



**Serving:
Transformation**

Pentecost

Transforming Energy



What the word
'transform' mean?
What does the word
'energy' mean?

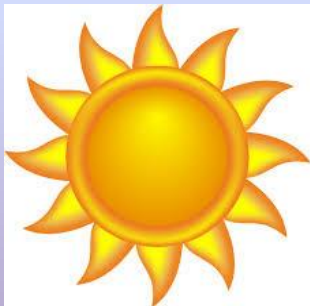
We and the world we
live in are full of
energy which can be
transformed to good
use for us and the
natural world.

Fire is a traditional means of transformation into energy, producing heat and light. It can be used for cooking, melting, warming and burning liquids and solid substances. Demonstrate the effects of fire through the use of a candle flame and a paper spiral. Solar panels can transform light from the fire of the sun into energy, to light and heat a house and to power batteries.

Wind can be transformed into energy, this has happened for hundreds of years. It was used to grind corn in windmills. How it works is that the sun heats our atmosphere unevenly, so some patches become warmer than others. These warm patches of air rise; other air blows in to replace them and that creates wind. The energy of the wind can be used in wind farms by building a tall tower, with a large propeller on the top. The wind blows the propeller round, which turns a generator to produce electricity.

Water can also be transformed into energy. Watermills used water power to grind corn into flour. Wind can transform waves at sea making them higher and these can be used to create energy. Water can be used to make hydro-electricity from rivers and streams in England and Wales and on a large scale in the Highlands of Scotland.

Sun All of the sources of energy above are dependent upon the transforming energy of the sun. Fire ultimately comes from the sun. The coal or wood used to produce fire has first of all been grown through the heat of the sun. The energy of sun, wind and water can be transformed and used as sources of renewable, clean and earth friendly energy. As humans we too have energy that can be transformed to good through using our minds, our time and our energy for the well-being of others.



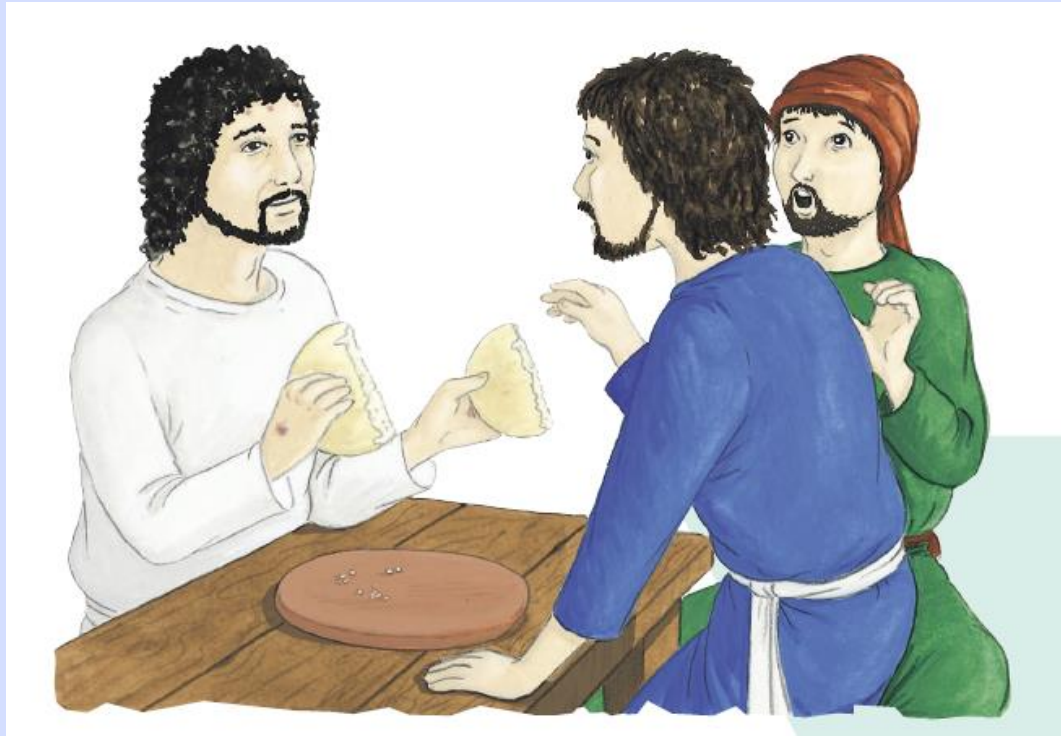
Questions to discuss

- What do you think would happen if there were no energy in the world?
- Which source of energy do you think is best for world, what are the pros and cons of it?
- Why do we have a duty to ensure that the energy used is renewable?
- How can we as individuals save energy?
- How can people use the energy of their minds for the good of others and why?
- How can people use time and physical energy for the well-being of others and why should they?
- Another word for transform is 'change'. How can we use our energy to transform ourselves?

