

Use the internet (remember to be safe!) or find a picture in a magazine or at home of someone you look up to or admire.

What are the qualities you like in this person?

Is it something they were born with, something they developed or both?

**Task:**

Write about the person you chose as your role model. Try to include the answers to these questions:

- Who is your person?
- What do they do?
- What are the qualities you like in them?
- Which of these qualities do you have?

**CAFOD**  
Just one world

## Eric's Story



Download the PowerPoint of Eric's Story from the school website, read through it then consider these questions:

- How is Eric similar to you?
- How is he different from you?
- Is Eric extraordinary in any way?
- Why do you think Eric helps his family?
- What do you think makes someone extraordinary?

In the last lesson, you heard about Eric and the kindness he shows his family. He is part of the worldwide community we all belong to.

Christians, whether they are living on earth or in heaven, belong to what is called the Communion of Saints. Communion means to belong together and saints are those who follow God's way. They show us something about God. They may be kind, generous, loving, faithful, forgiving and caring.

## THE COMMUNION OF SAINTS

'Communion of Saints' is the collective name given to all members of the Church community whether living or dead. Some members of the Church family are named as martyrs or saints.

Saints are people who have lived in God's way. They show us what God is like – loving, faithful, forgiving, caring for others and God's world.

Some people are 'canonised' which means that the Church recognises and names them as Saints, but everyone who has died and has gone home to God is a saint known only to God.



Collection of icons. In the Orthodox church an icon is seen as a 'window to heaven'. A saint can be a 'window' showing what it means to live God's way.

In the first letter of Saint John, he offers some ideas about how we can all become a bit more like God, a saint.

We are all called to be saints and there are some people who are given the special title of saint because of the life they have led.

Which saints do you know about?

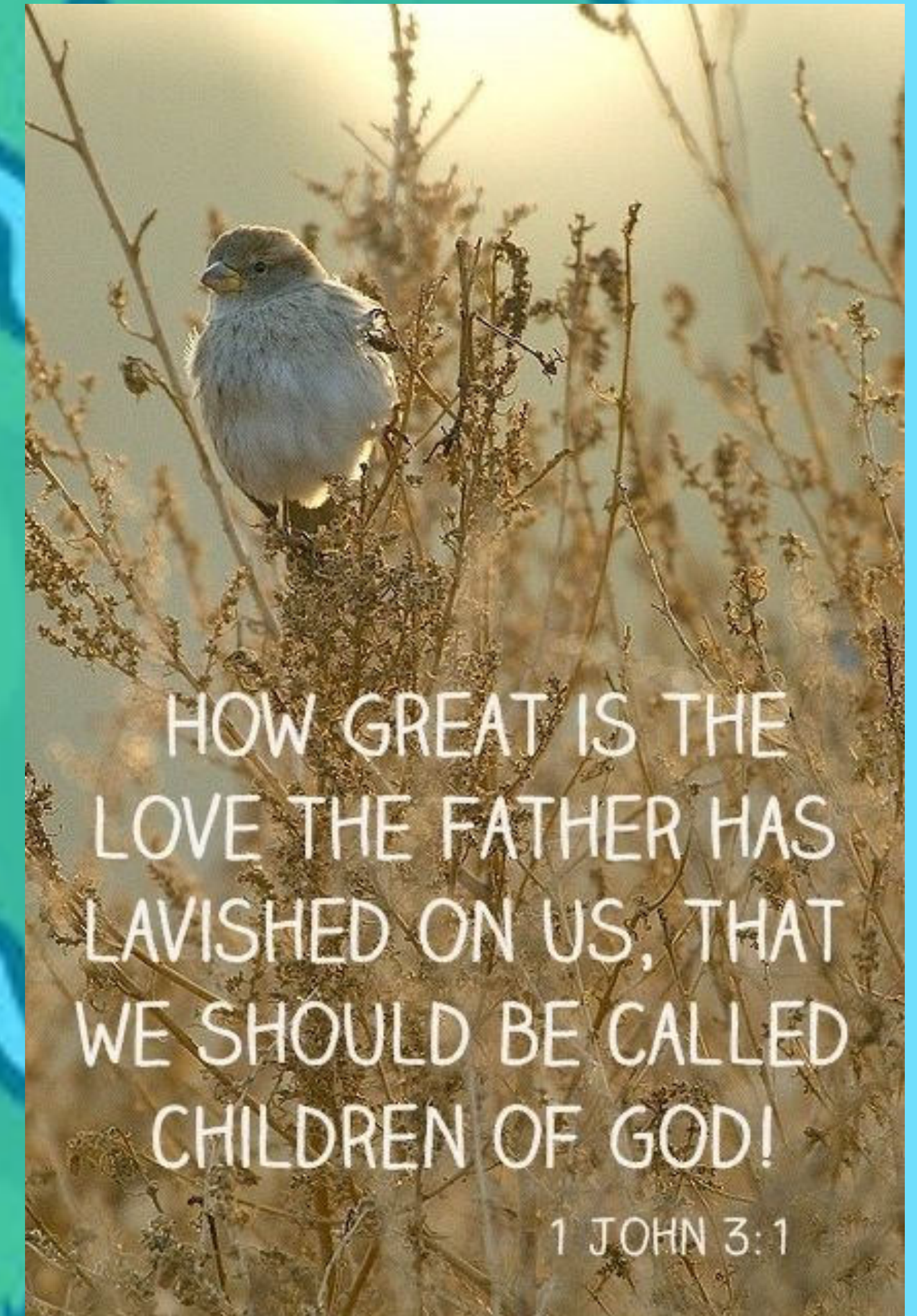
### Task:

Research a saint you have heard of. Use IT or create a poster by hand. Try to include key details about their lives and beliefs, as well as how they were a saint.

