



ST JAMES CATHOLIC PRIMARY SCHOOL, HEBBURN

28th September 2026

Dear Parents and Carers,

Relationships Sex and Health Education (RSHE)

Relationships Sex and Health Education (RSHE) is now statutory in all primary schools in England. Since 2021, we have used Life to the Full by TenTen Resources to teach RSHE. TenTen is an award-winning Catholic educational organisation that is well-respected and very experienced in this field of work. Life to the Full has been approved by our diocese; therefore, we are confident that this programme is a very good fit for our school.

The option to teach some elements of the programme is left to the discretion of school in consultation with parents. In the programme these elements are known as 'Key Decisions' and cover the discussion of genitalia, puberty and relationships. We would like to have your feedback on our approach, and particularly on the 'Key Decisions' that we need to take regarding the teaching of certain topics.

For this discussion, TenTen have provided an online **Parent Consultation Tool**. This is a simple-to-follow, short online course which:

- Outlines the statutory changes that will take place.
- Articulates a vision for Catholic Relationships and Health Education.
- Explains how Life to the Full aims to help us fulfil the statutory curriculum with a Catholic ethos.
- Provides some information about key decisions we need to make, in consultation with parents.
- Answers some Frequently Asked Questions.

To access the consultation tool, just click on the link which will be sent to you via Arbor in-app message.

You will need the following login credentials for our school:

Username: **st-james-ne31** Password: **planet-1-ne31**

Once you have looked at the programme, please complete the following questionnaire on the link which will be sent separately. It would be helpful if you could send your feedback by Friday 2nd October.

If you have any queries, like to make additional comments or require any help, telephone or email the school office.

Yours sincerely
Mrs Francesca Heslop
Headteacher

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