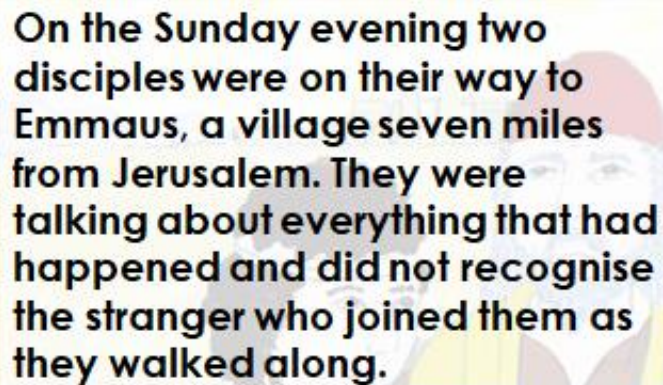
Your Task:

Investigate and record ways energy or power is used in your house. Include a list of ways in which energy could be saved.

On the road to Emmaus



Immediately after the Resurrection of Jesus from the dead, the disciples were unsure and uncertain of the significance of what had happened, until they had met with Jesus who helped them understand. The story from Luke illustrates this. Read the scripture on the next slides.



On the Sunday evening two disciples were on their way to Emmaus, a village seven miles from Jerusalem. They were talking about everything that had happened and did not recognise the stranger who joined them as they walked along.

“What are you talking about so sadly?” he asked them.

They turned to him, their faces full of their sadness. The disciple named Cleopas answered him.

“You must be the only person in Jerusalem who does not know all the things that have been going on these last few days?”

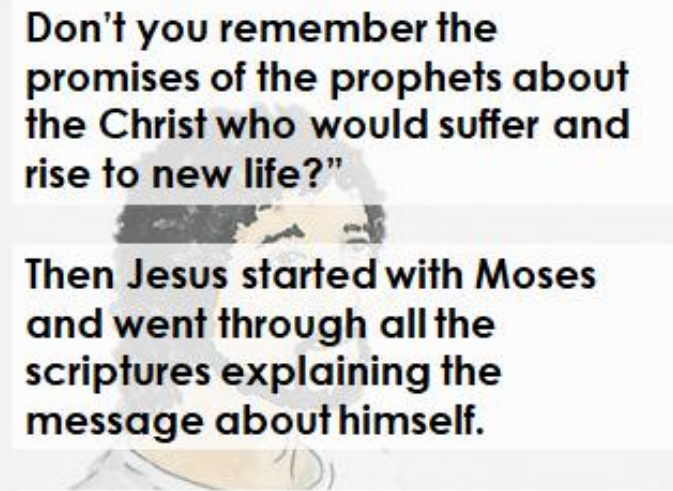
“What things?” Jesus asked.

“What happened to Jesus of Nazareth,” they said, “The great prophet who showed by all he did and said that he was sent by God. Our chief priests and leaders handed him over to the Romans and he was crucified.

We had hoped that he was the Promised one who would set Israel free. This morning, some women went to the tomb where he had been buried and came back saying they had seen a vision of angels and that Jesus was alive.

Some of our friends went to the tomb and found it empty as the women had said, but they didn't see anything of Jesus.”

Jesus said to them, “How slow you are to believe!

