



# Celebrating



# World Oral Health Day



## in Haringey



20<sup>th</sup> March 2024

**“Be proud of your mouth. Take care of it and keep smiling.”**

We are celebrating World Oral Health Day in Haringey on 20<sup>th</sup> March 2024. Good oral health is important for your overall physical and emotional wellbeing throughout life. You and your family should **brush your teeth twice a day, cut down on sugar, and have regular dental check-ups.**

Come and meet our friendly Oral Health Promotion Team, at the locations below:

**Alexandra Primary School, N22 6UH**

**18<sup>th</sup> March, 08:30-13:30**

**Wood Green Library, N22 6XD**

**18<sup>th</sup> March, 12:00-15:30**

**Rising Green Youth Centre, N22 6JA**

**18<sup>th</sup> March, 16:30-20:00**

**Rowland Hill Children Centre, N17 7LT**

**20<sup>th</sup> March, 09:30-12:00**

**Tynemouth Road Health Centre, N15 4RH**

**21<sup>st</sup> March, 09:30-14:30**

**Tottenham Sport Centre, N17 8AD**

**4<sup>th</sup> April, 09:00-14:00**

*(Community Market)*

For more info, visit  
[haringey.gov.uk/oralhealth](https://haringey.gov.uk/oralhealth)



How to find a  
dentist, visit

