



'THOUGH WE ARE MANY, WE ARE ONE BODY IN CHRIST.'  
1 CORINTHIANS 12:12

'We pray together at home.'

# The Sixth Sunday in Ordinary Time

## Year B

Sunday 14<sup>th</sup> February 2021



# An Act of Spiritual Communion- The Sixth Sunday in Ordinary Time- Year B

*During this time when we may be unable to join together with our parish communities to celebrate the Eucharist, we offer you this resource as a way of engaging with the readings and prayers of the Mass. The readings are taken from the Lectionary for children.*

*These resources can be used whilst participating digitally in the many private Masses that priests in our diocese are offering online.*

*We hope you find this resource useful.  
Mr Gardner  
Head of Catholic Life  
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*Click here to find the full list of all online streamed Masses available throughout the Diocese of Hexham and Newcastle.*

<http://www.rcdhn.org.uk/health/coronavirus.php#area3>



THE YEAR OF THE WORD



# An Act of Spiritual Communion- The Sixth Sunday in Ordinary Time- Year B

## Creating a place of prayer in the home.

Light a candle and gather together with your family. You might place a Crucifix or a Holy Image next to your candle. If you have a Bible, you may like to open the Bible to the readings that are going to be used during Mass today.

Use the link on the first page of this document to access Livestreamed Masses from around the Diocese.

## We Gather together as God's family and ask for His Forgiveness

*We gather together in the name of the Father, and of the Son and of the Holy Spirit  
Amen.*

We turn to God asking for His guidance and strength in our lives.

*Lord Jesus, You heal the sick- Lord have mercy*

*Lord Jesus, You forgive sinners- Christ have mercy*

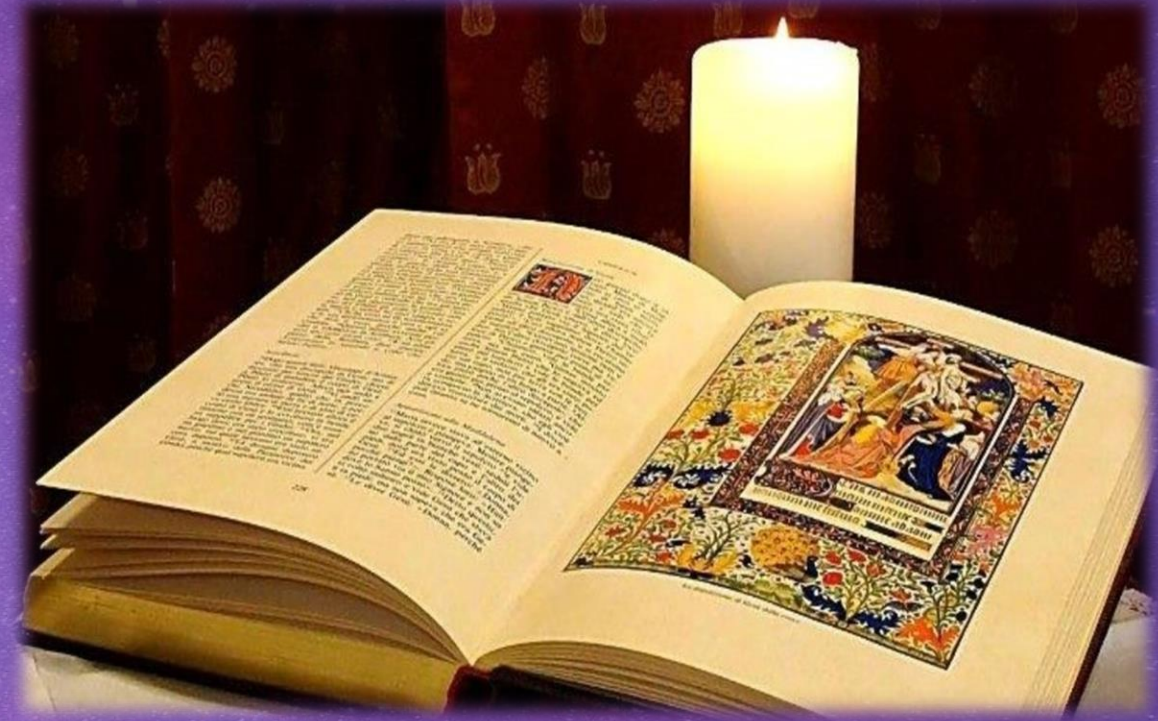
*Lord Jesus, You give us yourself to feed us and bring us strength- Lord have mercy*

*May Almighty God have mercy on us, forgive us our sins and bring us to everlasting life.*

*Amen*

We join with all the angels and saints as we sing:

<https://www.youtube.com/watch?v=sDLY8oOhVil>



## We pray together

*Our friend, Jesus,  
Please help us to remember that we, too,  
can help heal others by our words and  
actions.*

*In your name we pray,  
Amen.*



## We Listen to the Word of God:

A reading from the first letter of Paul to the Corinthians 10:31 -- 11:1

Brothers and sisters:

When you eat or drink or do anything else,  
always do it to honour God.

Don't cause problems for Jews or Greeks  
or anyone else who belongs to God's church.