## FROM THE FIRST LETTER OF JOHN

(based on 1 John 3:1-3)

Just think about what great love God the Father has for us – God calls us his children. And that is what we are! My dear friends, we are already God's children. And we know that when we see God, we will be like God. We will see God as God really is. Because we know this, we try to be loving and kind, as God is. Because we are close to God, we keep away from all that is wrong.



Download the PowerPoint from the school website of Pope Benedict XVI's Big Assembly.

Read the PowerPoint and discuss these questions with an adult:

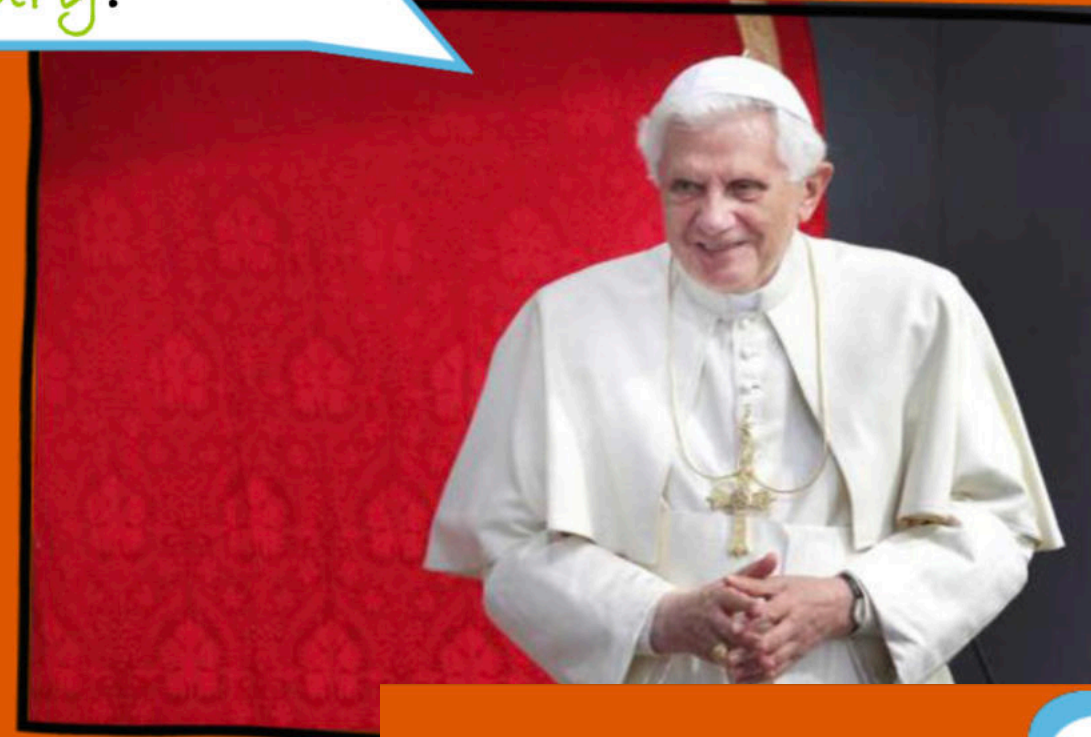
- Does anything surprise you?
- What do you like about it?
- What are the qualities you see in others that you would most like to have yourself?
- What kind of person would you really like to be?
- How did Sorcha use money for a good purpose?
- How can you become holy, as the Pope suggests you can?

**Task:**

Create a collage, poster or write a guide about "Living a Saintly life." You could include pictures, drawings, poems, prayers, information about recent events, etc.

## Future Saints

I hope that among those of you listening to me today are future saints of the twenty-first century.



## Big questions

My question for you is this:  
What are the qualities you see in others that you would most like to have yourselves?  
What kind of person would you really like to be?

