

# Islam

Prayer



# Important vocabulary

- Muslim- people who follow the Islam religion are called Muslims
- Qur'an- the special book of Islam
- Mosque- the Islam place of worship
- Allah- the Islam god
- Makkah- the holy city for Muslims

# Muslim Prayer

Muslims learn to pray at home with their family. The family is very important to Muslims. Parents believe it is their duty to teach their children about Islam and how to pray to Allah, the name they give God.

Prayer is the most important part of a Muslim's day, they pray five times every day: early morning, midday, afternoon, after sunset, and nightfall. Muslims can pray anywhere that is clean and quiet.

- Watch the video clip to show how Muslims prepare to pray.

<https://www.bbc.co.uk/bitesize/clips/zfhyr82>



Before they pray they take off their shoes, cover their heads, wash, that is called wudu, and roll out their prayer mat to face Makkah the holy city for Muslims. Many Muslims carry a special compass with them which helps them find the direction of Makkah.

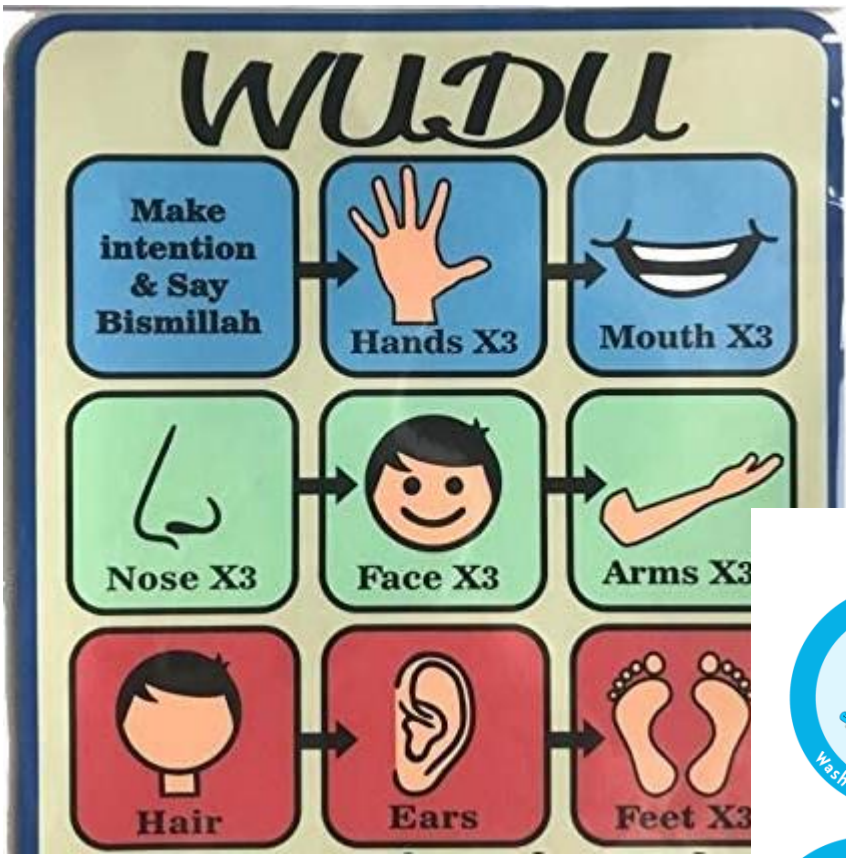
### Questions:

- How do Muslims prepare for prayer?
- Why do you think Muslims pray five times a day?
- What signs of respect do Muslims show when they pray?



### Task

Create a poster to show how Muslims prepare to pray. Draw a picture for each step of wudu and label it to say what is happening. Look at the examples on the next page to help you.



### Let's Make WUDU with Ali

**1**

  
*Say Bismillah and wash your hands 3 times*

**2**

  
*Wash your mouth 3 times*

**3**

  
*Wash your nose 3 times*

**4**

  
*Wash your face 3 times*

**5**

  
*Wash your hands up to the elbows 3 times*

**6**

  
*Wipe your head*

**7**

  
*Wash your ears*

**8**

  
*Wash your feet 3 times*



# The Muslim Home/ Muslim Life

Watch the video below, read the information on the following slides and carry out your own research to find out what life is like as a Muslim.

<https://www.bbc.co.uk/bitesize/clips/zvd4d2p>

## Task

Discuss the differences and similarities to your life as you go through.

In the Muslim family the wellbeing of the family is the responsibility of the mother. Her work is in the home and it is considered to be as important as the father's whose responsibility it is to provide the family with an income and to protect the members of the family. Muslim children are expected to show respect to their parents and to look after them when they get old.







If the child goes to a Muslim school then they will learn the Qur'an there, if not they will learn it in special classes at the mosque. They are expected to work hard in school and to spend time with their families.



Muslims have several rules about clothes, they must dress modestly, and women must cover their hair. Different kinds of Muslims have different rules about dress.

#### Niqab

A veil covering the head and face, but not the eyes, usually worn with a loose black garment (abaya) that covers from head to feet.



#### Hijab

A general term meaning 'to cover' or 'veil', most commonly refers to a headscarf that covers the hair and neck, but not the face.



#### Burka

A veil that covers the entire body and face, with a mesh window or grille across the eyes for a woman to see out of.



#### Chador

A full-length cloak worn by many Iranian women, typically held closed at the front by the wearer's hands or under their arms.



#### Dupatta

A long scarf loosely draped across the head and shoulders, common in south Asia and often paired with matching garments.



Muslims have strict rules about the food they eat, especially meat. They do not eat anything that is from a pig. Pork, bacon and sausages are not allowed. Any meat that they do eat has to be prepared in a special way. This is called halal. Muslims wash and pray before meals. The eldest person present always eats first. Drinking alcohol is strictly forbidden.



## Questions

- What do you notice is special about Muslim home life?
- How do you think Muslim children respect their parents?
- What shows you that family life is important for Muslims?