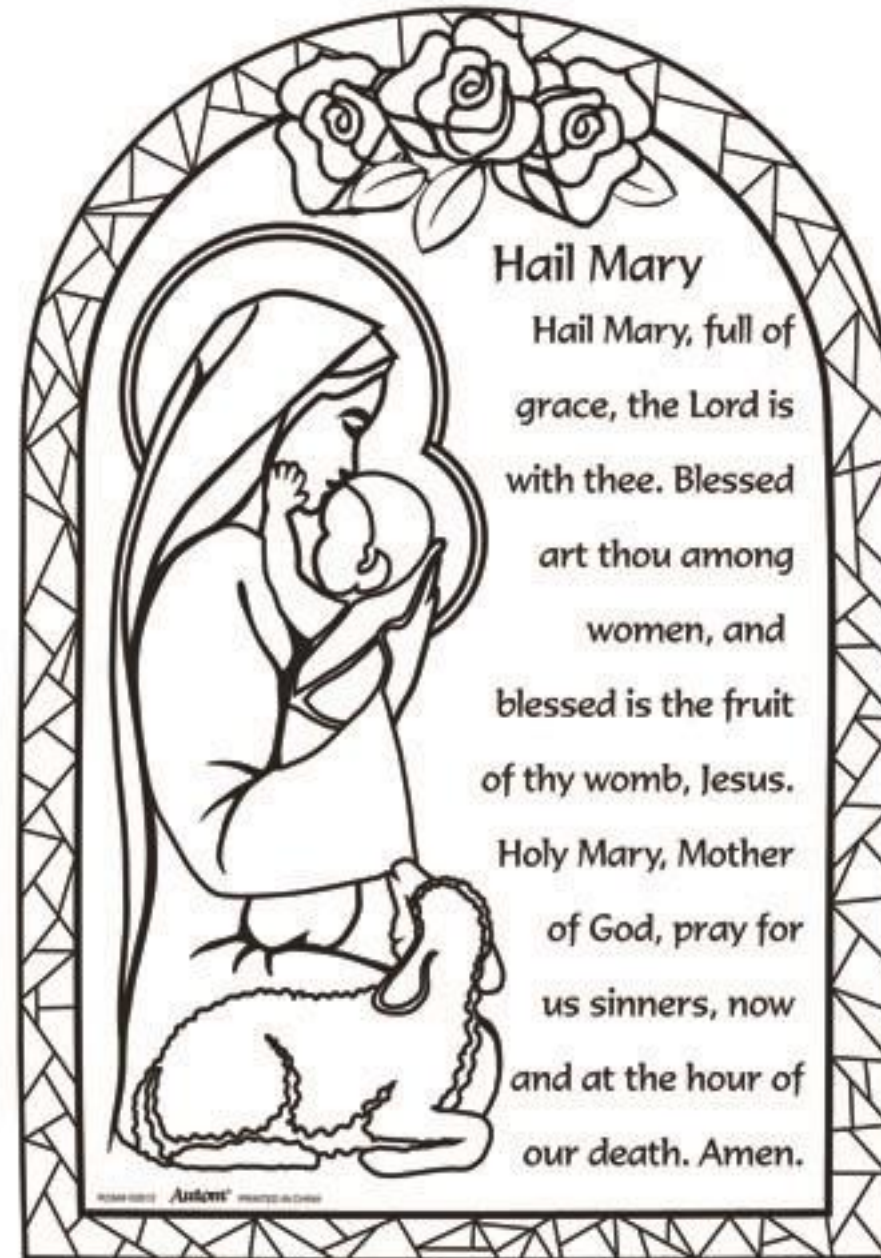
We believe in Jesus the Son of God who died and rose again and so we pray together:

We pray for world leaders: that they may think about how their actions can make a difference to people who most need help in their countries. Lord, in your mercy...

We pray for our parish, family and friends: that we may take steps to change our own lives and the lives of our brothers and sisters around the world. Lord, in your mercy...

We pray for the poorest people in our world: that the seeds they plant may give a rich harvest so that they have enough to eat. Lord, in your mercy...

Closing prayer: Christ Jesus, fill us with your love and mercy and show us how to make a difference to the lives of our brothers and sisters around the world. Amen.



An Act of Spiritual Communion- The Fifth Sunday in Lent - Year B

We Pray the Family Prayer of All Christians
Our Father...