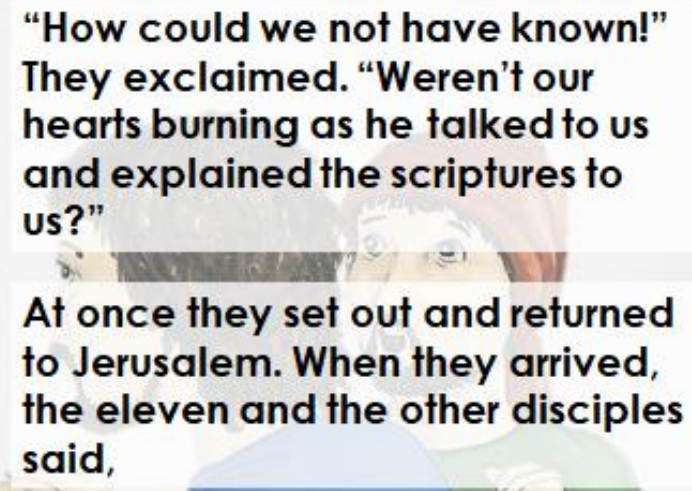


Don't you remember the promises of the prophets about the Christ who would suffer and rise to new life?"

Then Jesus started with Moses and went through all the scriptures explaining the message about himself.

By now they were near to Emmaus, and they begged him to stay with them. So he did and they sat down at table together. He took the bread, blessed it and broke it and gave it to them.

Suddenly, as if their eyes had just opened, they recognised him; but even as they did, he vanished.



"How could we not have known!" They exclaimed. "Weren't our hearts burning as he talked to us and explained the scriptures to us?"

At once they set out and returned to Jerusalem. When they arrived, the eleven and the other disciples said,

"Yes, it's true! He has appeared to Simon!" And then they told their story and how they had recognised him when he blessed and broke the bread.

Based on Luke 24:13-35
(God's Story 3)



Questions to discuss:

- Why did Luke describe the disciples as having 'faces full of sadness'?
- What do you think the disciples meant and what were their expectations, when they said 'the Promised One who would set Israel free'?
- How did Jesus help the disciples understand what was happening?
- What was it about the 'breaking of bread' that made the disciples recognise Jesus?
- How did the disciples feel when they recognised the Risen Christ?

Your Task:

Imagine you are Cleopas on the Road to Emmaus. Describe what happened to you and give reasons to show how you felt and why.

The gift of the Holy Spirit for everyone



- The power of the Holy Spirit changes lives.
- The power of the Holy Spirit is for everyone.
- All Christians are called to share the mission to spread the Gospel message.

Read Peter's message on the next slides which tells the people in Jerusalem that the gift of the Holy Spirit is for everyone.

God has raised this very Jesus from death and we are all witnesses to this fact.

He has been raised to the right hand side of God, his Father, and has received from him the Holy Spirit, as he had promised.

What you now see and hear is his gift that he has poured out on us.

All the people of Israel, then, are to know for sure that this Jesus, whom you crucified, is the one that God has made Lord and Messiah!

When the people heard this, they were deeply troubled and said to Peter and the other apostles, 'What shall we do, brothers?'

Peter said to them, "Each one of you must turn away from your sins and be baptised in the name of Jesus Christ, so that your sins will be forgiven; and you will receive God's gift, the Holy Spirit.

For God's promise was made to you and your children, and to all who are far away—all whom the Lord our God calls to himself".

Many of them believed his message and were baptised, and about three thousand people were added to the group that day.

They spent their time in learning from the apostles, taking part in the fellowship, and sharing in the fellowship meals and the prayers.

Acts 2: 32-39, 41-42
(Good News Translation)

