



*in God's hands*

## ST. IGNATIUS CATHOLIC PRIMARY SCHOOL

Headteacher: Mr. C.J. Bonner

13<sup>th</sup> May 2021

### Walk to School Week- 17<sup>th</sup>- 21<sup>st</sup> May 2021

#### **What is 'Walk to School Week'?**

Next week our school will be taking part in 'Walk to School Week'. It is a nation- wide campaign to get more children walking to school. We will be encouraging the children to walk to school instead of travelling by car or public transport. Walking to school is an ideal way of spending time with your child, saving money and doing your bit for the environment.

#### **What is the theme this year?**

This year's theme and activity is: Five day walking challenge 2021: Walking Superpowers. This year's challenge will focus on the walking superpowers that benefit the individuals, communities and the planet.

Each day pupils will be introduced to a brand new 'Walking Superpower' taking the form of a fun **comic-inspired design**.



#### **Why are we encouraging children to walk to school?**

Walking has so many benefits from physical to mental wellbeing; aiding concentration and creativity and creating safer, less polluted and more welcoming streets. All that makes for a happy healthy child set up for success in and out of the classroom.

#### **How can you and your child take part?**

If you usually walk to school, then carry on doing exactly that and your child will get their daily sticker! If you don't usually walk, it couldn't be easier to give it a go. Perhaps you can just walk to school on one day during the week. If you live too far away from school, or you need the car for work, parking a five minute walk away will reduce the congestion just outside school. You'll still get the health benefits and help improve your child's road sense. By taking part you will be joining thousands of other children and their families across the country. **Please see attached map with 5 and 10 minute walking zones for St Ignatius and some other ways to support Walk to School Week. We have been working very hard with Haringey Smarter Travel to think of ways to make our journeys safe and good for us and the environment.**

#### **What will we be doing in school?**

We will be having a whole school assembly explaining the benefits of walking to school. The children will also be taking part in activities in class. We hope that as many of you as possible will walk to school next week so your family can enjoy the benefits of walking to school.

Yours Sincerely,

Miss Taylor

Assistant Head Teacher