



Blackpool
Family Hubs
Winter timetable

12 January to 31 March 2026

Scan to head to the online
timetable where you'll find
session descriptions



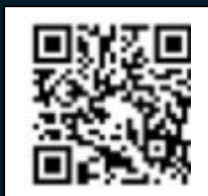
SCAN ME

Session spotlight:

Talking Tots

Our Talking Tots programme offers six weeks of interactive sessions for both parent and their 2-year-old, which will help them get a head start at nursery and school.

To register your interest please use the QR code below or call Claire Woodsford on 07468 351426.



We will then be in touch to confirm dates and venues.



Tots Talking is an interactive programme to support you with your child's development

Feedback

Want to help shape the services you receive from us? Why don't you pop along to one of our Sip and Share coffee mornings or Parent Carer Panels where you can share your thoughts and any ideas for the hubs.

Blackpool
Family Hubs

**Not registered
with us yet?**

Scan the QR code to head to
our online registration form



Bookable courses

Please call your local family hub to book on
for these sessions.

- Baby Massage
- EPEC Parenting Programme
- Getting on Better Healthy Relationship Programme
- HENRY Preparing to Feed my Baby Workshop
- HENRY Starting Solids Workshop
- Triple P For Baby Programme
- Triple P Fearless Programme
- Triple P For Children Programme
- Triple P Stepping Stones Programme
- Triple P Teen Programme

Our Family Hubs

Central Family Hub, Gorton Street, FY1 3JW

Spoke sites: Revoe Children's Centre and Westminster Academy

Call: 01253 951190

North Family Hub, Dingle Avenue, FY3 7NX

Spoke site: Blackpool & The Fylde College (Bispham campus)

Call: 01253 476480

South Family Hub, Palatine Leisure Centre, FY4 2AP

Spoke site: Langdale Library and Laundry Room

Call: 01253 476550

Group	Monday	Tuesday	Wednesday	Thursday	Friday
Well Baby Clinic	Central Family Hub 9.30am to 11am	North Family Hub 1pm to 2.30pm	South Family Hub 9.30am to 11am		
HENRY Bears stay and play – infant feeding support		North Family Hub 1pm to 2.30pm		Central Family Hub 1pm to 2.30pm	South Family Hub 1pm to 2.30pm
Sensory Time		Central Family Hub From walking to 3 years Starts 13 January 1pm to 2pm South Family Hub From birth to crawling Starts 13 January 1pm to 2pm		Revoe Children's Centre From birth to crawling Starts 15 January 1pm to 2pm	North Family Hub From birth to crawling Starts 16 January 11am to 12pm
Babbling Babies 0 to 17 months		Central Family Hub 13 Jan to 10 Feb 24 Feb to 24 March 10am to 11am		North Family Hub 15 Jan to 12 Feb 26 Feb to 26 March 10am to 11am	South Family Hub 16 Jan to 13 Feb 27 Feb to 27 March 10am to 11am
Art at the Start 0 to 4 years	North Family Hub 12 Jan to 9 Feb 23 Feb to 23 March 10am to 11am			South Family Hub 15 Jan to 12 Feb 26 Feb to 26 March 1pm to 2pm	Central Family Hub 16 Jan to 13 Feb 27 Feb to 27 March 10am to 11am
Talking Tots 2 years			Central Family Hub 18 Feb to 25 March 9.30am to 11.30am Booking required	North Family Hub 15 Jan to 19 Feb 12.30pm to 2.30pm Booking required	
Les Mills Virtual Exercise Class For under 5yrs				South Family Hub 8 Jan to 12 Feb 26 Feb to 26 March 1.15pm-2.15pm	

Group	Monday	Tuesday	Wednesday	Thursday	Friday
Sing and sign 0 to 4 years	Central Family Hub 12 Jan to 9 Feb 23 Feb to 23 March 1pm to 2pm		North Family Hub 14 Jan to 11 Feb 25 Feb to 25 March 10am to 11am South Family Hub 14 Jan to 11 Feb 25 Feb to 25 March 1pm to 2pm		
Chatting with Children 18 months to 4 years		North Family Hub 13 Jan to 10 Feb 24 Feb to 24 March 10am to 11.15am	Central Family Hub 14 Jan to 11 Feb 25 Feb to 25 March 1pm to 2.15pm	South Family Hub 15 Jan to 12 Feb 26 Feb to 26 March 10am to 11.15am	Blackpool and The Fylde College (Bispham) 16 Jan to 13 Feb 27 Feb to 27 March 10am to 11.15am
Ready Steady School For children starting school in Sept 2026	South Family Hub 12 Jan to 23 March 10am to 11.30am Revoe Children's Centre 12 Jan to 23 March 1pm to 2.30pm		North Family Hub 14 Jan to 25 March 1pm to 2.30pm	Central Family Hub 15 Jan to 26 March 10am to 11.30am	
Fun for under 5's parent lead 0 to 5 years			North Family Hub 14 Jan 28 Jan 11 Feb 25 Feb 11 March 25 March 10.30am to 11.30am		