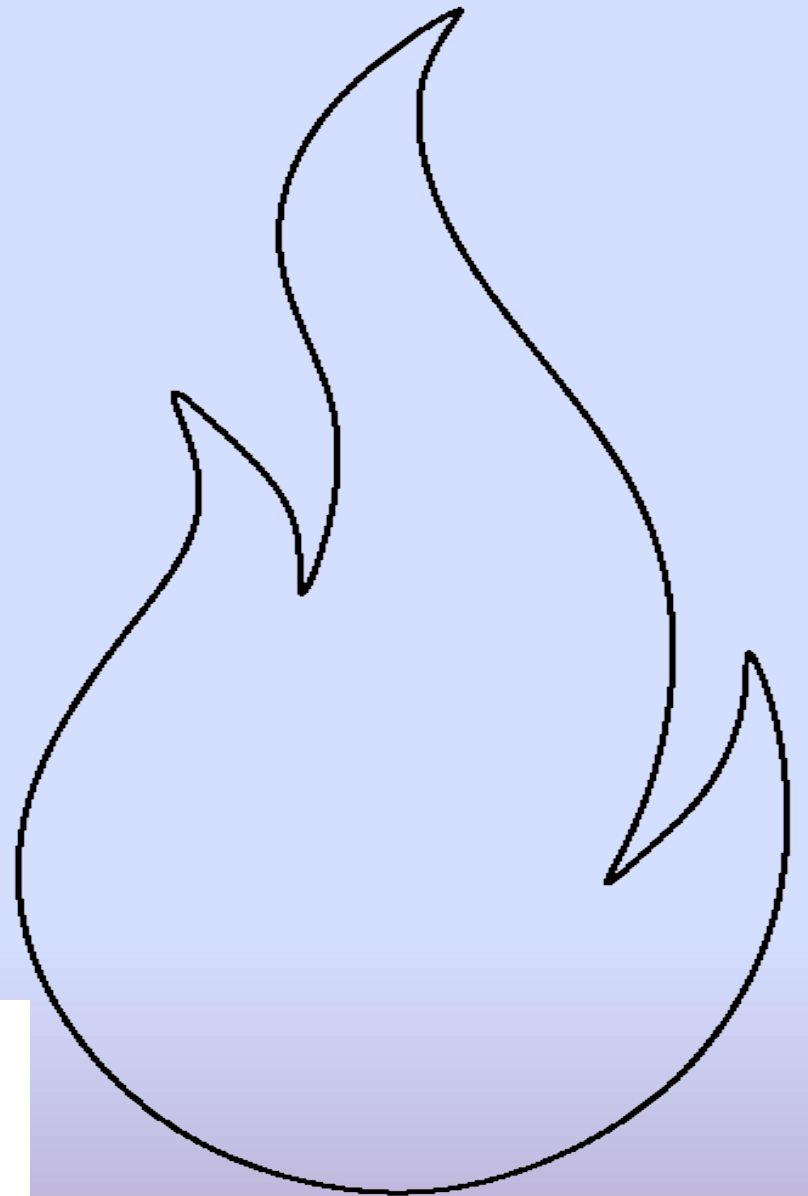
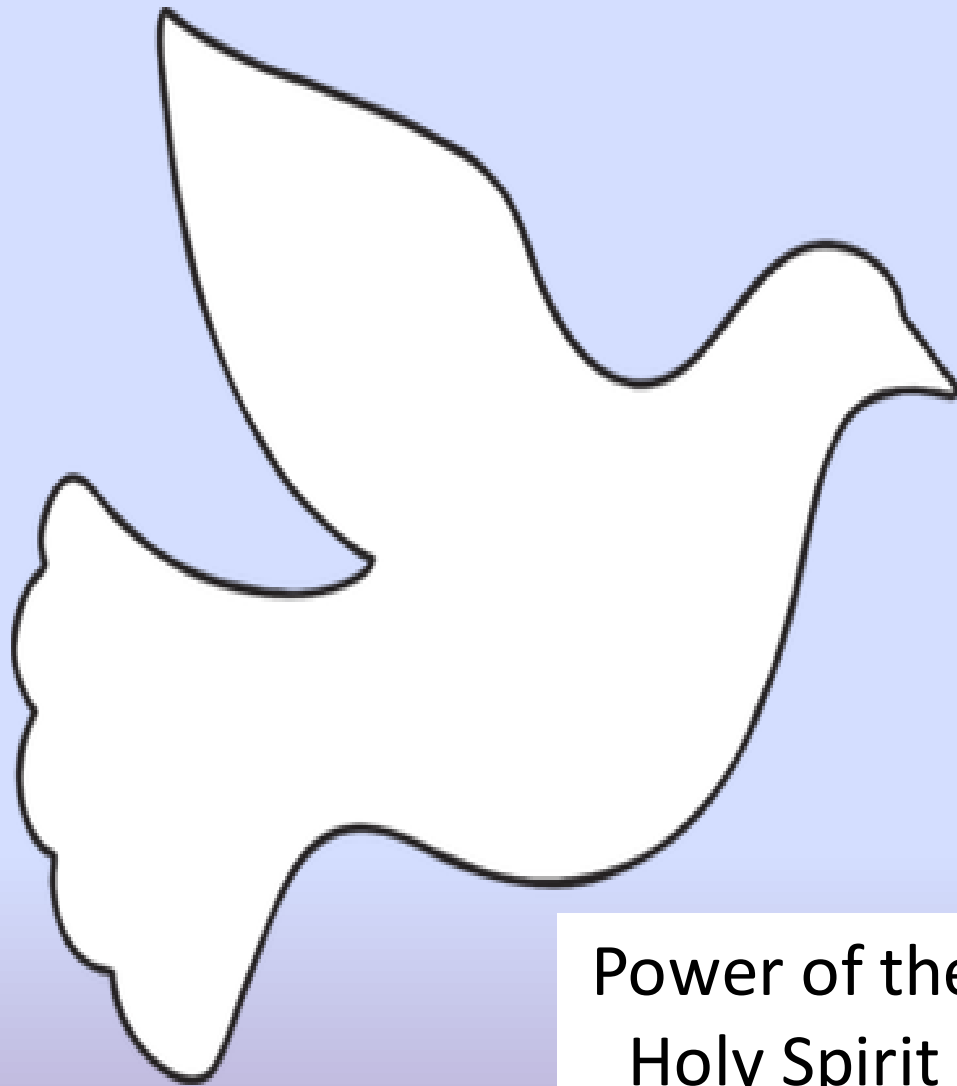


