

**Literacy**

Read **Supertato** by Sue Hendra & Paul Linnet

You can listen to the story here: <https://www.youtube.com/watch?v=QJaMeNmTG6c>

Draw a picture of or your favourite superhero. Can you try to write their name?

**Initial sounds challenge** – Can you find an object in your house for every letter in the alphabet? Can you fit them all on a dinner plate?



**Fine Motor Skills**



**Physical Development**

How many star jumps can you do in 30 seconds?

**Being a superhero is hard work! Can you:**

Tiptoe really slowly around your house without anyone seeing you?

Stomp like the Hulk?

Fly like Superman?

Karate chop like a ninja?

Can you walk on all fours like the Paw Patrol pups?

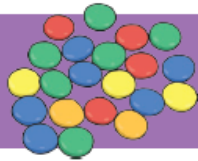
Superheroes often have great hand-eye coordination. They can spot danger and also see people who need help or support. To help you improve your hand-eye coordination, try throwing bean bags into a hoop. This game is best done in the garden where you have lots of space. If you don't have hoops and bean bags, you can use any sort of container or target (a bucket or a sheet of card) and a soft object (ball or a piece of playdough).

Try joining in with the Superman song!

<https://www.youtube.com/watch?v=83aUaYQF4NM>

## Cola Super Fountain

Science Experiment



### Method

1. Before you carry out the experiment, you may wish to add a cape and a superhero outfit to the bottle of diet cola.
2. Carry out this experiment outside, with the children at least 3m away from the experiment. It's messy!
3. Remove the lid of the bottle and quickly add the mints. Stand back!
4. The cola will shoot out of the bottle in a fountain.

### You will need:

2l bottle diet cola  
Mentos mint sweets  
A superhero cape and face for the bottle (optional)



## Flying Superheroes

Science Experiment



### You will need:

Balloons  
Black permanent marker  
Coloured tissue paper  
Sticky tape

### Method

1. Draw a face on the balloons with permanent marker.
2. Blow up the balloons but do not tie them off. Keep the opening closed with your hand.
3. Using the sticky tape, attach some tissue to the slimmer end of the balloon to make a cape.
4. Let go of the balloon and watch it whizz around the room.



MathsSorting Socks

Set up a long washing line with pegs and a washing basket of different size socks, so children can find pairs and peg them up. For this activity the focus is on size and length, rather than colour or pattern, providing opportunities for comparing and ordering. Include some odd socks.

*-Tell me about the socks you've found/sorted out/put on the line already. Why do you think those aren't a pair? Where do you think these ones should go? Have we got room for any more? Have we got enough pegs? Why/why not?*

Making Shapes

Go into your garden or a park near your house and collect some sticks, pebbles and leaves. See what 2D shapes you can make using them. Which shapes are easiest to make using the sticks? Which objects are best for making a circle?

Practical Subtraction Activities

Make some playdough with a grown-up. Roll 8 balls of playdough. Use your hand to squash 1 of the balls of dough. How many balls are left?

Play a subtraction game while you have a snack. Count out five pieces of fruit on to a plate. Then, eat one of the pieces of fruit. How many are left? If your grown-up eats one piece of fruit, how many would be left?

Use 6 toy cars to play a subtraction game. Move the toys into a line on the carpet road. Then, put 1 of the toys into a cardboard box car park. How many cars are left on the road? Can you tell a grown-up about the number of cars there are? Can you use the words 'away' and 'left'?

Use up to 10 building bricks to build a tower. How many bricks are in your tower? Take 2 of the bricks away. How many bricks are left? Can you tell a grown-up what you did?

Measuring with Lego

Use Lego to measure some of your toys. How many bricks high are they? Can you make a tower of 10 bricks? How tall can you make a tower before it falls over? Count each brick as you add it on.

One More/Less

Place some small toys in front of your child and ask them to tell you how many they have. Can they count out a group of toys that is one more/less?



Make a vehicle for a superhero using junk modelling materials. What special features does it have?



Design a superhero mask.

You can find lots of resources on our website to support these activities.



Lots of superheroes can fly. Can you create a superhero jet pack?



Design a new superhero. What special powers would they have? You could draw, paint or create a model of your superhero.