**Home Learning Timetable**

|  |  |  |  |
| --- | --- | --- | --- |
| **Before 9 am** | Wake up- | ‘ | * Get yourself breakfast * Make your bed * Get dressed |
| **9:00** | PE with Joe Wicks |  | <https://www.thebodycoach.com/blog/pe-with-joe-1254.html>  YouTube- Body Coach |
| **9:15** | Reading Time  (30 mins) |  |  |
| **9:45** | Academic Time-   * Set online studies * Packs from school |  | No Electronics- except for online learning! |
| **10:45** | Break- Fresh Air!  <https://www.gonoodle.com/>  <https://www.heartfulness.uk/primaryschools/>  <https://www.cosmickids.com/> (Yoga)  Just Dance (You Tube) |  | * Walk * Star Jumps * Yoga * Time in garden? |
| **11:30** | Academic Time-   * Set online studies * Packs from school |  | No Electronics- except for online learning!  Daily Times Tables?  Daily Spelling/Spag? (spelling and grammar) |
| **12:30** | Lunch |  |  |
| **1:30** | Project work?  Creative Writing? Writing task? |  |  |
| **2:00- 3:00** | Creative Time- |  | Lego, drawing, painting, cooking, crafts, music  Board Games |
| **3:00** | Chore Time |  | Wipe door handles, light switches, Clean out car, do recycling etc … |