Questions to discuss

- What changes can you find in people's feelings, actions and words?
- How did the crowd react?
- How did the onlookers respond?
- What did Peter tell the people of Israel to do?
- How did the people respond to Peter's message?
- How did it shape their lives?

Your Task:

Using 'flame' or 'dove' templates, (see following slide) write key words and actions linked to the power of the Holy Spirit and then describe ways in which we can 'live out' the message of the Holy Spirit, just as the apostles did.



Power of the
Holy Spirit

Saul is transformed by the Holy Spirit



Paul was originally called Saul. He was a Jew who came from Tarsus. In the Acts of the Apostles Paul explains what happened to him and how he was converted.

Read the scripture on the following slides.

As I was travelling and coming near Damascus, about midday a bright light from the sky flashed suddenly round me.

I fell to the ground and heard a voice saying to me, 'Saul, Saul! Why do you persecute me?'

'Who are you, lord?' I asked.

'I am Jesus of Nazareth, whom you persecute,' he said to me.

The men with me saw the light, but did not hear the voice of the one who was speaking to me.

I asked, 'what shall I do, lord?' and the lord said to me,

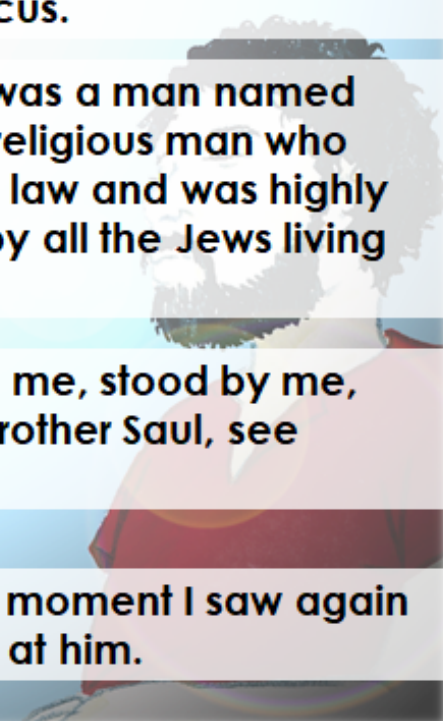
'Get up and go into Damascus, and there you will be told everything that God has determined for you to do.'

I was blind because of the bright light, and so my companions took me by the hand and led me into Damascus.

In that city was a man named Ananias, a religious man who obeyed our law and was highly respected by all the Jews living there.

He came to me, stood by me, and said, 'Brother Saul, see again!'

At that very moment I saw again and looked at him.



He said, 'the God of our ancestors has chosen you to know his will, to see his righteous servant, and to hear him speaking with his own voice.

For you will be a witness for him to tell everyone what you have seen and heard.

And now, why wait any longer? Get up and be baptised and have your sins washed away by praying to him.



Acts 22: 6-16
(Good News Translation)



Discussion Questions

- What do you think about Saul's story? Does anything surprise you?
- How do you think Saul felt when Jesus asked him 'why do you persecute me'?
- Why did Ananias ask Saul to become baptised?
- How was Saul transformed by the Holy Spirit?