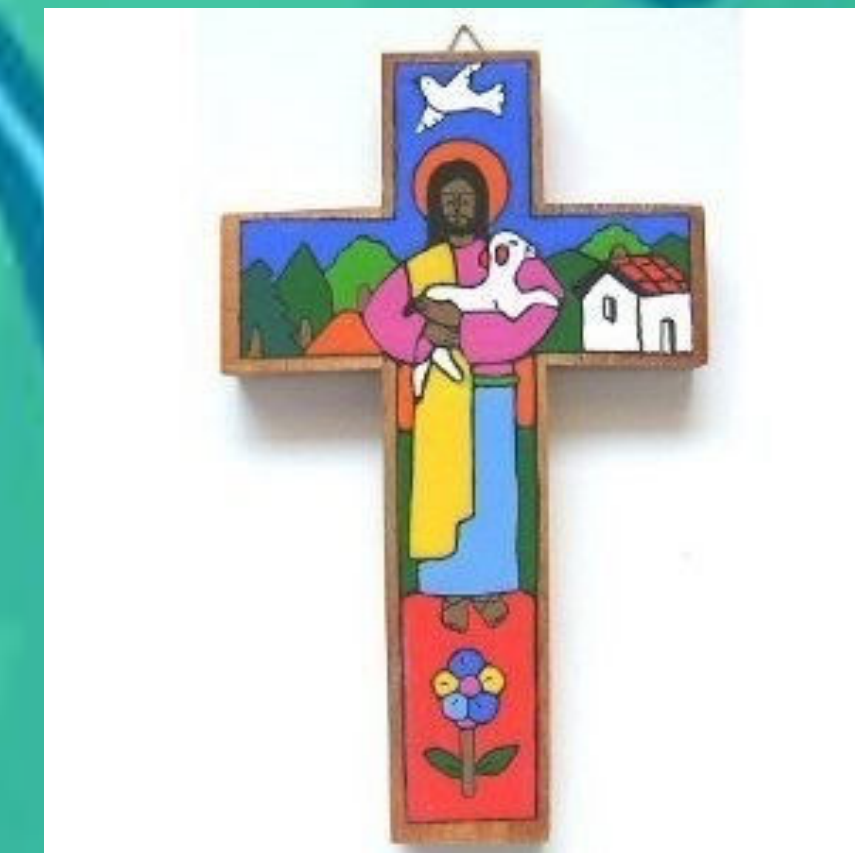
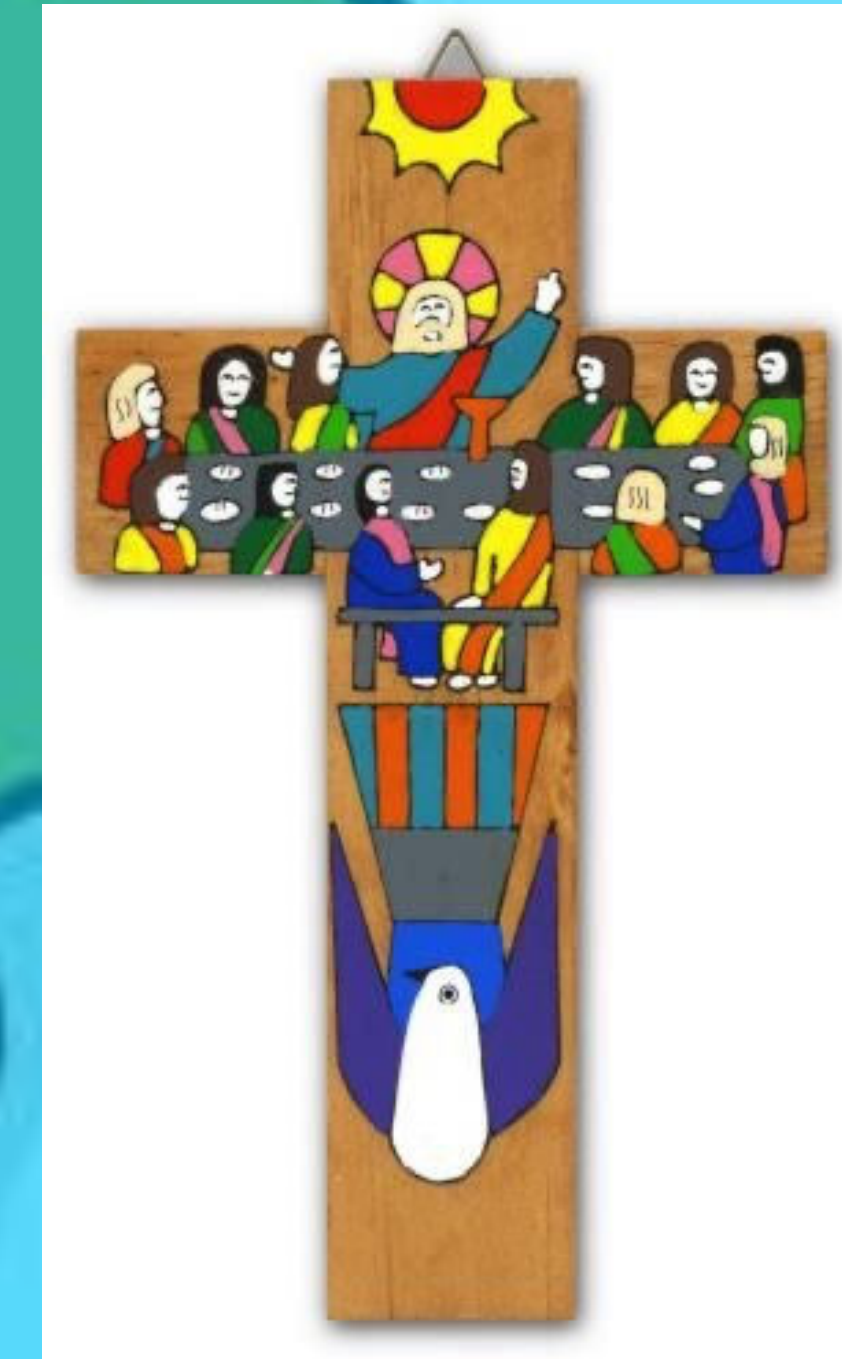
