



Cross the River

PE Home Learning



Can you keep trying and work out a method for successfully crossing the river?

Time to Learn:

- Agree a start point (one side of a big river) and a finish point (the opposite side of the river).
- Using two objects (cushions, pillows, or other flat objects) can you cross the river without touching the floor?
- You are only allowed two objects to cross the river with.
- Can you complete the challenge and cross the river with out touching the floor!



Start with a smaller river to cross. Once you feel confident, increase the size of your river to cross.



Place obstacles in the river to move around. You must not touch them when crossing the river!



Place treasure in the river (toys). Each piece of treasure is worth one point. How many points can you score?

Top Tips

Place the Pillows

- Place the pillows down on the floor. If you throw them you may over stretch and fall in.



Let's Reflect

What was the best method for crossing the river?
How did you feel when you crossed successfully?