



'THOUGH WE ARE MANY, WE ARE ONE BODY IN CHRIST.'
1 CORINTHIANS 12:12

'We pray together at home.'

The Third Sunday in Ordinary Time

Year B

Sunday 24th January 2021

An Act of Spiritual Communion- The Third Sunday in Ordinary Time- Year B

During this time when we may be unable to join together with our parish communities to celebrate the Eucharist, we offer you this resource as a way of engaging with the readings and prayers of the Mass. The readings are taken from the Lectionary for children.

These resources can be used whilst participating digitally in the many private Masses that priests in our diocese are offering online.

*We hope you find this resource useful.
Mr Gardner
Head of Catholic Life
Bishop Hogarth Catholic Education Trust*

Click here to find the full list of all online streamed Masses available throughout the Diocese of Hexham and Newcastle.

<http://www.rcdhn.org.uk/health/coronavirus.php#area3>



THE YEAR OF THE WORD



An Act of Spiritual Communion- The Third Sunday in Ordinary Time- Year B

Creating a place of prayer in the home.

Light a candle and gather together with your family. You might place a Crucifix or a Holy Image next to your candle. If you have a Bible, you may like to open the Bible to the readings that are going to be used during Mass today.

Use the link on the first page of this document to access Livestreamed Masses from around the Diocese.

We Gather together as God's family and ask for His Forgiveness

*We gather together in the name of the Father, and of the Son and of the Holy Spirit
Amen.*

We turn to God asking for His guidance and strength in our lives.

Lord Jesus, You heal the sick- Lord have mercy

Lord Jesus, You forgive sinners- Christ have mercy

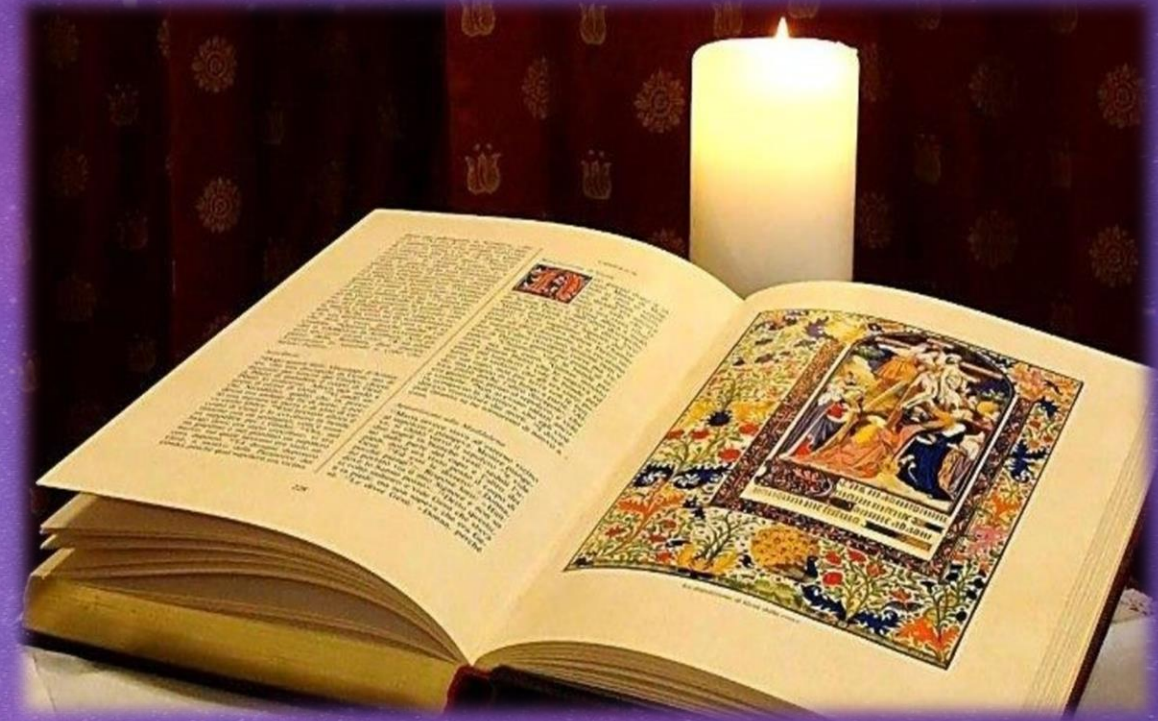
Lord Jesus, You give us yourself to feed us and bring us strength- Lord have mercy