We now make an Act of Spiritual Communion
My Jesus,

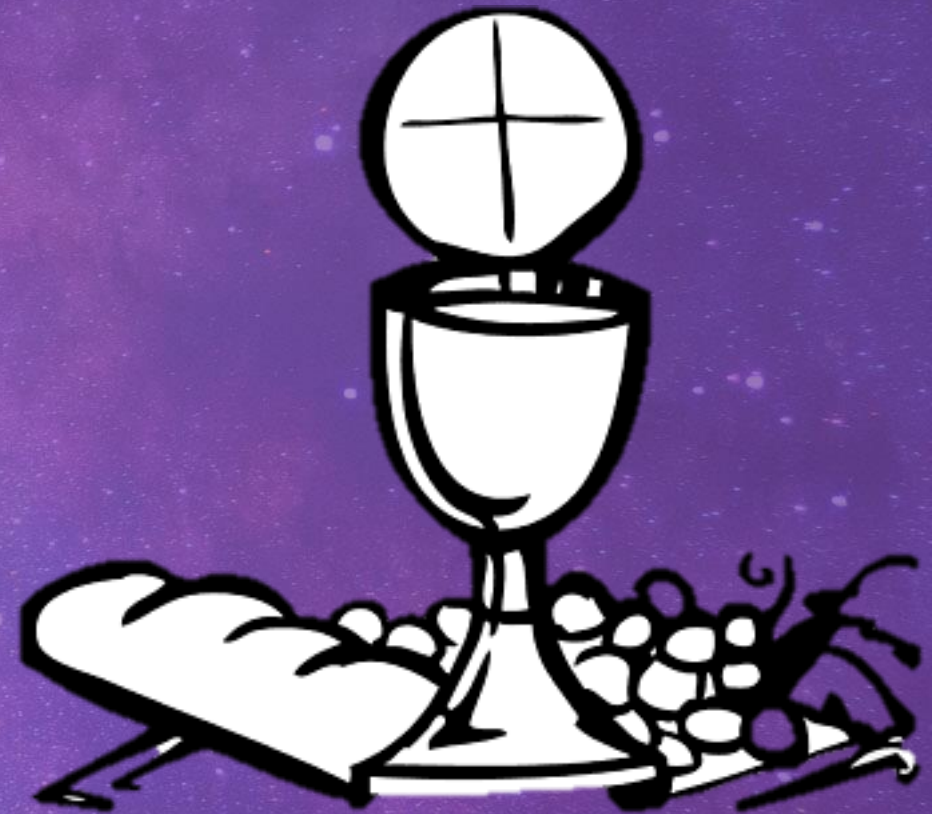
I believe that you are present in the Most Holy Sacrament.

*I love you above all things and I desire to receive you into my soul. Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you.
Amen*

We end our time of prayer

May God Bless us and keep us safe.

*In the name of the Father, and of the Son, and of the Holy Spirit.
Amen*



We can join in the Celebration of Mass online by visiting the following website:

https://www.youtube.com/channel/UC12EvW0Egg-cFTh5i2y_EQw

- St. Mary's RC Cathedral, Newcastle
(Sunday Mass at 11:30am- Daily Mass 12 noon)

Activity Ideas- From CAFOD

Ask the children to colour in the accompanying illustration and on the back to draw anything they have given up this Lent to raise money to help people living in poverty.

Plant seeds with the children for them to look after to watch how they grow.

Do a mime. Get them to curl up tightly into a ball and pretend to be seeds - as you talk about rain and sunshine they start to grow until they are tall trees bearing fruit.

On flower-shaped pieces of card, copy the prayer below, based on the life of Archbishop Oscar Romero. Say it with the children and encourage them to say it together with their family during the next week.

This is what we are about:
We plant seeds that one day will grow.
We water seeds already planted,
knowing that they hold future promise.

Ask the children to tell their family all that they have heard and thought about today. Ask them to count how many things they eat this week that started off as a seed and when doing so to think about the story that they have heard today.

An Act of Spiritual Communion- The Fifth Sunday in Lent - Year B

*Fifth Sunday of Lent
Gospel: John 12:20-33*




Find Lent activities and prayers at cafod.org.uk/families

Speak, Lord

SDC
SUNDAY LITURGY FOR CHILDREN
YEAR B - 5th Sunday of Lent

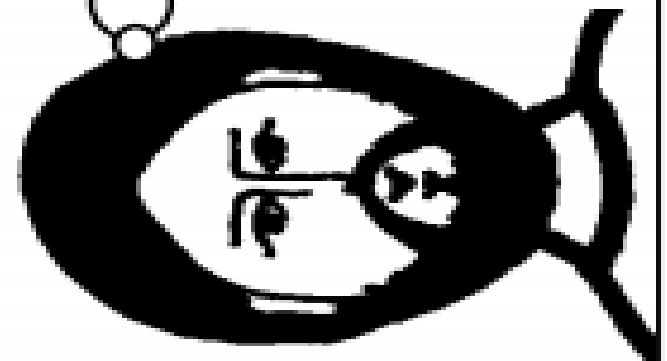
Jeremiah 31:31-34
Psalm 50
Hebrews 5:7-9
John 12:20-30



JESUS KNEW HOW HE WAS GOING TO DIE

He said:

"I will be lifted up!"



What was Jesus thinking of?
In the thought bubble draw a picture of how he was put to death.

TODAY is the FIFTH SUNDAY of LENT