Group	Monday	Tuesday	Wednesday	Thursday	Friday
Sip and Share coffee morning	Central Family Hub 5 Jan 19 Jan 2 Feb 23 Feb 2 March 16 March 30 March 11am to 12pm		South Family Hub 7 Jan 11 March 11am to 12pm North Family Hub (Breastfeeding group) 26 Feb 11.30am to 1pm South Family Hub (Breastfeeding group) 25 March 10am to 11.30am	Central Family Hub (Breastfeeding group) 29 Jan 12pm to 1.30pm	North Family Hub 16 Jan 30 Jan 6 March 20 March 10am to 11am South Family Hub 23 Jan 6 Feb 27 Feb 27 March 11am to 12pm
Mind your Step walk Meet at Stanley Park Information Centre					Stanley Park, FY3 9HU Second Friday of each month 9.45am
Sip and Shimmy Babies held in arms for dancing		North Family Hub 13 Jan 11am to 12pm Central Family Hub 10 Feb 11am to 12pm Revoe Children's Centre 17 March 11am to 12pm			 STAY UP TO DATE Scan the QR code to head to our Facebook page for our latest family hub news and events 

Group	Monday	Tuesday	Wednesday	Thursday	Friday
Parent Carer Panel	North Family Hub 23 March 10am to 11.30am	Central Family Hub 27 Jan 10am to 11.30am	South Family Hub 25 Feb 10am to 11.30am		
After school fun For schoolchildren of all ages	North Family Hub 12 Jan to 9 Feb 23 Feb to 23 March 3.30pm to 4.45pm		South Family Hub 14 Jan to 11 Feb 25 Feb to 25 March 3.30pm to 4.45pm	Central Family Hub 15 Jan to 12 Feb 26 Feb to 26 March 3.30pm to 4.45pm	
Half term sessions Week 16 Feb to 20 Feb	North Family Hub Family Small World Session 16 February 10.30am to 11.30am	Revoe Family Hub Dance and Move 17 February 10am to 11am	Central Family Hub Handa's surprise Interactive story session For 0 to 8 years 18 February 10.30am to 11.30am	North Family Hub Monkey Puzzle Interactive story session For 0 to 8 years 19 February 10am to 11am South Family Hub Les Mills Virtual exercise class For over 5 years 19 February 1.15pm to 2.15pm	South Family Hub 3 Little Pigs Interactive story session For 0 to 8 years 20 February 10.30 to 11.30am

(SEND) Special educational needs and disabilities sessions

Group	Monday	Tuesday	Wednesday	Thursday	Friday
SEND fun (0 to 25 years)		South Family Hub SEND after school fun (0 to 11 years) 13 Jan 10 Feb 10 March 4.30pm to 6pm	Central Family Hub SEND after school fun (0 to 25 years) 21 Jan 25 Feb 18 March 4.30pm to 6pm	North Family Hub Neuro Ninjas (0 to 13 years) 8 Jan to 26 March 4.30pm to 5.30pm SEND after school fun (13 to 25 years) 29 Jan 26 Feb 26 March 4.30pm to 6pm	
Blackpool Parent Carer Forum – Drop-in support for SEND parents		Central Family Hub 6 Jan 3 Feb 3 March Revoe Children's Centre 20 Jan 24 Feb 31 March North Family Hub 27 Jan 17 Feb 17 March All at 10am to 12pm			South Family Hub 16 Jan 13Feb 13 March 20 March 10am to 12pm
Saturday sessions					
SEND Saturday	North Family Hub 0 to 25 years 24 January 10.30am to 12pm		Central Family Hub 0 to 25 years 28 February 10.30am to 12pm		South Family Hub 0 to 11 years 28 March 10.30am to 12pm

Group	Saturday sessions		
Family Building and Construction Session	North Family Hub 3 January 10.30am to 12pm	Central Family Hub 10 January 10.30am to 12pm	South Family Hub 17 January 10.30am to 12pm
Family Dance and Move Session	North Family Hub 7 February 10.30am to 12pm	Central Family Hub 14 February 10.30am to 12pm	South Family Hub 21 February 10.30am to 12pm
Family Small World Session	North Family Hub 7 March 10.30am to 12pm	Central Family Hub 14 March 10.30am to 12pm	South Family Hub 21 March 10.30am to 12pm
Male Carers Stay and Play Session in partnership with Dad Matters		Central Family Hub 17 Jan 21 Feb 21 March 10.30am to 12pm	