I always try to please others instead of  
myself,

in the hope that many of them will be saved.

You must follow my example,

as I follow the example of Christ.

The Word of the Lord

**Thanks be to God**



## We Listen to the Word of God:

### The Responsorial Psalm

*R. (7a) I turn to you, Lord, in time of trouble.*

Our God, you bless everyone  
whose sins you forgive and wipe away.

*R. I turn to you, Lord, in time of trouble.*

So I confessed my sins  
and told them all to you.

*R. I turn to you, Lord, in time of trouble.*

And so your good people  
should celebrate and shout.

*R. I turn to you, Lord, in time of trouble.*





# An Act of Spiritual Communion- The Sixth Sunday in Ordinary Time- Year B

**We Greet the Good News by saying:**

*Alleluia, alleluia.*

*A great prophet has appeared among us;  
God has visited his people.*

*Alleluia!*

† A reading from the Holy Gospel according to Mark 1:40-45

A man with leprosy came to Jesus and knelt down.  
He begged, "You have the power to make me well,  
if only you wanted to."

Jesus felt sorry for the man.

So he put his hand on him and said, "I want to!  
Now you are well."

At once the man's leprosy disappeared,  
and he was well.

After Jesus strictly warned the man,  
he sent him on his way.

He said, "Don't tell anyone about this.

Just go and show the priest that you are well.

Then take a gift to the temple as Moses commanded,  
and everyone will know that you have been healed."

The man talked about it so much and told so many people,  
that Jesus could no longer go openly into a town.

He had to stay away from the towns,  
but people still came to him from everywhere.

The Gospel of the Lord

*Praise to You, Lord Jesus Christ*



# An Act of Spiritual Communion- The Sixth Sunday in Ordinary Time- Year B

## We Respond

*We try to be like Jesus today in our world, reaching out to those who need our help, and so we pray together:*

*We pray for all who are sick or who are struggling in some way: that they may find the help and support that they need. Lord, in your mercy...*

*We pray for people all around the world: that they may be healthy and happy and have a chance to change their lives for the better. Lord, in your mercy...*

*We pray for our parish, family and friends: that we may help other people and always share generously everything that we have. Lord, in your mercy...*

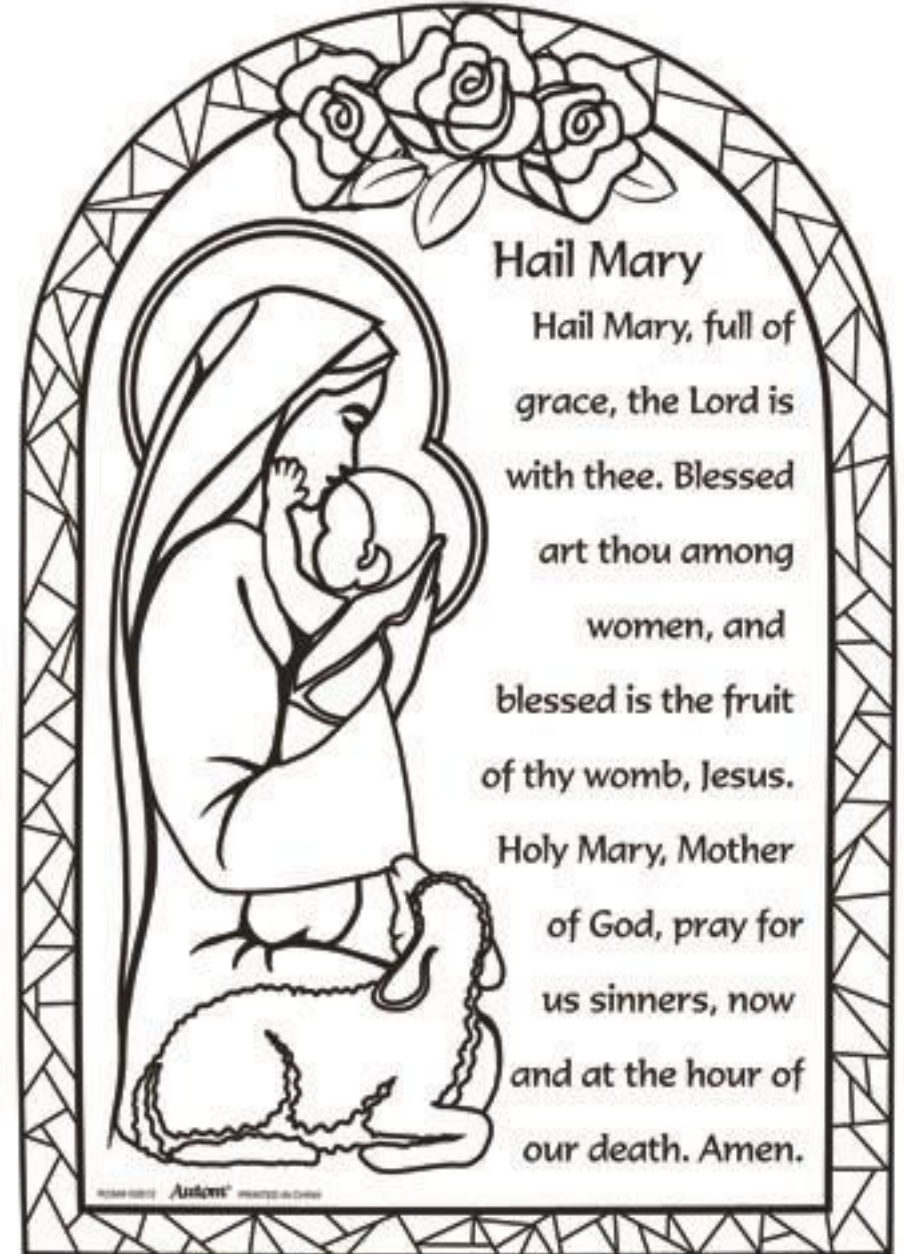
*Closing prayer: Christ Jesus, you always looked after people who were sick or in need. Help us to be more like you and to care for others here and around the world. Amen.*