May Almighty God have mercy on us, forgive us our sins and bring us to everlasting life.

Amen

We join with all the angels and saints as we sing:

<https://www.youtube.com/watch?v=sDLY8oOhVil>



We pray together

Dear God,

Thank you for your invitation to follow you. I promise to do my best to make good choices and do good things. Help me to hear Your voice speaking to me through the Bible.

In Jesus' name we pray.

Amen

An Act of Spiritual Communion- The Third Sunday in Ordinary Time- Year B

We Listen to the Word of God:

A reading from the book of the prophet Jonah 3:1-5, 10

The Lord spoke to Jonah and said,

"Jonah, go to that great city of Nineveh and speak to them for me."

Jonah obeyed the Lord and went to Nineveh.

The city was so large that it took three days just to walk through it.

After walking for a day, Jonah told the people, "Forty days from now Nineveh will be destroyed."

They believed God's message

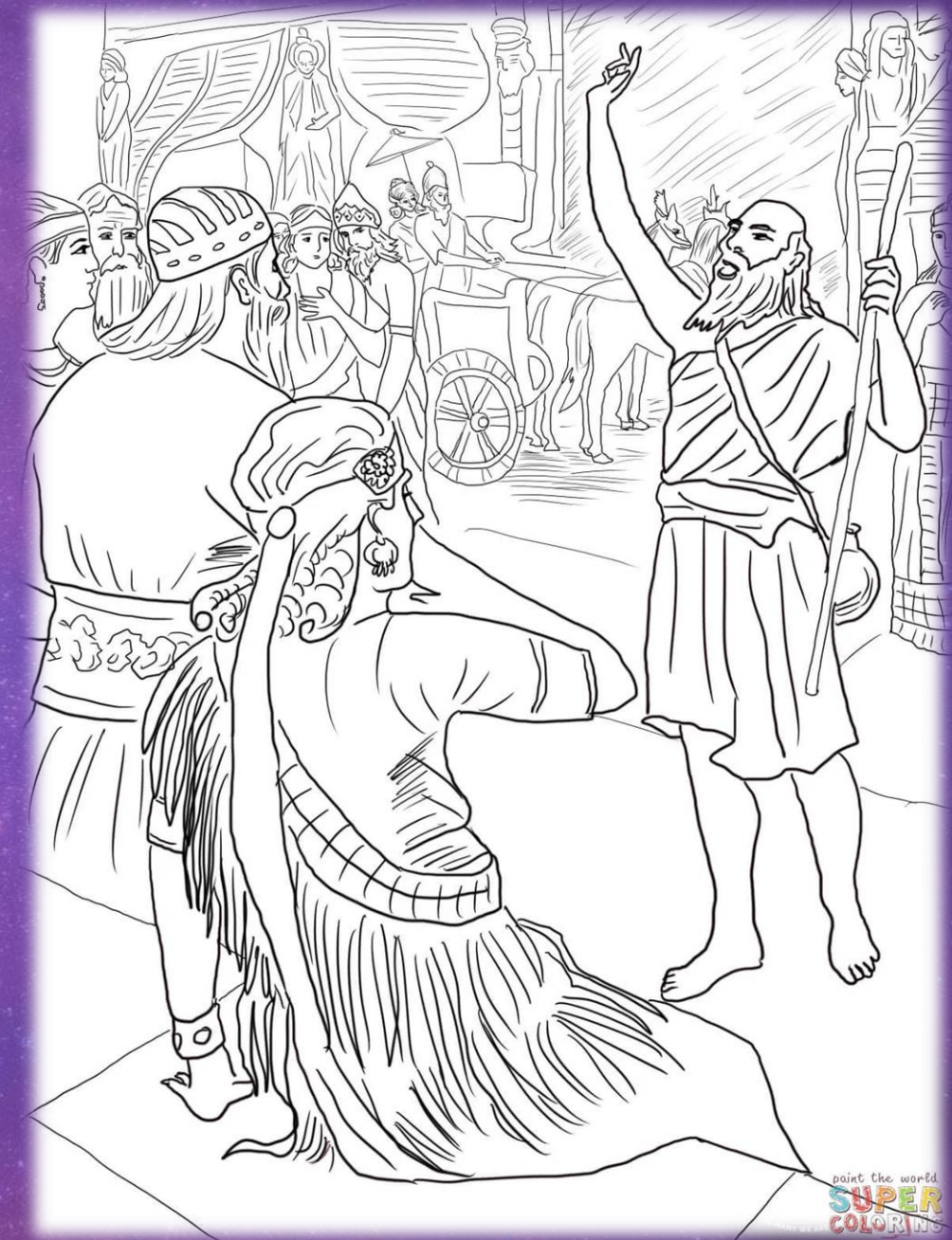
and they set a time when they would all go without eating.

