

Year 2 Wellbeing Week - Astronaut Training

Daily Astronaut Schedule:

9 - 9:20 - Daily Phonics Activity or video

9:20 - 9:50 - Astronaut Fitness Training

10 - 10:30 - **LIVE** Collective Worship and check in with Miss Cole

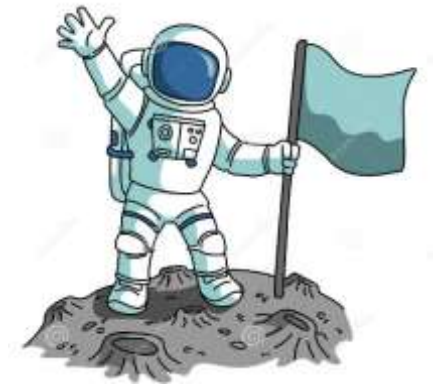
10:30 - 12 - Space Project - daily mission with a range of activities.



1 - 1:30 - Wellbeing activity - daily quiet time

1:30 - 1:45 - Daily Reading Activity

1:45 - 2:15 - Afternoon activity

2:30 - 3 - **LIVE** Story time with Miss Cole and check in



	Astronaut Fitness	Space Project	Wellbeing Quiet Time	Reading Activity	Afternoon activity
Monday	Enjoy a walk in the fresh air!	Space Snacks Space Art Paper Challenge  Airplane	Listen to an audio book whilst drawing, crafting or just enjoying the story 😊	Alien Word Hunt 	Enjoy the fresh air, do some baking, spend time with family 😊
Tuesday	Joe Wicks YouTube workout	Neil Armstrong Research project 	Listen to an audio book whilst drawing, crafting or just enjoying the story 😊	60 Second Space Reads 	RE lesson - the books the parish use during Mass.
Wednesday	Enjoy a walk in the fresh air!	Science investigation - absorbency 	Listen to an audio book whilst drawing, crafting or just enjoying the story 😊	Alien Word Hunt 	RE lesson - end of topic respond.
Thursday	Joe Wicks YouTube workout	Art - explore the work of Bridget Riley and design a planet. STEM Space Lander Challenge	Listen to an audio book whilst drawing, crafting or just enjoying the story 😊	60 Second Space Reads 	Maths lesson - Recognising coins and notes.
Friday	Joe Wicks YouTube workout	Space Poetry Maths Challenges RSPB Bird Watch 	Listen to an audio book whilst drawing, crafting or just enjoying the story 😊	60 Second Space Reads 	Maths Lesson - Counting pence