*We ask Mary our Mother to pray with us as we say: Hail Mary...*

*Closing prayer: God of love, help us all to follow Jesus' example of loving care, and to treat all those who are ill with kindness and tenderness. Amen.*

## We Profess our faith in God together:

***I believe in God the Father, I believe in God the Son, I believe in God the Holy Spirit. Our God is three, Our God is One.***





# An Act of Spiritual Communion- The Sixth Sunday in Ordinary Time- Year B

**We Pray the Family Prayer of All Christians**  
*Our Father...*

**We now make an Act of Spiritual Communion**  
*My Jesus,*

*I believe that you are present in the Most Holy Sacrament.*

*I love you above all things and I desire to receive you into my soul. Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you.  
Amen*

**We end our time of prayer**

*May God Bless us and keep us safe.*

*In the name of the Father, and of the Son, and of the Holy Spirit.  
Amen*



**We can join in the Celebration of Mass online by visiting the following website:**

[https://www.youtube.com/channel/UC12EvW0Egg-cFTh5i2y\\_EQw](https://www.youtube.com/channel/UC12EvW0Egg-cFTh5i2y_EQw)

- St. Mary's RC Cathedral, Newcastle  
(Sunday Mass at 11:30am- Daily Mass 12 noon)



# An Act of Spiritual Communion- The Sixth Sunday in Ordinary Time- Year B

## Activity Ideas from CAFOD

Invite the children to colour in the accompanying illustration of ways that CAFOD works to help people to stay well and healthy. Ask them to also draw a way that they try to stay healthy in their own lives.

Encourage the children to share all that they have heard and thought about in today's liturgy with others and to think about how they can live healthy lives and help those who are sick or in need.