Then everyone in the city, no matter who they were, also dressed in sackcloth.

When God saw that the people had stopped doing evil things, he had pity on them and did not destroy them, as he had said.

The Word of the Lord

Thanks be to God



An Act of Spiritual Communion- The Third Sunday in Ordinary Time- Year B

We Listen to the Word of God:

The Responsorial Psalm

R. Teach me your ways, O Lord.

1. Show me your paths
and teach me to follow;
guide me by your truth
and instruct me.
You keep me safe.

R. Teach me your ways, O Lord.

2. Please, Lord, remember,
you have always
been patient and kind.
Show how truly kind you are
and remember me.

R. Teach me your ways, O Lord.

You are honest and merciful,
and you teach sinners
how to follow your path.
You lead humble people
to do what is right
and to stay on your path.

R. Teach me your ways, O Lord.



An Act of Spiritual Communion- The Third Sunday in Ordinary Time- Year B

We Greet the Good News by saying:

Alleluia, alleluia.

*The kingdom of God is near:
repent and believe the good news!*

Alleluia!

† A reading from the holy gospel according to Mark 1:14-20
After John was arrested, Jesus went to Galilee and told the good news that comes from God. He said, "The time has come! God's kingdom will soon be here. Turn back to God and believe the good news!"

As Jesus was walking along the shore of Lake Galilee,
he saw Simon and his brother Andrew.

They were fishermen and were casting their nets into the lake. Jesus said to the, "Come with me! I will teach you how to bring in people instead of fish."

Right then the two brothers dropped their nets and went with him.
Jesus walked on and soon saw James and John, the sons of Zebedee.
They were in a boat, mending their nets.

At once Jesus asked them to come with him.

They left their father in the boat with the hired workers
and went with him.

The Gospel of the Lord

Praise to You, Lord Jesus Christ



An Act of Spiritual Communion- The Third Sunday in Ordinary Time- Year B

We Respond

We try to follow Jesus in all that we do and so we pray together:

We pray for the Church throughout the world: that it may continue to follow Jesus' example and reach out to welcome and help those who are poor, sick and alone. Lord, in your mercy...

We pray for our parish, family and friends: that we may follow Jesus by sharing what we have with those who do not have enough and forgiving those who have hurt us. Lord, in your mercy...

We pray for our parish, family and friends: that, even if we find it difficult, or others laugh at us, we may stand up for what we believe in and follow Jesus' call. Lord, in your mercy...