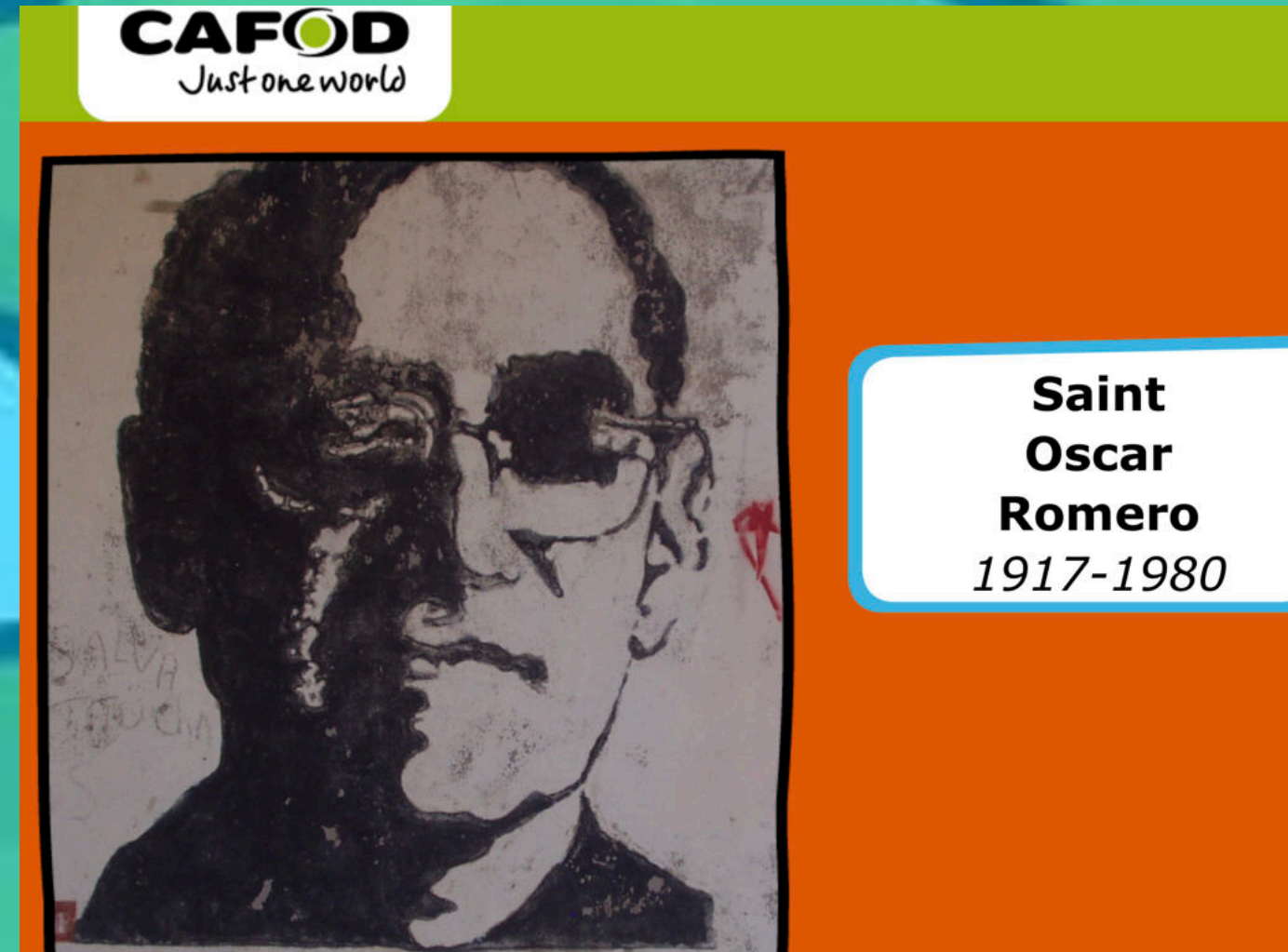