THE YEAR OF THE WORD



Sixth Sunday in Ordinary Time  
Gospel: Mark 1:40-45

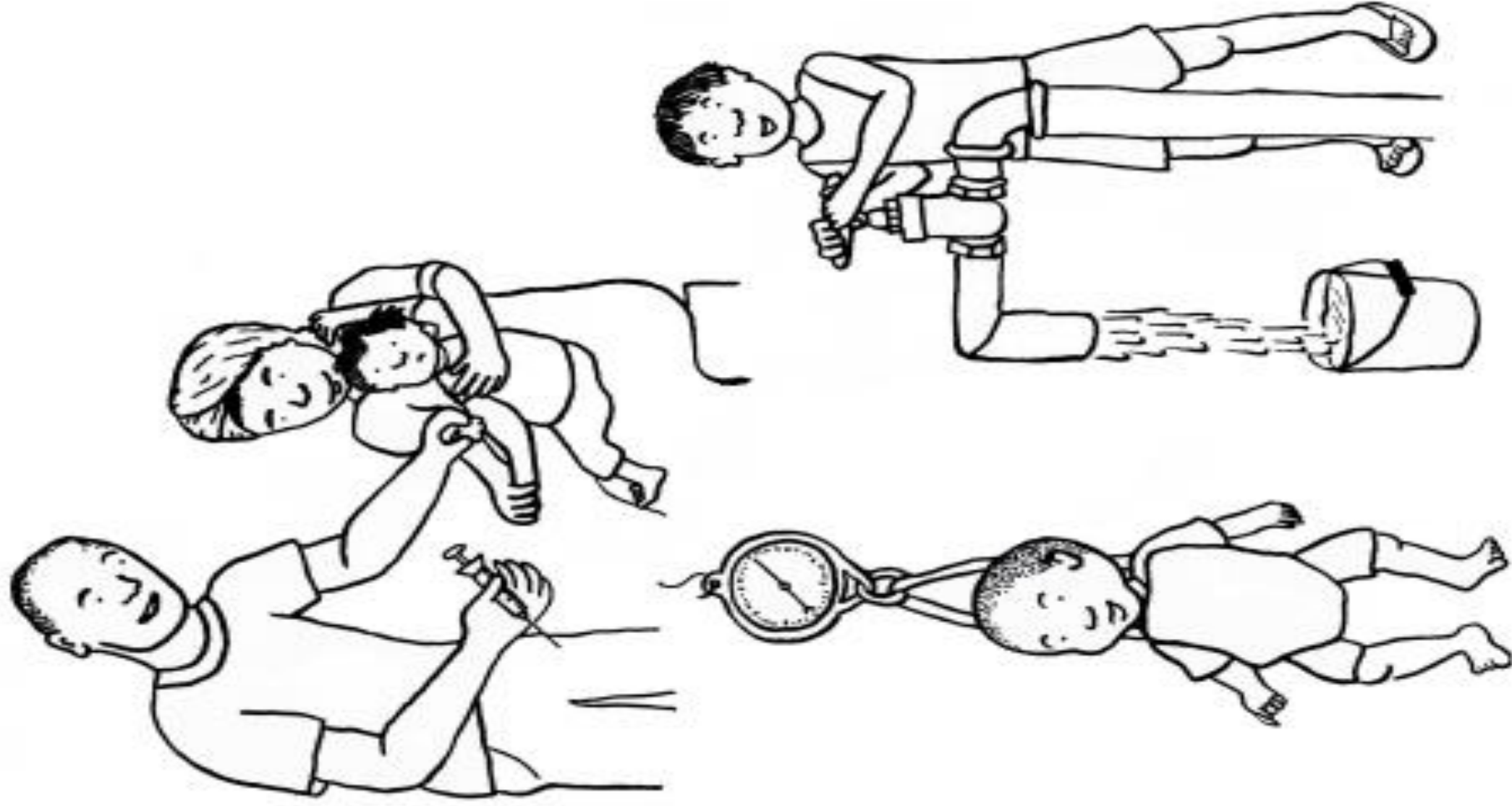


Illustration: Emma Hecobell. Charity no 156284 and a company limited by guarantee no 09387308

Find more activities and prayers at [cafod.org.uk/families](http://cafod.org.uk/families)

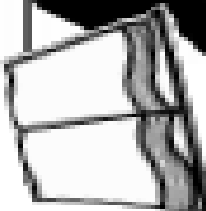




**Speak, Lord**

**SDC**  
SUNDAY LITURGY FOR CHILDREN  
www.sdc.org.uk

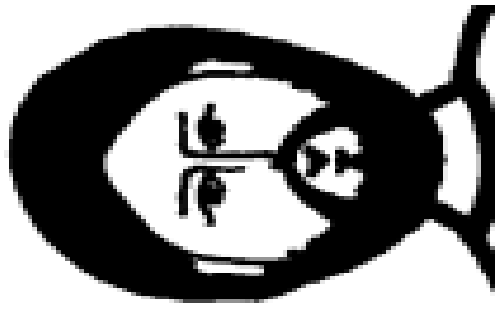
Leviticus 13:1-2,44-45  
Psalm 31  
1 Corinthians 10:31-11:1  
Mark 1:40-45

**SUNDAY LITURGY FOR CHILDREN**  
Year B — 6th Sunday in Ordinary Time

# JESUS

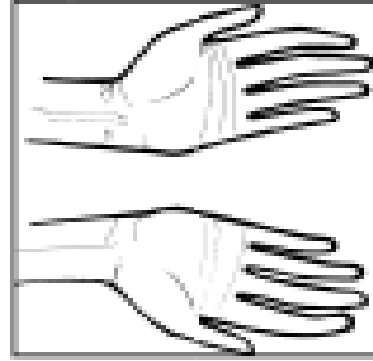
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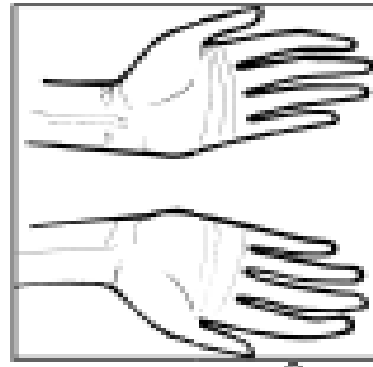
# LEPHER

A LEPER is a person with a skin disease.

Colour in the pictures of the leper's hands as they appeared before and after Jesus cured him.



BEFORE



AFTER

The man was so **HAPPY**

that he went away, telling what happened to

**E \_ \_ Y \_ \_ N \_ \_**





'We pray together at home.'

# The First Sunday Lent

## Year B

Sunday 21<sup>st</sup> February

'THOUGH WE ARE MANY, WE ARE ONE BODY IN CHRIST.'  
1 CORINTHIANS 12:12



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# An Act of Spiritual Communion- The First Sunday in Lent - Year B

