

TIME, MONEY & MEASURES

YEAR 4 SUMMER TERM 1

WEEK 2 — WEIGHT & CAPACITY

WEIGHT & CAPACITY

We use different units of measure for different purposes in Maths.

Length

Millimetres (mm)

Centimetres (cm)

Metres (m)

Kilometres (km)

Weight

Grams (g)

Kilograms (kg)

Capacity

Millilitres (ml)

Litres (l)

We have already looked at length measures in Year 4, so this week we will spend more time looking at weight and capacity.

WEIGHT &
CAPACITY

Task 1 - How many different foods in your kitchen can you find that are measured in grams or kilograms?

Remember to ask an adult
before you explore the
cupboards!

WEIGHT & CAPACITY

Did you find any of these items in your cupboards?

Remember to ask an adult before you explore the cupboards!



Task 2: Can you put your items in order, smallest to largest using their weight in grams?

Which weighs the most?

Which weighs the least?

Create a poster with your findings!

WEIGHT &
CAPACITY

Task 3 - How many different foods in your kitchen can you find that are measured in millilitres or litres?

Remember to ask an adult
before you explore the
cupboards!

WEIGHT & CAPACITY

Did you find any of these items in your cupboards?



Remember to ask an adult before you explore the cupboards!

Task 4: Can you put your items in order, smallest to largest using their capacity in millilitres?

Which has the largest capacity? Which has the least?

Create a poster with your findings!

WEIGHT & CAPACITY

What equipment do we use to measure weight and capacity?



We can use scales to measure how much something weighs. In a kitchen, these are some common types you might see.



We usually use a jug with markings on the side for measuring capacity in a kitchen.

WEIGHT & CAPACITY

Task 5: With the help of an adult, use your knowledge of measures for weight and capacity to bake something using a recipe!

You can find recipes online at the following sites:

<https://www.nhs.uk/change4life/recipes>

<https://www.bbcgoodfood.com/recipes/collection/healthy-kids>

Remember to ask an adult for help when choosing a recipe and in the kitchen!

Don't forget to take photos of your creations and send them to us using Class Dojo!