Following his conversion on the road to Damascus Saul became known as Paul. Paul was a key figure in the beginning of the Church. Paul's letter to the Romans was written to prepare the way for a visit he planned to make to the Christians living in Rome. In his letter to the Romans Paul looks forward to going to Rome and meeting the Christians there. Paul discusses how Christians should live and how God's Spirit will help and strengthen them.

Read the letter from Paul. Discuss with the children what it means 'to be free or to be a slave'.

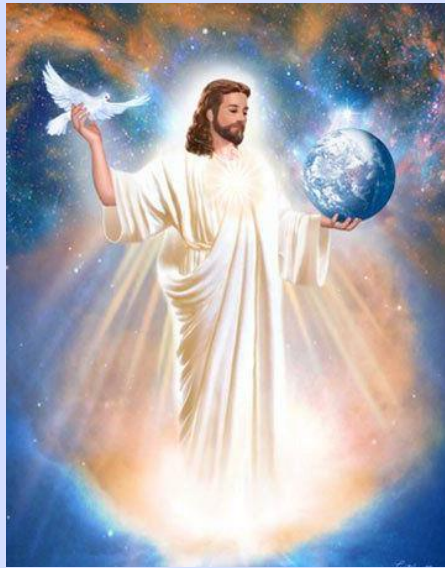
Those who are led by God's Spirit are God's children. For the Spirit that God has given you does not make you slaves and cause you to be afraid; instead, the Spirit makes you God's children, and by the Spirit's power we cry out to God, Father! My Father!

God's Spirit joins himself to our spirits to declare that we are God's children.

Since we are his children, we will possess the blessings he keeps for his people, and we will also possess with Christ what God has kept for him; for if we share Christ's suffering, we will also share his glory.



Based on Romans 8: 14-17
(Come and See)



Discussion Questions

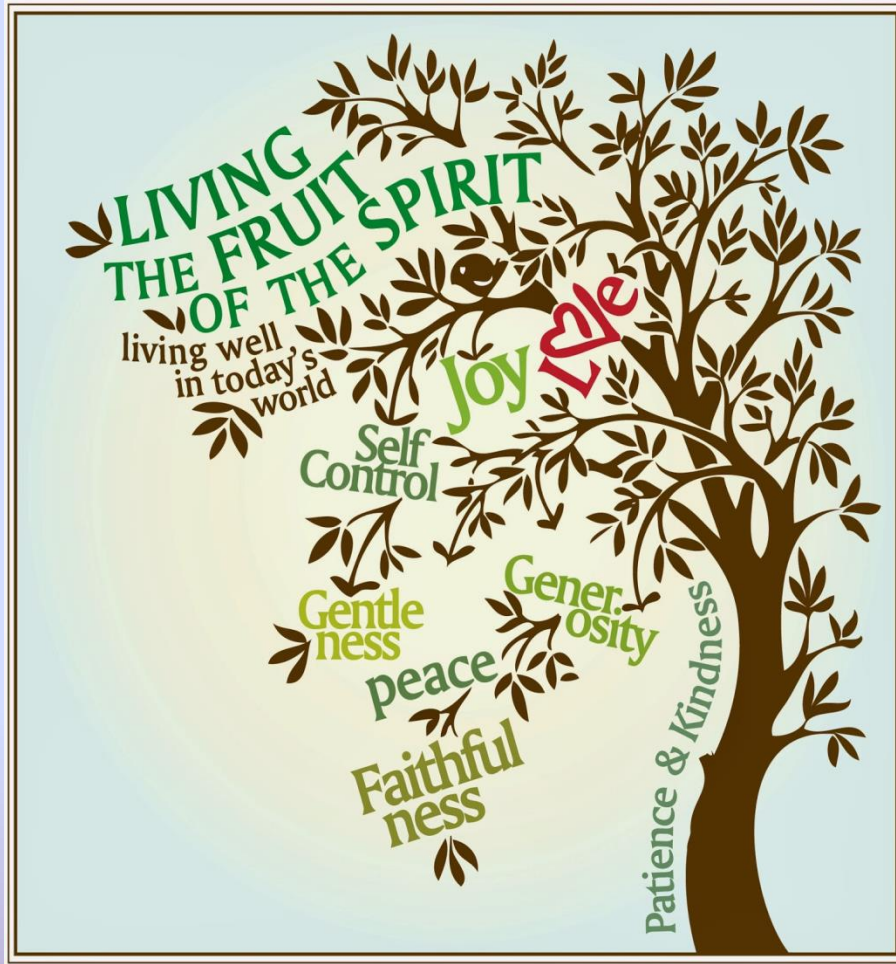
- What does Paul call the Christians of Rome?
- How would you feel if he called you this?
- What message of courage does Paul give to the Christians living in Rome?
- How do you think the Christians in Rome felt when they heard this letter?
- How do you think they felt about themselves when they read it?