Where is El Salvador? Can you find it on a map?

Today, you are going to find out about Oscar Romero, who was a martyr. Martyrs are people who dies for what they believe.

Download the PowerPoint about Oscar Romero from the school website and then discuss the following questions with an adult:

- What made Oscar Romero extraordinary?
- Why do we call Oscar Romero a martyr?
- Why does CAFOD look to Oscar Romero as an example?
- How does Romero's story help to show us what God is like?



**Task:**

Design a cross to celebrate Saint Oscar Romero's life. Try to include the things you liked most about him and make it colourful!

### Nitu's story

Download and read through the PowerPoint from the school website about Nitu, then read the scripture on and discuss the questions.

If you look at a box of chocolates, although each one looks and tastes different, they all contribute to the whole package - just as we all have a place in this world and we rely on one another.

- What impressed you the most about Nitu?
- How does she show what God is like?
- What do you think keeps her cheerful?
- Paul says we are all different. How might people be different from one another?
- Why is it good to be different?
- How can you live your daily life really well?

### FROM PAUL'S LETTER TO THE COLOSSIANS

(based on Colossians 3:10-11)

**Y**ou are created by God to be like God.  
You are God's people, his saints. He loves you.  
You are all different.  
You come from different places,  
speak in different ways, have different customs.  
But the important thing is that you are God's children.  
So love one another, help one another,  
be at peace with one another.  
And let the love of Jesus fill your hearts and minds.



There are many different gifts. There are all sorts of things to be done for others. God gives us each different gifts. Some are wise; some can explain things well; some can make people better; some can make people happy. It's like your body. Different parts have a different job to do. Each part is different and important. Your body needs all the parts to work together. You need a head to think, eyes to see, hands to hold, feet to walk, ears to hear. If your whole body was just an eye, how would you hear anything? If your whole body was just an ear, how would you smell anything? Each part is put there by God for a special purpose. Just as each gift is given to us by God for us to use, we need one another so that everything that needs to be done is done. (1 Corinthians 12:4-30, adapted)

### Task:

Share your gifts through a medium of your choice. You could create a piece of art, write, dance, sing, make music. Remember to take a photograph and share on Class Dojo!

Spend some time reading about Saint Teresa and finding out about her life.

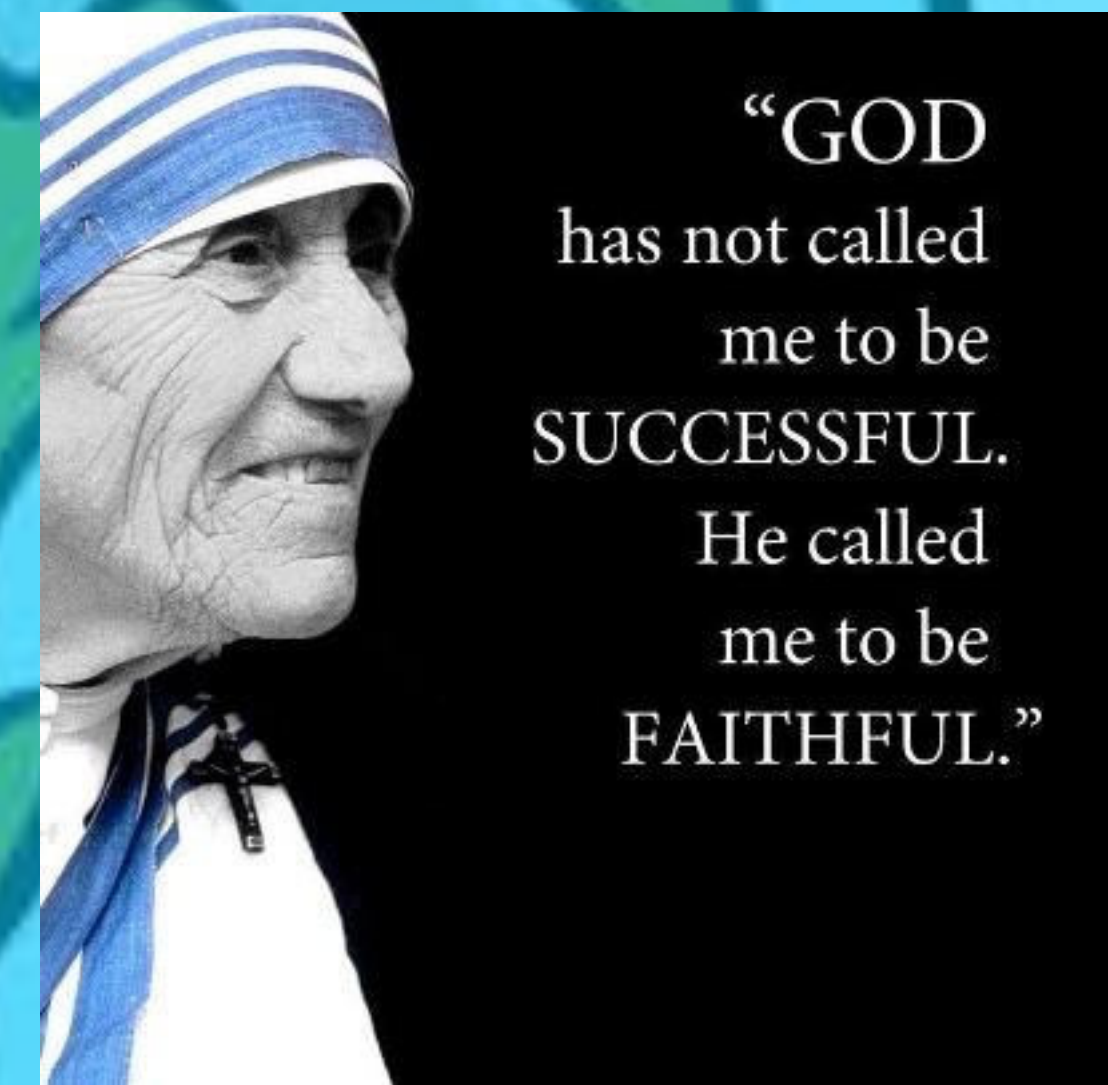
You could use this website as a starting point:

<https://www.bbc.co.uk/newsround/50075153>

Think about what she did and how strong her faith was.

What qualities did she have?

How could you show these qualities in your life?



