

Dear Parents/Carers/Guardians,

Active Blackpool will be delivering sports and physical activities at Blackpool Sports Centre on alternate Saturdays – starting on September 25th 2021.

The Active Lives team will be running sessions for children/young people 5 – 18 years old with mild to moderate additional needs. Sessions will run 11.30am – 4.30pm

Weekend Agenda		Week A	Week B
11:30 - 12	Registration and Recreational Play	Session one Invasion (Football, rugby, Hockey, Basketball) Session two Net and Wall Skills (Tennis, Table Tennis, Badminton) Session three Alternative Sports - (Archery, Bowling, Wheelchair Activities)	Session one Striking and Fielding (Cricket, Golf, Baseball, Tee - Ball) Session two Athletics (Running Throwing & Jumping) Session three Alternative Sports (Archery, Bowling & Wheelchair Activities)
12 - 1	Session One		
1 – 1.15	Break		
1.15 – 2.15	Session Two		
2.15 – 2.30	Break		
2.30 – 3.20	Session Three		
3.30 – 3.45	Break		
3.45 – 4.30	Recreational Play and Collection		

Sessions will provide an opportunity for children and young people to experience activities they may already be familiar with but also some new and exciting activities along the way.

It is not compulsory for participants to attend all of the session; however, we would appreciate it if you could inform us at the time of booking your place if the child/young person will only be attending for a specific period. (Please speak with the Active Live team to discuss this further.)

We ask that participants bring with them to each session, a healthy snack, a refillable drinks bottle, so participants remain hydrated throughout the day and appropriate clothing and footwear to allow them to fully engage in a safe manner. We will always start and finish the day in the sports hall at Blackpool Sports Centre, but might utilise the outdoor facilities, so please bring sun cream.

To comply with our sports coaching ratios we will have a set number of places available for each of the 2 participant age groups. This will allow for 20 places for Primary age participants (5 – 11 year olds) and 12 places for secondary age participants (11 – 18).

For your child/young person to participate in the weekend club, please send a completed consent form to leah.wilkinson@blackpool.gov.uk along with the name and dates you would like to attend.

If you require further information, please contact leah.wilkinson@blackpool.gov.uk

We hope to see you soon

Leah Wilkinson

Active Lives Coordinator (Cycling & Community)

West Park Drive, Blackpool, FY5 3RU