Your Task:

Design your own motif for Pentecost (coming of the Holy Spirit), similar to those above, describing your design and include reasons such as: the meaning and symbolism of fire, the dove.

The fruits of the Holy Spirit



The first friends of Jesus used their new energy given through the Holy Spirit to spread the Good News of God's love for everyone. The effects of the coming of the Holy Spirit and the change and transformation the Spirit makes are called the 'Fruits of the Spirit', because it is what grows in your heart through the power of the Holy Spirit.

What I say is this:

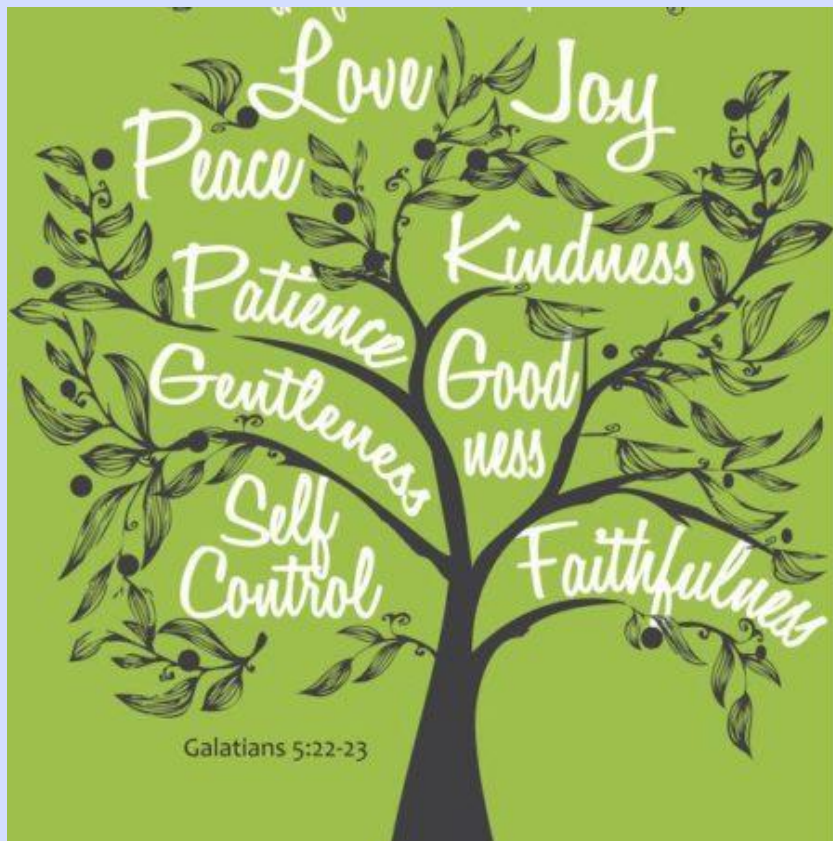
Let the Spirit direct your lives, your selfish self is the opposite of what the Holy Spirit wants.

**The Spirit produces
love,
joy,
peace,
patience,
kindness,
goodness,
faithfulness,
humility,
and self-control.**



**Based on Galatians 5: 16-17, 22-23
(Come and See)**

Discuss how the fruits of the Holy Spirit are shown and how they are lived out in everyday life.



Discussion Questions

- What does Paul tell us that the Holy Spirit gives to everyone?
- Which 'Fruit of the Spirit' do you think God has given to you?
- What 'Fruit of the Spirit' would you like to have and why?

Your Task:

Describe which 'Fruit of the Spirit' you would like to have and why. Explain how it would transform you and how you might use it to change and transform your world at home, in class, in school and in the neighbourhood.

Living transformed by the Holy Spirit



The Pentecost story continues in the Church today. Each year, Christians remember and celebrate the coming of the Holy Spirit on the first Pentecost day, which marks the beginning of the Church. Jesus Christ now lives in and acts through the Church.