## Creating a place of prayer in the home.

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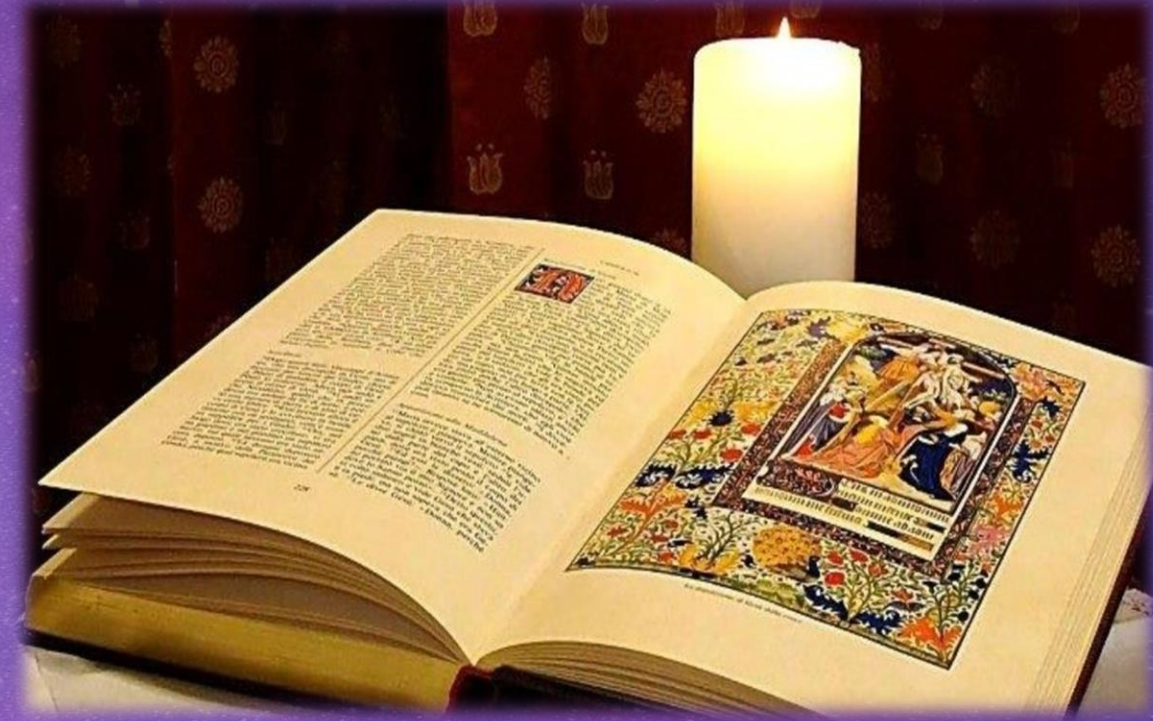
*Lord Jesus, You give us yourself to feed us and bring us strength- Lord have mercy*

*May Almighty God have mercy on us, forgive us our sins and bring us to everlasting life.*

*Amen*

We join with all the angels and saints as we sing:

<https://www.youtube.com/watch?v=sDLY8oOhVil>



## We pray together

Dear God, We ask you to guide us as we begin this Lent. Help us to hear Your Word speaking to our hearts. Thank you for sending Jesus to show us the way.

**Amen.**



## We Listen to the Word of God:

A reading from the book of Genesis 9:8-15

God told Noah and his sons: "I am going to make a solemn promise to you and to all who will live after you.

This includes the birds and animals that came out of the boat.

I promise every living creature on earth that the earth and those living on it will never again be destroyed by a flood.

"The rainbow that I have put in the sky will be my sign to you and to every living creature on earth.

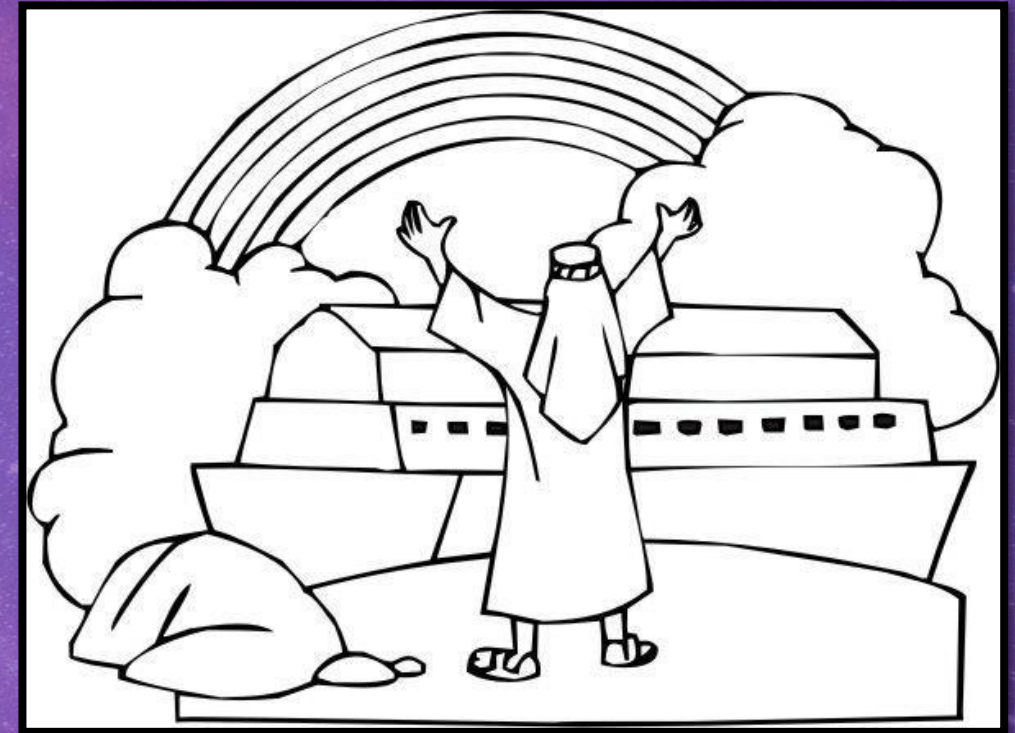
It will tell you that I will keep this solemn promise forever.

