



## ST JAMES CATHOLIC PRIMARY SCHOOL, HEBBURN

29<sup>th</sup> April 2026

Dear Parents and Carers,

### Sun Safety – Summer 2026

Now we are eventually enjoying some sunny weather I wanted to share with you some important information from Sun Smart UK.

The sun's rays are particularly strong over the summer, even on cloudy and overcast days. It is therefore important that sunscreen is applied to all children before school, not just on sunny days but on every day throughout the term. There will not be spare sunscreen kept in school due to the risk of allergies. We ask that high factor 30+ 'once a day' sunscreen is applied to all children 15-20 minutes before the school day not forgetting ears, nose and neck.

Some children are more at risk of the sun's rays than others, those with fair or light-coloured skin, fair light coloured/red hair and those whose skin burns easily. If your child falls into one of the above categories it may be that sunscreen, (which is clearly marked with their name) can be kept safely in school and reapplied at lunch time. It is important to note that staff cannot apply sunscreen directly to children and can only supervise. We ask that parents teach their children how to apply sunscreen sensibly and thoroughly. **Please speak to the school office if you feel this applies to your child.**

**We have updated our uniform recycling rail at the main office to include freshly washed and pressed summer items including shorts and gingham dresses. Please pop in and help yourself, we are committed to saving our planet.**

School have provided all children with a sun cap which is worn during all outside activities. We encourage children and staff to make use of the shaded areas of the yard as much as possible. Children are encouraged to drink more water during warmer weather. School have provided each child with their own water bottle and they have access to fresh water throughout the day. **You can find our St James sunscreen policy on our website, please familiarise yourself with this.**

Yours sincerely

Mrs Heslop  
Headteacher

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