**Task:**

Imagine you could ask Saint Teresa questions about her life, beliefs and why she acted as she did. Write down the questions you would ask her. Write a prayer to Saint Teresa, asking her for help to show the qualities she had.

Spend some time finding out about the life of Dr Martin Luther King.

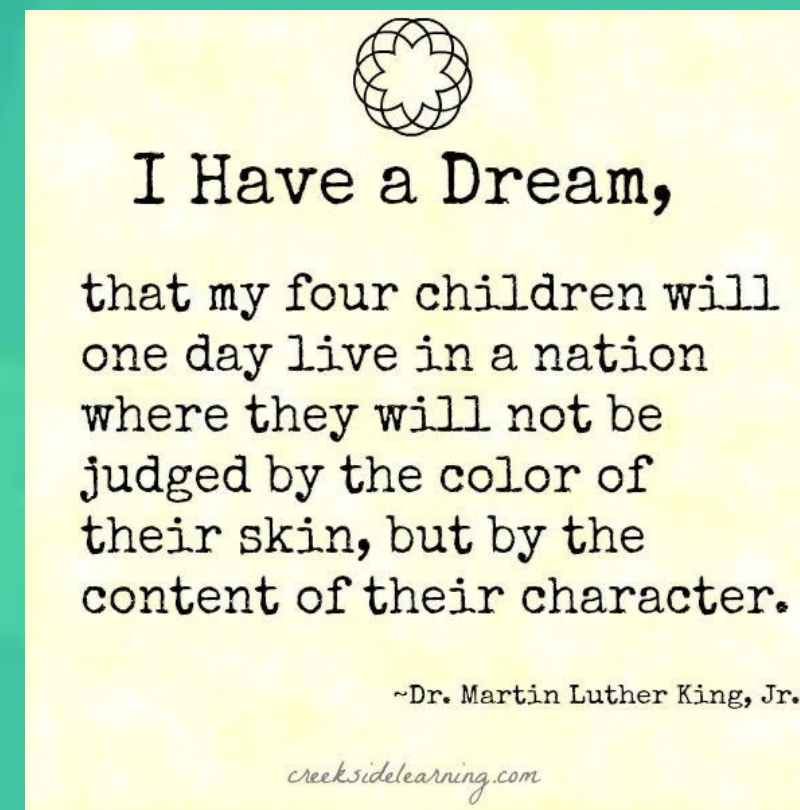
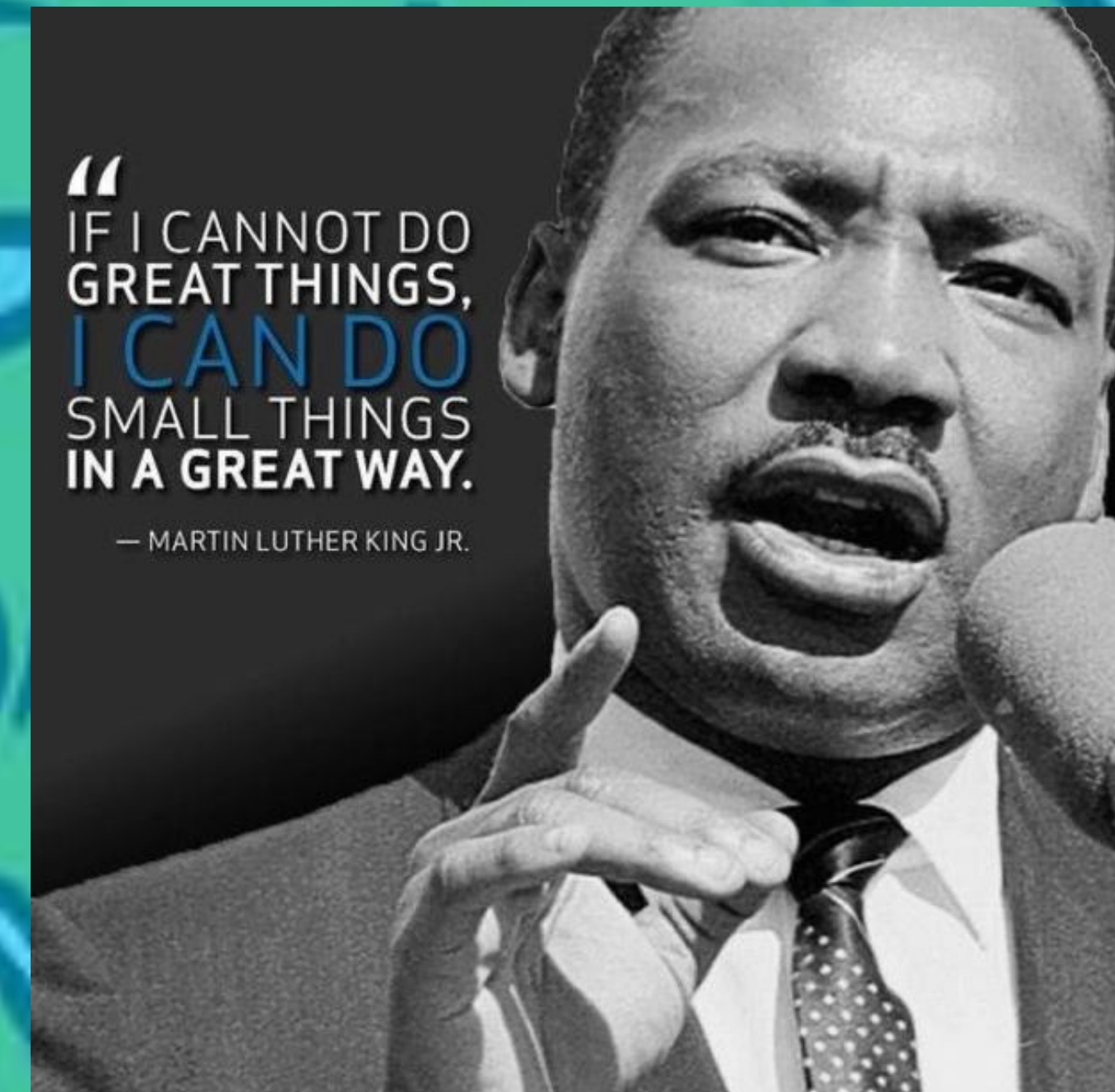
