ST JAMES CATHOLIC
PRIMARY SCHOOL, HEBBURN

9th November 2026

Dear Parents and Carers,

Year 6 School Nurse Visit - Puberty

The school nurse will be visiting our Year 6 class on Tuesday 17th November to speak to the children about puberty and the changes happening in their bodies.

This is a really important session and the children usually find this very informative and helpful.

The Year 6 staff will be with the children during this chat and will help navigate any questions the children may have with the nursing team.

If you have any concerns or would like further information about the nurse's visit please do not hesitate to get in touch.

If you **DO NOT** want your child to take part in this talk please call the school office, otherwise everyone will be involved.

Yours sincerely,

Mrs F Heslop
Headteacher

Mrs Francesca Heslop
Headteacher
BSc (Hons) P.G.C.E.

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