*Closing prayer: Lord Jesus, lead us to join together with other people across the world in helping others, especially those who are poor, so that all people may know that we are your followers.
Amen.*

We Profess our faith in God together:

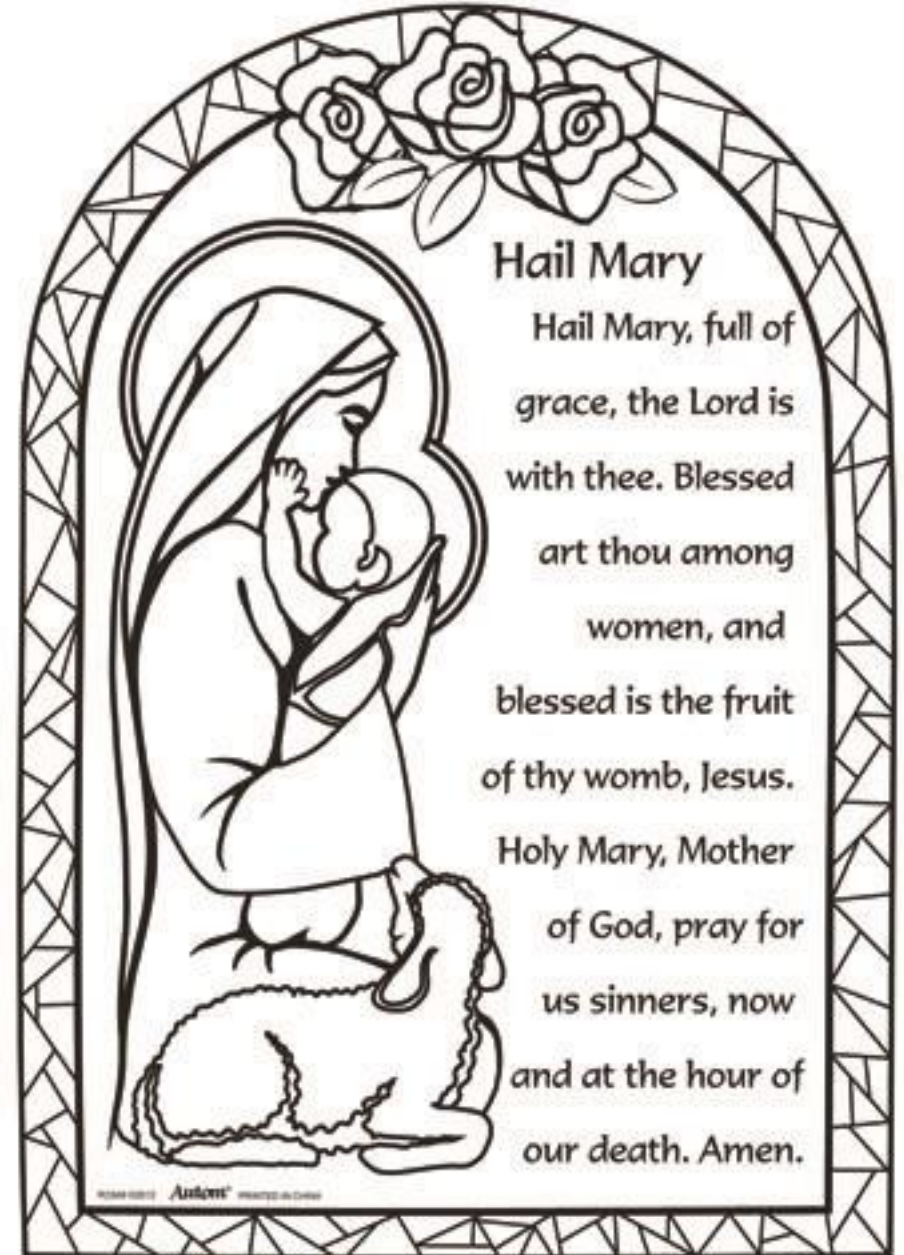
I believe in God the Father, I believe in God the Son, I believe in God the Holy Spirit. Our God is three, Our God is One.

