



## Read

Visit this YouTube address or scan the QR code to listen to this lovely story.

**The Colour Monster by Anna Llenas:**

<https://www.youtube.com/watch?v=Ih0iu80u04Y>

## Chat

Chat about the monsters feeling throughout the story. What feelings do the colours represent?

Look carefully at the pictures and how the colour is used.

See if you can answer the questions at the end.

### IDEAS

- Chat with your child about their feelings. What makes them feel angry, happy, sad or calm?
- Chat about your feelings, things that make you happy, sad, angry or calm.
- Chat about other feeling that you can experience, like pride or nervous.

## Play

- Experiment painting with different colours to show a feeling. Make an angry painting or a calm painting.
- Collect colourful things around the home. Sort them into groups of the same colours. Notice the different shades of colours. Can your child name the colours?
- Enjoy this colour song <https://www.youtube.com/watch?v=k-2X98IsdNY>
- Follow this link to make feelings lollypops.  
<https://realfood.tesco.com/step-by-step/how-to-make-rainbow-ice-lollies.html>