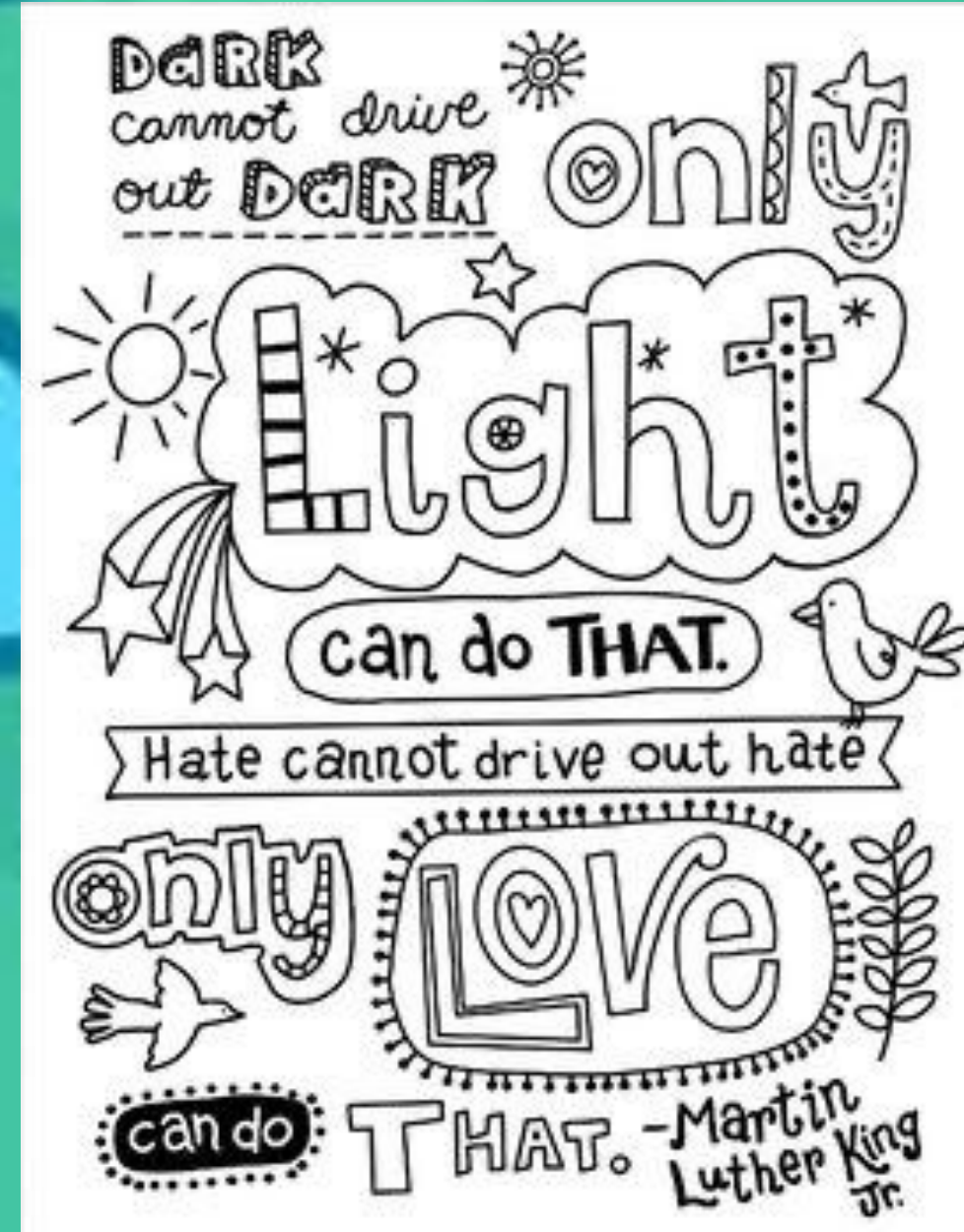
You could start here: <https://www.bbc.co.uk/bitesize/articles/zhry382>

His work was very successful because it was based on how the friends of Jesus would act. Like Jesus, he told people to love their enemies. Martin's message to those who hated him and made him suffer was that no matter what they did to him he would continue to love them.