We Turn to the Lord in Prayer

We pause for a few moments and bring to mind the situations and people that we need to prayer for. We might share these aloud together...

We now turn to Our Blessed Lady and ask her to take our prayers to her Son as we say:

Hail Mary...



An Act of Spiritual Communion- The Third Sunday in Ordinary Time- Year B

We Pray the Family Prayer of All Christians
Our Father...

We now make an Act of Spiritual Communion
My Jesus,

I believe that you are present in the Most Holy Sacrament.

*I love you above all things and I desire to receive you into my soul. Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you.
Amen*

We end our time of prayer

May God Bless us and keep us safe.

*In the name of the Father, and of the Son, and of the Holy Spirit.
Amen*



We can join in the Celebration of Mass online by visiting the following website:

https://www.youtube.com/channel/UC12EvW0Egg-cFTh5i2y_EQw

**- St. Mary's RC Cathedral, Newcastle
(Sunday Mass at 11:30am- Daily Mass 12 noon)**

An Act of Spiritual Communion- The Third Sunday in Ordinary Time- Year B

Activity Ideas from CAFOD

Invite the children to colour in the accompanying illustration of the disciples leaving their nets to follow Jesus. On the back ask the children to draw or write how they will follow Jesus in their lives.

Give all the children a fish shape cut out of card. Encourage them to draw or write on it how they will follow Jesus.

Make magnetic fishing rods, with a dowel, string and small magnet (or borrow those from a child's magnetic fishing set). Attach words to the fish, like "hope", "love", "sharing", "forgiveness", "kindness". Ask the children to catch a fish, then discuss with them what that word means and why it is important if we follow Jesus.

Invite the children to share all that they have heard and thought about today with the people at home. Encourage them to try to follow Jesus in all that they do during the week, by sharing or being kind or caring for others, especially people who are poor.

