

Year 1 Wellbeing Week Timetable

	Monday (SCREEN FREE DAY) <u>Positive thought of the day:</u> I am an amazing person!	Tuesday <u>Positive thought of the day:</u> Every day is a fresh start.	Wednesday <u>Positive thought of the day:</u> Everything will be okay.	Thursday <u>Positive thought of the day:</u> I can do anything if I try.	Friday <u>Positive thought of the day:</u> My mistakes help me to learn and grow.
9am - 9.15am	Create a gratitude jar. What are you grateful for? Why?	Phonics	Phonics	Phonics	Phonics
9.30am - 9.45am	Share some of your favourite stories with someone	Wake Up, Shake Up Dough Disco Handwriting	Wake Up, Shake Up Dough Disco Handwriting	Wake Up, Shake Up Dough Disco Handwriting	Wake Up, Shake Up Dough Disco Handwriting
			BREAK		
10am - 11am	Collective Worship Story - The Amazing Snowman	Literacy - Colour Monster	Literacy - <i>Ruby's Worry</i>	Literacy - The Lion Inside	Literacy - The Rainbow Fish
11am - 12pm	PROJECT	Maths	Maths	Maths	Maths
LUNCH					
1pm - 1.30pm	Do something kind or helpful	RE	Bake a cake or make a delicious treat!	Geography Task	Celebration Assembly Art
1.30pm - 2.30pm	Create an obstacle course. How long does it take you to complete it? Who is the fastest?	Make a card for someone you miss and post it to them.	PE with Mr Duffy	Draw your favourite place	Art Task

Year 1 Wellbeing Week Timetable

	person to finish first in your family?				
2.30pm	Live Story	Live Story	Live Story	Live Story	Live Story

