



## ST JAMES CATHOLIC PRIMARY SCHOOL, HEBBURN

16<sup>th</sup> March 2026

Dear Parents and Carers,

### **NFL Flags for Schools**

Your child has been chosen to take part in the NFL Flags for Schools competition which is organised by South Tyneside Sports Network. They will be competing in teams against schools from all over South Tyneside.

NFL Flag is a fast, non-contact version of American Football where players remove a flag instead of tackling. It's easy to learn, safe, and inclusive for all abilities, genders, and body types. The game builds teamwork, communication, and strategy while keeping everyone active and engaged.

The event will take place on Wednesday 1<sup>st</sup> April at Whitburn CofE Academy. The children will leave school at 9:30am and travel to and from the venue with members of St James staff. We will be back in time for normal end of day arrangements.

Your child should come to school in their school PE kit, with school joggers and a hoodie over the top. As this is an all-day event, the children need to bring a packed lunch with them along with a water bottle. Please ensure that your child has a waterproof coat so that we are prepared for any weather eventuality.

If your child is in receipt of means tested free school meals and you would like us to provide a packed lunch for the trip please telephone the school office as soon as possible. If you have any questions regarding this, please do not hesitate to contact me or the school office.

Yours sincerely

Mr Monaghan  
PE Co-ordinator

Mrs Francesca Heslop  
Headteacher  
BSc (Hons) P.G.C.E.

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