When I send clouds to cover the earth, and the rainbow appears in the sky, I will remember my promise

to you and to all other living creatures. never again will I let flood waters destroy all life."

The Word of the Lord

**Thanks be to God**



**We Listen to the Word of God:**

The Responsorial Psalm

*Your ways, O Lord, are love and truth  
to those who keep your covenant.*

1. Show me your paths  
and teach me to follow;  
guide me by your truth  
and instruct me.  
You keep me safe.

*R. Your ways, O Lord, are love and truth  
to those who keep your covenant.*

2. Please, Lord, remember,  
you have always  
been patient and kind.  
Show how truly kind you are  
and remember me.

*R. Your ways, O Lord, are love and truth  
to those who keep your covenant.*





**We Greet the Good News by saying:**

***Alleluia, alleluia.***

***A great prophet has appeared among us;  
God has visited his people.***

***Alleluia!***

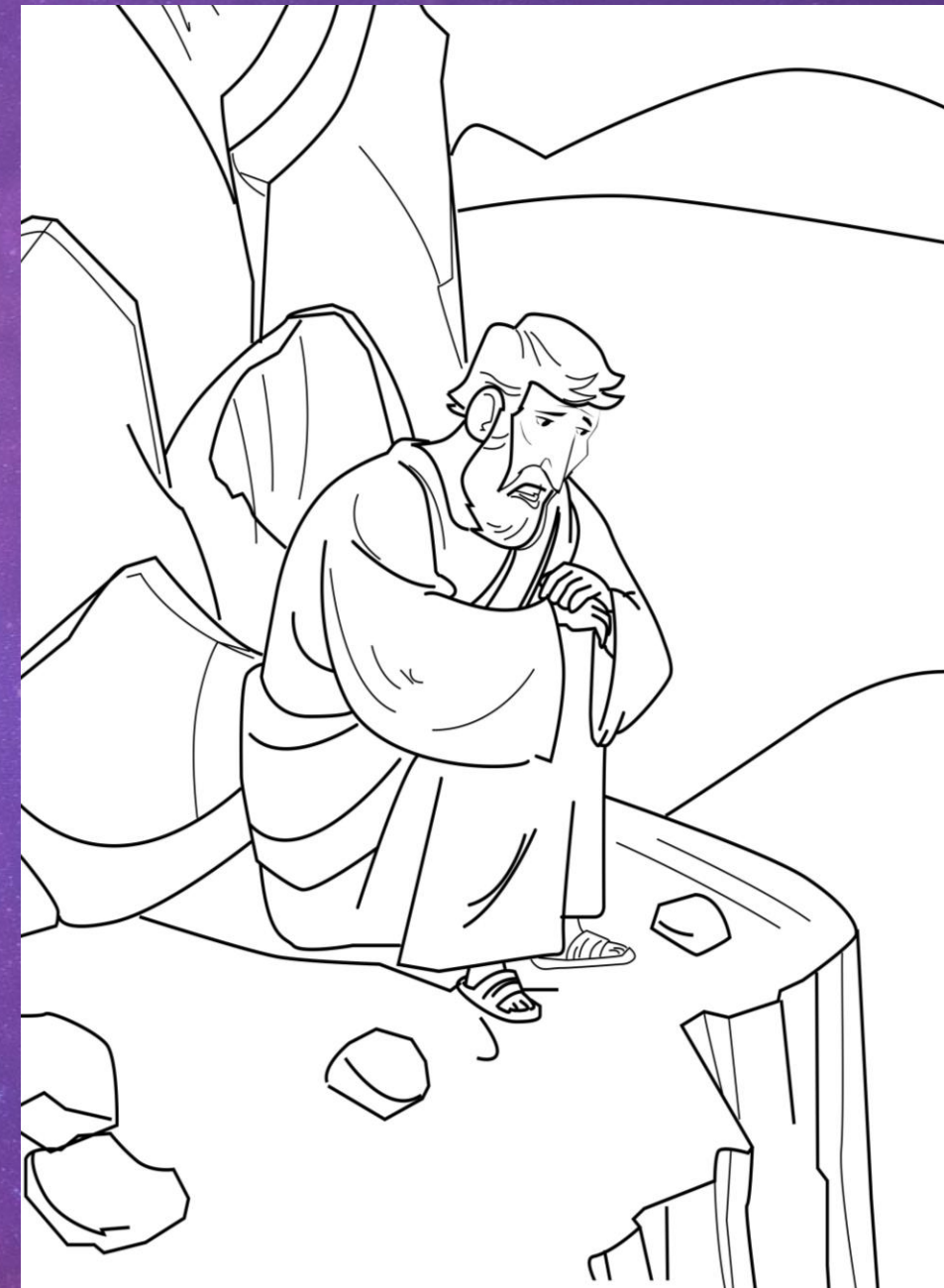
† A reading from the holy gospel according to Mark 1:12-15  
Right away God's Spirit made Jesus go into the desert.  
He stayed there for forty days while Satan tested him.