The changing and transforming power of the Spirit is at work in *God's family*, who ask for the gifts of the Spirit. They pray that they will be changed and transformed by the energy and power it gives them so that they may bring the fruits which are peace, joy, love and forgiveness to others as witnesses of the love of *God*.

Discussion Questions

- How would you like the Spirit to help you bring about change in your daily life?
- How might the fruit of the Holy Spirit help to change and transform the world in which you live?
- In what ways might the Holy Spirit's power and inspiration be experienced in your local Church community?

Your Task:

Dream of a world changed and transformed by friends of Jesus. Create and annotate a picture or poem which illustrates what our world would be like showing how the power of the Holy Spirit has brought about the change and transformation.



Respond



Now that you have explored all the Scripture for this topic, spend some time recording the key things you want to remember.

Listen to some quiet music and spend time thinking about these questions:

*How can I transform my energy for the good of others?
How energy can transform?
How can we use the energy from the earth in a fair way?
How can I show peace, patience,
kindness or goodness to someone this week?*

With your family, take part in a worship, using the resources on the following slides to help you.

Pentecost; the celebration of the Spirit's transforming power'

Gather:

Set up a prayer focus, you could add any of the following items or choose your own:

Cross

(Paschal) Candle

Spring flowers/blossom

'Fruit' shapes with fruits of the Spirit written on them

Bible opened at Galatians 5:16-23

any work done on the topic



Let us begin our prayer time together with the sign of the Cross : **In the name of the Father ...** and by lighting our special Easter candle to remind us of the "good news" we are called to share through the power of the Holy Spirit... that Jesus is risen and shares his transforming life with us...

St Paul tells us that those who are led by God's Spirit are God's children. So gathering as God's children let us pray the prayer that Jesus taught us. **Our Father**

We have been thinking about the transforming power of wind, water, fire and the sun and how as people we might be transformed or changed.

The energy of sun, wind and water can be transformed and used as sources of renewable, clean and earth friendly energy. As human people we too have energy that can be transformed to good through using our minds, our time and our actions for the well being of others.

Pentecost; the celebration of the Spirit's transforming power'

Word:

Each year, Christians remember and celebrate the coming of the Holy Spirit on the first Pentecost day, which marks the beginning of the Church. At Pentecost, the first friends of Jesus used their new energy, given through the Holy Spirit, to spread the good news of God's love for everyone. The effects of the coming of the Holy Spirit and the change and transformation the Spirit makes are called the 'fruits of the Spirit', because it is what grows in your heart through the power of the Holy Spirit. This is what St Paul said about the fruits of the Spirit.

A Reading from St Paul's Letter to the Galatians

What I say is this: let the Spirit direct your lives, your selfish self is the opposite of what the Holy Spirit wants. The Spirit produces love, joy, peace, patience, kindness, goodness, faithfulness, humility, and self-control.

The Word of the Lord.

Thanks be to God



Pentecost; the celebration of the Spirit's transforming power'

Response:

The changing and transforming power of the Spirit is at work in God's family, who ask for the gifts of the Spirit. They pray that they will be changed and transformed by the energy and power it gives them so that they may bring the fruits which are peace, joy, love and forgiveness to others as witnesses of the love of God.

Which 'fruit of the Spirit' do you think God has given to you?
What 'fruit of the Spirit' would you like to have and why?

Pray in silence for a moment to ask the Spirit to give you the 'fruit' you need to live a better life.....

Let us pray a prayer to the Holy Spirit:

Come, Holy Spirit, fill the hearts of your faithful.
And kindle in them the fire of your love.
Send forth your Spirit and they shall be created.
And you will renew the face of the earth.
Let us pray



O God, who by the light of the Holy Spirit, did instruct the hearts of your faithful, grant that by that same Holy Spirit,
we may be truly wise, and ever rejoice in your consolation, Through Christ our Lord. Amen.

Pentecost; the celebration of the Spirit's transforming power'

Mission:

Let us pause for a moment and ask yourself how you can use the 'fruit' of the Spirit you asked for to help you make home, school and your neighbourhood a better place ?

Final Prayer

We give praise to God as we say together:

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end.
Amen.

You could end by singing the hymn, "Sing it in the Valleys" together.

<https://www.youtube.com/watch?v=6bbmYOccWnk>