Services available at Blackpool Family Hubs

Monday	Tuesday	Wednesday	Thursday	Friday
Central, North, South Midwifery clinic 9am to 5pm	Central, North, South Midwifery clinic 9am to 5pm	Central, North, South Midwifery clinic 9am to 5pm	Central, North, South Midwifery clinic 9am to 5pm	Central, North, South Midwifery clinic 9am to 5pm
Central Family Hub Blackpool Children and Young Person's Advocacy drop in 26 Jan 23 Feb 23 March 9.30am to 11am	Central Family Hub Clevr Money drop in 13 Jan 10 Feb 10 March 10am to 1pm	Central Family Hub Stop Smoking Blackpool Addiction service 9am to 5pm Booking essential	Central Family Hub Stop Smoking Service – Blackpool Midwifery 9am to 3pm Booking essential	North Family Hub Children & Young People's Wellbeing Practitioner Appointment only
Cost of living advice drop in 5 Jan 2 Feb 2 March 9.30am to 11.30am	Birchall Trust 9am to 5pm Appointment only	SENDIASS drop in 4 March 10am to 11am	Fostering drop in 20 March 10am to 12pm	Blackpool Talking Therapies Appointment only
Horizon family support recovery drop in 5 Jan 2 Feb 2 March 1.30pm to 3pm	Children & Young People's Wellbeing Practitioner Appointment only	Baby Steps 1pm to 3pm Booking essential	Revoe Children's Centre Speech and Language therapy 9am to 5pm Appointment only	South Family Hub Stop Smoking Blackpool Addiction Service 9am to 5pm Booking essential
Revoe Children's Centre Specialist Perinatal Community Mental Health 9am to 5pm Booking essential	Revoe Children's Centre Blackpool Talking Therapies 9am to 5pm Appointment only	Speech & Language Information Station 21 Jan 11 Feb 18 March 1pm to 2.15pm	Birchall Trust 9am to 5pm Appointment only	
	First stages of pregnancy 10am to 12pm Booking essential	Portage (Invite only)	Children & Young People's Wellbeing Practitioner Appointment only	
	Stop Smoking Service – Blackpool Midwifery 12pm to 5pm	Lancashire Women (Appointment only)		

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Central Family Hub Primary Mental Health and Wellbeing Drop in 2pm to 4.30pm</p> <p>North Family Hub Birth registrations 9am to 3.30pm Booking essential</p> <p>South Family Hub Citizens Advice Bureau 10am to 1pm Booking essential</p> <p>Baby Steps 1pm to 3pm Booking essential</p>	<p>Revoe Children's Centre Youtherapy Counselling (Appointment only)</p> <p>North Family Hub Specialist Perinatal Community Mental Health 9am to 5pm Booking essential</p> <p>Speech & Language Information Station 13 Jan 3 Feb 10 March 10am to 11.15am</p> <p>Fostering drop in 10 Feb 10am to 12pm</p> <p>Blackpool Children and Young Person's Advocacy drop in 27 Jan 24 Feb 31 March 12.30pm to 2.30pm</p>	<p>North Family Hub Citizens Advice Bureau 9.30am to 12.30pm Booking essential</p> <p>First stages of pregnancy 2pm to 4pm Booking essential</p> <p>South Family Hub Blackpool Talking Therapies 9am to 5pm Booking essential</p> <p>Cost of living advice drop in 28 Jan 25 Feb 25 March 9.30am to 11.30am</p> <p>Blackpool Children and Young Person's Advocacy drop in 28 Jan 25 Feb 25 March 9.30am to 11am</p> <p>Clevr Money drop in 7 Jan 4 Feb 4 March 10am to 1pm</p>	<p>North Family Hub Stop Smoking Blackpool Addiction service 9am to 4pm Booking essential</p> <p>Cost of living advice drop in 15 Jan 19 Feb 19 March 9.30am to 11.30am</p> <p>Clevr Money drop in 29 Jan 26 Feb 26 March 10am to 1pm</p> <p>SENDIASS drop in 22 January 4.30pm to 5.30pm</p> <p>South Family Hub Stop Smoking Service – Blackpool Midwifery 9am to 5pm Booking essential</p> <p>Fostering drop in 22 Jan 10am to 12pm</p>	

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>North Family Hub Primary Mental Health and Wellbeing Drop in (All families welcome) 20 Jan 17 Feb 17 March 2pm to 4.30pm</p> <p>South Family Hub Primary Mental Health and Wellbeing Drop in (All families welcome) 6 Jan 3 Feb 3 March 2pm to 4.30pm</p> <p>Baby Steps 1pm to 3pm Booking essential</p>		<p>South Family Hub Speech & Language Information Station 29 Jan 26 Feb 26 March 10am to 11.15am</p> <p>SENDIASS drop in 5 Feb 10am to 11am</p>	