Jesus was with the wild animals,  
but angels took care of him.

After John was arrested,  
Jesus went to Galilee and told the good news that comes from  
God.

He said, "The time has come!  
God's kingdom will soon be here.  
Turn back to God and believe the good news!"

The Gospel of the Lord  
***Praise to You, Lord Jesus Christ***



# An Act of Spiritual Communion- The First Sunday in Lent - Year B

## We Respond

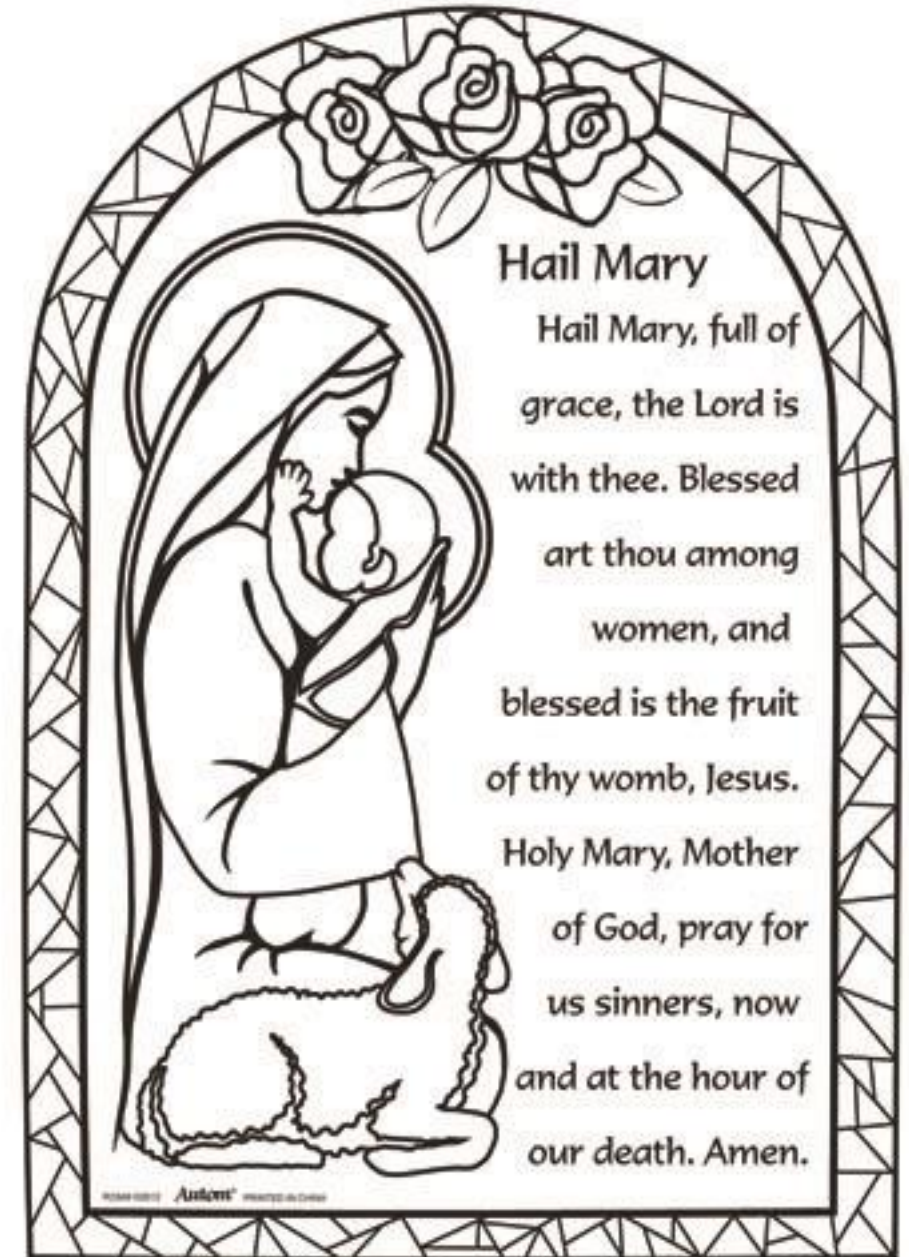
*Lent is a very special season for the Church and for us. It is a time to remember God calls us to be his special people. It is a time to remember the many signs of God's love. It is a time to remember we don't always act like we know we are God's special people. It is a time to remember we don't always respect the signs of God's love. The stories from the Bible we will be read during the 5 weeks of Lent are some of the most important stories of God's call, promise of faithfulness, love and mercy. The stories tell us, that from the very beginning, God made us and no matter how lost or disobedient we were or are: God is faithful! God made special covenants—special agreements—to remind us: I will always be here for you!*