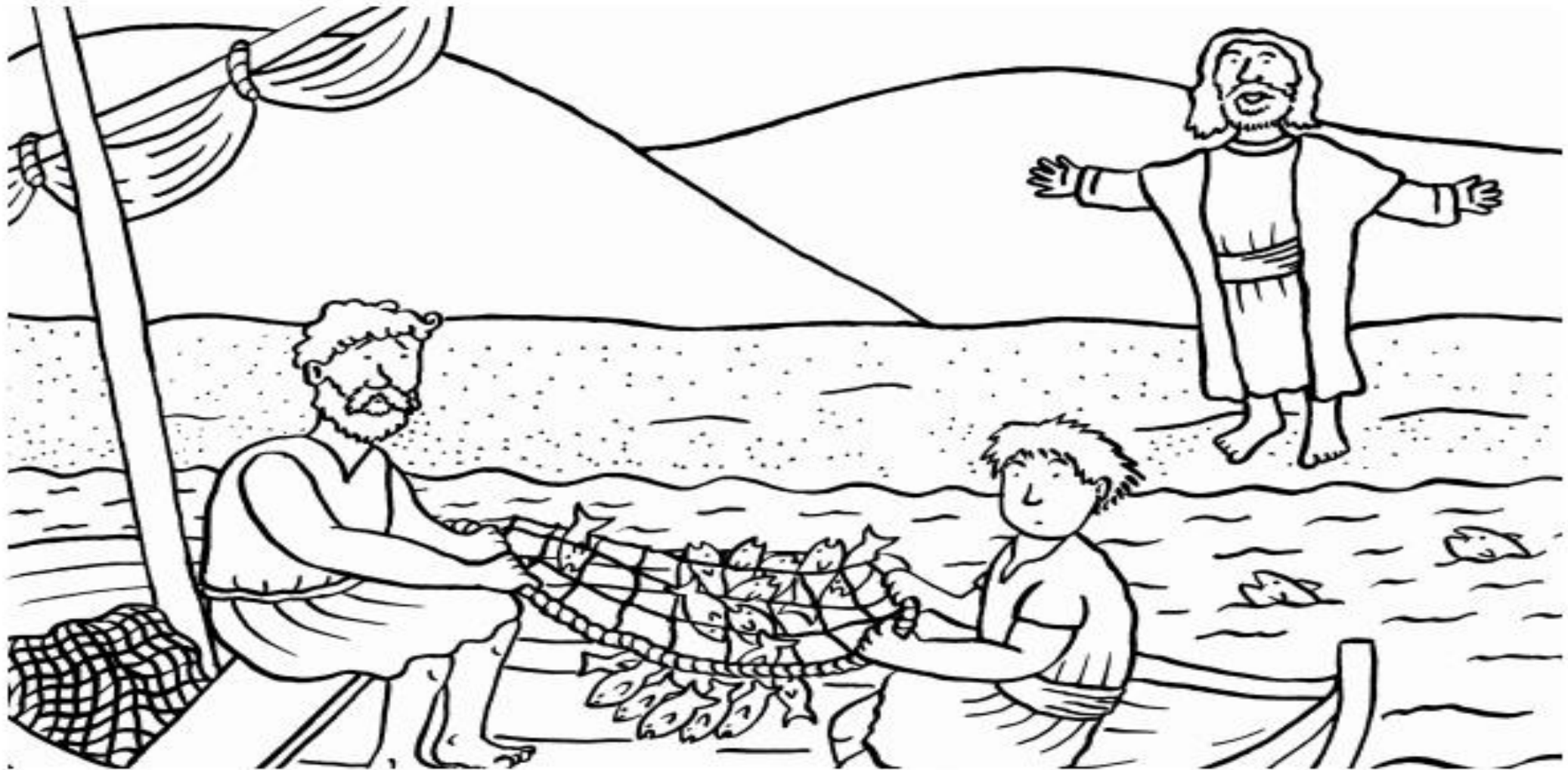


THE YEAR OF THE WORD



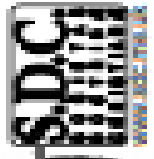
An Act of Spiritual Communion- The Third Sunday in Ordinary Time- Year B

Third Sunday in Ordinary Time
Gospel: Mark 1:14-20



Find out more about children around the world at cafod.org.uk/kidzzone

Illustration: Emma Meccaffrey. Charity no 1603164 and a company limited by guarantee no 09307396



Speak, Lord

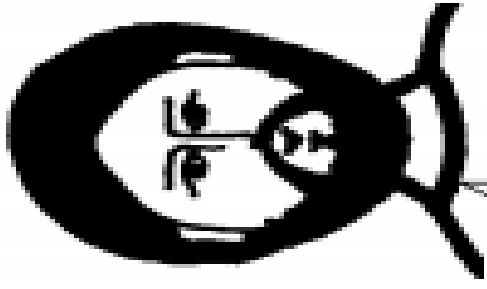


Jonah 3:1-5, 10
Psalm 24
1 Corinthians 7:29-31
Mark 11:4-20

SUNDAY LITURGY FOR CHILDREN

Year B — 3rd Sunday in Ordinary Time

Jesus said:



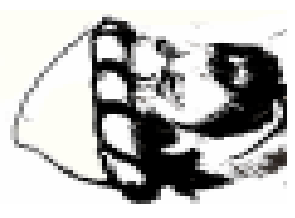
Colour in the boxes with a * to reveal Jesus' message in today's Gospel.

F	R	E	P	E	N	T	G	I	N	B
A	N	D	E	B	E	L	I	E	V	E
U	B	Z	T	H	E	Q	J	B	D	A
G	O	O	D	T	N	E	W	S	G	D

Then **JESUS** called **4** men to **FOLLOW HIM**



Listen to the Gospel reading and complete their names in the spaces below.



S _ _ _ _ _	J _ _ _ _ _
and his brother	and his brother
A _ _ _ _ _	J _ _ _ _ _