When he was shot dead, thousands of people went to his funeral and remembered how Martin showed the power of Jesus' love in his life and actions.

How could Martin Luther King's example help you?

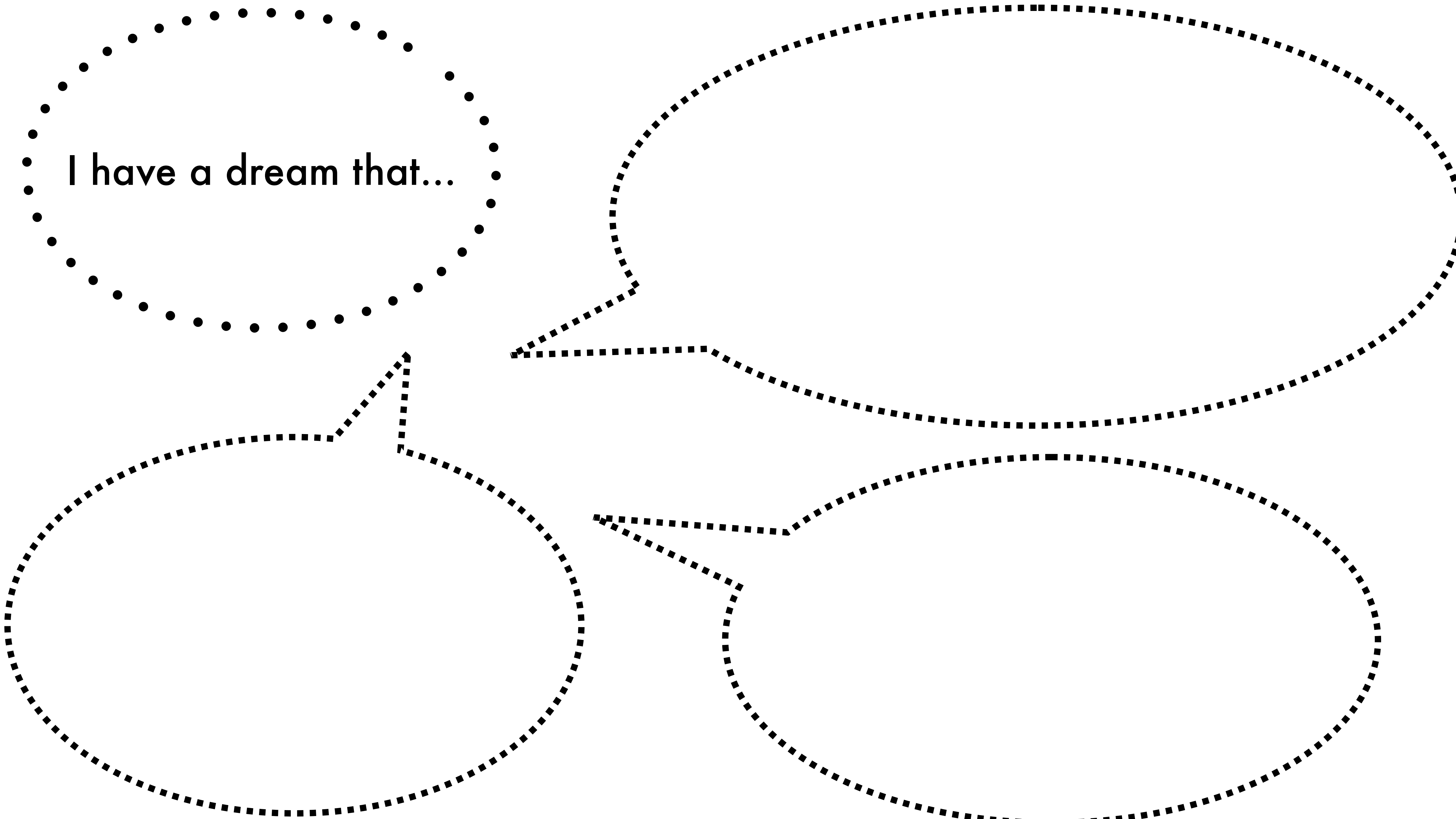
How could you include others and make them feel wanted?



**Task:**

Record in the thought bubbles template on the next slide your dreams for the world, in the style of Martin Luther King's famous speech.

I have a dream that...





In this topic, we have found out about a range of people who have done extraordinary things.

To finish this topic, spend time worshipping together as a family. You could use the Reading from Colossians on this slide to share and discuss together.

Write a prayer to ask God to help you live your life in an extraordinary way and pray it with your family.

Then complete the star on the next slide and display it in your home.

(based on Colossians 3:10-11)

**Y**ou are created by God to be like God.  
You are God's people, his saints. He loves you.  
You are all different.  
You come from different places,  
speak in different ways, have different customs.  
But the important thing is that you are God's children.  
So love one another, help one another,  
be at peace with one another.  
And let the love of Jesus fill your hearts and minds.

Happiness is only real  
when shared



IF YOU *see* SOMEONE  
WITHOUT *a smile*  
*give* THEM  
ONE OF *yours!*

A TEACHABLE TEACHER

-DOLLY PARTON

"We rise  
by lifting  
others."

-Robert Ingersoll

I will bring happiness to  
others this week  
by...