*Lent is 40 days because Jesus spent 40 days in the desert. It also reflects the 40 days of rain and flooding while Noah was on the Ark with his family, descendants and members of every living creature. 40 is a sign of significant time. A time of 'letting go' and 'letting God' into the situation of our lives. Lent's 40 days is a time for us to "put God" back in our lives in very conscious ways. Lent is believing you and I are to put aside any attitude or behaviour that doesn't announce the Kingdom is at hand!*

*The Gospel says the Spirit guided Jesus to the desert. It was a hard time of testing for Jesus. He had good thoughts (the angels) and bad thoughts (Satan). In the end, Jesus comes out of the desert, after 40 days, believing God is with him! Just like Noah.*

## We Profess our faith in God together:

***I believe in God the Father, I believe in God the Son, I believe in God the Holy Spirit. Our God is three, Our God is One.***





# An Act of Spiritual Communion- The First Sunday in Lent - Year B

**We Pray the Family Prayer of All Christians**  
*Our Father...*

**We now make an Act of Spiritual Communion**  
*My Jesus,*

*I believe that you are present in the Most Holy  
Sacrament.*

*I love you above all things and I desire to receive you into  
my soul. Since I cannot at this moment receive you  
sacramentally, come at least spiritually into my heart. I  
embrace you as if you were already there and unite  
myself wholly to you. Never permit me to be separated  
from you.  
Amen*

**We end our time of prayer**

*May God Bless us and keep us safe.*

*In the name of the Father, and of the Son, and of the Holy  
Spirit.  
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**- St. Mary's RC Cathedral, Newcastle  
(Sunday Mass at 11:30am- Daily Mass 12 noon)**



THE YEAR OF THE WORD

## An Act of Spiritual Communion- The First Sunday in Lent - Year B

**Activity Ideas** Create a Sunday Lenten booklet: Fold an 8-1/2 by 11 sheet of white paper in half—top to bottom; then fold it side to side. You will then have 4 pages. On the front,  
(Continued on page 2)

make a big cross and colour in with black ink pen or magic marker. (Keep the booklet because we will use it each week.)

Talk about ASHES and the SIGN OF THE CROSS as 'signs' of God's COVENANT.

Ashes, made from palms used on Palm Sunday remind of us that Jesus is the sign of God's ultimate love and faithfulness to us. Ashes remind us that things of earth don't last. We are born, and signed with a cross at Baptism, and sign ourselves each time we pray, to remember: God is where we are from; God is where we are headed!

Especially for Lent we have the sign of "ASHES" in the form of a CROSS on our foreheads because we believe we are MARKED by the SIGN of the Cross. The sign of the cross is a special sign. It is like hand shake or hug—it reminds us that we are meeting or talking with God when we pray and gather at Church in a special way.

Being blessed with ASHES, in the form of a CROSS, reminds us to be REPENT...change...and believe in the gospel. The gospel of God's love, forgiveness.

And "I am here for you" presence. So, besides thinking of "going without something" or "giving something up," change: DO MORE GOOD ACTS; OBEY QUICKLY; BE KIND TO SOMEONE YOU DON'T FIND EASY TO LIKE.



THE YEAR OF THE WORD




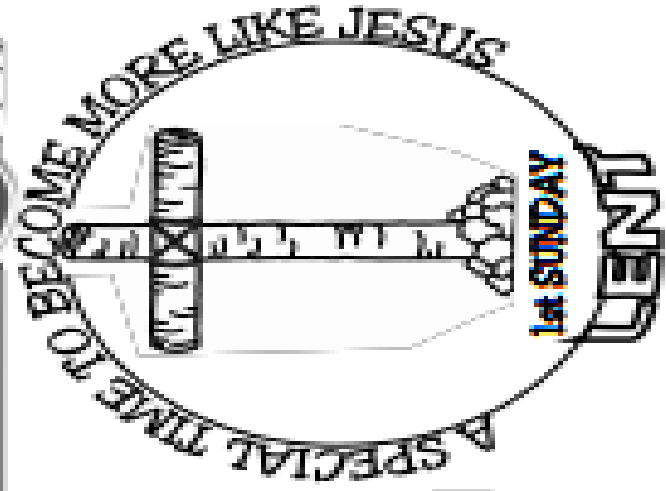


**Speak, Lord**

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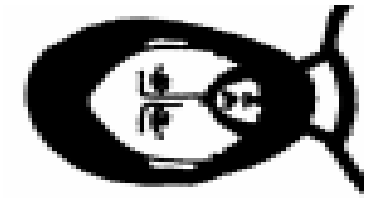
Year B — 1st Sunday of Lent

Genesis 9:8-15  
Psalm 24  
1 Peter 3:18-22  
Mark 1:12-15

# TODAY is the FIRST SUNDAY of LENT

- A time to be more like J \_ \_ \_
- A time to prepare for E \_ \_ \_



How many days did Jesus spend in the wilderness?

- 15      25      32      40
- 50      60      70

(Circle the right answer.)

Colour in the letters with an \* to find out what Jesus said to the people.

H	R	E	P	E	N	T	V	G	A	N	D	E
S	R	B	E	L	I	E	V	E	K	A	T	H
U	L	E	E	T	H	E	G	N	U	O	V	Y
I	V	B	G	O	O	D	O	N	E	W	S	Q