

St John Fisher RC Primary School

Relationships and Sex Education - A Summary Grid for Journey In Love

	Theme	Social and Emotional	Physical	Spiritual
E Y F S	<p>The wonder of being special and unique</p> <p>Aim: To explore the wonder of being special and unique. Children begin to know and understand that they are part of the wonder of God's love and creation.</p> <p>Key words: God, wonder, love, hands, fingers, nails, faces, noses, lips, ears, hair, features, colour, shape, size, unique, belonging, different, special womb, describe, friends, generous, worried, Baptism</p>	To recognise being a special person in my family.	To recognise that we are all different and unique.	To celebrate the joy of being a special person in God's family.
	<p>Examples of EYFS activities:</p> <p>Draw and name each person in your family. Create a class graph of eye colour. Role play the joy of being cared for in our families.</p>			
Y e a r 1	<p>We meet God's love in our family</p> <p>Aim: To focus on families and specially growing up in a loving, secure and stable home.</p> <p>Key words: unique, friend, respect, secure, God, love, care, commitment, stable, important, different, special, signs, healthy, safe, boundaries, kindness, teasing, bullying, positive, negative, wrong, unacceptable, truth, lies, head, eyes, nose, mouth, teeth, tongue, throat, neck, shoulders, breasts, nipple, waist, elbows, penis, testicle, scrotum, vagina, vulva, bottom, anus, legs, knees, ankles, feet, toes.</p>	To recognise signs that I am loved in my family.	To recognise how I am cared for and kept safe in my family.	To celebrate ways that God loves and cares for us.
	<p>Examples of Year 1 activities:</p> <p>Design a card to cheer someone up who is sad or upset. Draw around your hand and on each finger, write ways you have grown and changed. Identify, name and label parts of the body, including correct terminology for the genitals. Write a 'Litany of Thanksgiving to God' for his love, care, protection and keeping us safe.</p>			

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Y e a r 2	We meet God's love in the community Aim: To describe how we are growing and developing in diverse communities that are God-given.	To recognise the joy and friendship of belonging to a diverse community.	To describe ways of being safe in communities.	To celebrate ways of meeting God in our communities.
	Key words: community, local, global, impact, responsibility, harm, improve, God-given, belonging, family, diverse, father, mother, carer, guardian, feelings, recognise, emotions, friendships, relationships, secrets, stereotypes, respect, equal.	Examples of Year 2 activities: Create an acrostic poem using the word community. Create a 'being safe' poster for the classroom. Make a whole class collage to show how we help each other as children of God.		
Y e a r 3	How we live in love Aim: To describe and give reasons for how we grow in love in caring and happy friends where we are secure and safe.	To describe and give reasons how friendships make us feel happy and safe.	To describe and give reasons why friendships can break down, how they can be repaired and strengthened.	To celebrate the joy and happiness of living in friendship with God and others.
	Key words: community, God-given, belonging, family, diverse, father, mother, carer, guardian, feelings, emotions, friends, loyalty, kindness, trust, selfless, generous, reasons, difficulties, positive, respectful.	Examples of Year 3 activities: Create a 'WORDLE' showing the characteristics of positive friendships. List some of the consequences of broken friendships and find ways of mending these. Using 1 Corinthians, replace Love is ... with Friendship is ... give reasons how each statement can be lived out.		

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Y e a r 4	<p>God love us in our differences</p> <p>Aim: To make links and connections to show that we are all different. To celebrate these differences as we appreciate that God's love accepts us as we are now and as we change.</p> <p>Key words: God, gifts, talents, difference, development, change, stereotype, acceptance, cultural, biological, respect, courtesy, manners, sensitivity, religious, belief, bullying, polite, uniqueness, innate, beauty, dignity.</p>	<p>To describe how we all should be accepted and respected.</p>	<p>To describe how we should treat others making links with the diverse modern society we live in.</p>	<p>To celebrate the uniqueness and innate beauty of each of us.</p>
	<p>Examples of Year 4 activities: Create a poster showing that bullying, teasing, unkindness do not contribute to the upbuilding of communities or promote positive mental health and well-being. List ways we are all different: physically, mentally, culturally, biologically, ethnically and in religious belief. Create an 'act of worship' to celebrate the beauty and uniqueness of the class.</p>			
Y e a r 5	<p>God loves us in our changing and developing</p> <p>Aim: To show a knowledge and understanding of how we grow in awareness of the physical and emotional changes that accompany puberty - sensitivity, mood swings, anger, boredom etc. and grow further in recognising God's presence in our daily lives.</p> <p>Key words: God, sensitivity, puberty, presence, celebrate, external, internal, change, develop, ovulation, biological, respect, reproduction, menstrual cycle, hormones, pituitary gland, uterus, fertilised ovum, fallopian tube, vagina, vulva, cervix, womb, period, breasts, nipple, penis, vagina, vulva, anus.</p>	<p>To show knowledge and understanding of emotional relationship changes as we grow and develop.</p>	<p>To show knowledge and understanding of the physical changes in puberty.</p>	<p>To celebrate the joy of growing physically and spiritually.</p>
	<p>Examples of Year 5 activities: List some of the social and emotional changes in themselves and others. Consider how these might present themselves in friendships. Discuss the external and internal changes which happen to boys and girls in puberty. Discuss how the external pressures to look and feel a certain way, including social media, can be dealt with. Think of reasons why / if different aspects of human love are important in our lives.</p>			

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Y e a r 6	<p>The wonder of God's love in creating new life</p> <p>Aim: To develop a secure understanding of what stable, caring relationships are and the different kinds there may be. Focusing on Catholic teaching, children will also know and understand about the conception of a child within marriage.</p> <p>Key words: God, Christian, appropriate, dignity, sexuality, intercourse, fallopian, conceive, relationship, uterus, cervix, fiancé, fiancée.</p>	<p>To develop a secure understanding that stable and caring relationships, which may be of different types, are at the heart of happy families.</p>	<p>To explain how human life is conceived.</p>	<p>To show an understanding of how being made in the image and likeness of God informs decisions and actions when building relationships with others, including life-long relationships.</p>
		<p>Examples of Year 6 activities:</p> <p>Consider and share ways they experience St Paul's teaching on love in their family, extended family, school and their other communities.</p> <p>Explain how human life is conceived.</p> <p>Know about sexual intercourse between husband and wife.</p> <p>Develop a knowledge of male and female reproductive organs.</p> <p>How does a child grow within the mother's womb?</p> <p>Understand that God causes new life to begin through the love that parents have for each other.</p> <p>List characteristics of positive relationships and how these can make us feel happy and secure.</p>		