

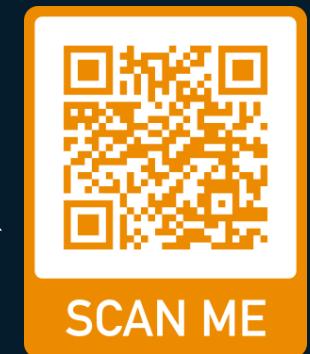


**Blackpool  
Family Hubs**

# Winter timetable

12 January to 31 March 2026

Scan to head to the online  
timetable where you'll find  
session descriptions



## Session spotlight:

### Talking Tots

Our Talking Tots programme offers six weeks of interactive sessions for both parent and their 2-year-old, which will help them get a head start at nursery and school.

To register your interest please use the QR code below or call Claire Woodsford on 07468 351426.



We will then be in touch to confirm dates and venues.



Tots Talking is an interactive programme to support you with your child's development

### Feedback

Want to help shape the services you receive from us? Why don't you pop along to one of our Sip and Share coffee mornings or Parent Carer Panels where you can share your thoughts and any ideas for the hubs.

**Blackpool  
Family Hubs**

### Not registered with us yet?

Scan the QR code to head to our online registration form



### Bookable courses

Please call your local family hub to book on for these sessions.

- Baby Massage
- EPEC Parenting Programme
- Getting on Better Healthy Relationship Programme
- HENRY Preparing to Feed my Baby Workshop
- HENRY Starting Solids Workshop
- Triple P For Baby Programme
- Triple P Fearless Programme
- Triple P For Children Programme
- Triple P Stepping Stones Programme
- Triple P Teen Programme

### Our Family Hubs

**Central Family Hub, Gorton Street, FY1 3JW**

**Spoke sites: Revoe Children's Centre and Westminster Academy**

Call: 01253 951190

**North Family Hub, Dingle Avenue, FY3 7NX**

**Spoke site: Blackpool & The Fylde College (Bispham campus)**

Call: 01253 476480

**South Family Hub, Palatine Leisure Centre, FY4 2AP**

**Spoke site: Langdale Library and Laundry Room**

Call: 01253 476550

Group	Monday	Tuesday	Wednesday	Thursday	Friday
Well Baby Clinic	<b>Central Family Hub</b> 9.30am to 11am	<b>North Family Hub</b> 1pm to 2.30pm	<b>South Family Hub</b> 9.30am to 11am		
HENRY Bears stay and play – infant feeding support		<b>North Family Hub</b> 1pm to 2.30pm		<b>Central Family Hub</b> 1pm to 2.30pm	<b>South Family Hub</b> 1pm to 2.30pm
Sensory Time		<b>Central Family Hub</b> From walking to 3 years Starts 13 January 1pm to 2pm  <b>South Family Hub</b> From birth to crawling Starts 13 January 1pm to 2pm		<b>Revoe Children's Centre</b> From birth to crawling Starts 15 January 1pm to 2pm	<b>North Family Hub</b> From birth to crawling Starts 16 January 11am to 12pm
Babbling Babies 0 to 17 months		<b>Central Family Hub</b> 13 Jan to 10 Feb 24 Feb to 24 March 10am to 11am		<b>North Family Hub</b> 15 Jan to 12 Feb 26 Feb to 26 March 10am to 11am	<b>South Family Hub</b> 16 Jan to 13 Feb 27 Feb to 27 March 10am to 11am
Art at the Start 0 to 4 years	<b>North Family Hub</b> 12 Jan to 9 Feb 23 Feb to 23 March 10am to 11am			<b>South Family Hub</b> 15 Jan to 12 Feb 26 Feb to 26 March 1pm to 2pm	<b>Central Family Hub</b> 16 Jan to 13 Feb 27 Feb to 27 March 10am to 11am
Talking Tots 2 years			<b>Central Family Hub</b> 18 Feb to 25 March 9.30am to 11.30am Booking required	<b>North Family Hub</b> 15 Jan to 19 Feb 12.30pm to 2.30pm Booking required	
Les Mills Virtual Exercise Class For under 5yrs				<b>South Family Hub</b> 8 Jan to 12 Feb 26 Feb to 26 March 1.15pm-2.15pm	

Group	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Sing and sign</b> 0 to 4 years	<b>Central Family Hub</b> 12 Jan to 9 Feb 23 Feb to 23 March 1pm to 2pm		<b>North Family Hub</b> 14 Jan to 11 Feb 25 Feb to 25 March 10am to 11am <b>South Family Hub</b> 14 Jan to 11 Feb 25 Feb to 25 March 1pm to 2pm		
<b>Chatting with Children</b> 18 months to 4 years		<b>North Family Hub</b> 13 Jan to 10 Feb 24 Feb to 24 March 10am to 11.15am	<b>Central Family Hub</b> 14 Jan to 11 Feb 25 Feb to 25 March 1pm to 2.15pm	<b>South Family Hub</b> 15 Jan to 12 Feb 26 Feb to 26 March 10am to 11.15am	<b>Blackpool and The Fylde College (Bispham)</b> 16 Jan to 13 Feb 27 Feb to 27 March 10am to 11.15am
<b>Ready Steady School</b> For children starting school in Sept 2026	<b>South Family Hub</b> 12 Jan to 23 March 10am to 11.30am <b>Revoe Children's Centre</b> 12 Jan to 23 March 1pm to 2.30pm		<b>North Family Hub</b> 14 Jan to 25 March 1pm to 2.30pm	<b>Central Family Hub</b> 15 Jan to 26 March 10am to 11.30am	
<b>Fun for under 5's parent lead</b> 0 to 5 years			<b>North Family Hub</b> 14 Jan 28 Jan 11 Feb 25 Feb 11 March 25 March 10.30am to 11.30am		

Group	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Sip and Share coffee morning</b>	<b>Central Family Hub</b> 5 Jan 19 Jan 2 Feb 23 Feb 2 March 16 March 30 March 11am to 12pm		<b>South Family Hub</b> 7 Jan 11 March 11am to 12pm  <b>North Family Hub</b> (Breastfeeding group) 26 Feb 11.30am to 1pm  <b>South Family Hub</b> (Breastfeeding group) 25 March 10am to 11.30am	<b>Central Family Hub</b> (Breastfeeding group) 29 Jan 12pm to 1.30pm	<b>North Family Hub</b> 16 Jan 30 Jan 6 March 20 March 10am to 11am  <b>South Family Hub</b> 23 Jan 6 Feb 27 Feb 27 March 11am to 12pm
<b>Mind your Step walk</b>  Meet at Stanley Park Information Centre					<b>Stanley Park, FY3 9HU</b> Second Friday of each month 9.45am
<b>Sip and Shimmy</b> Babies held in arms for dancing		<b>North Family Hub</b> 13 Jan 11am to 12pm  <b>Central Family Hub</b> 10 Feb 11am to 12pm  <b>Revoe Children's Centre</b> 17 March 11am to 12pm			 <b>STAY UP TO DATE</b> Scan the QR code to head to our Facebook page for our latest family hub news and events 

Group	Monday	Tuesday	Wednesday	Thursday	Friday
Parent Carer Panel	<b>North Family Hub</b> 23 March 10am to 11.30am	<b>Central Family Hub</b> 27 Jan 10am to 11.30am	<b>South Family Hub</b> 25 Feb 10am to 11.30am		
After school fun For schoolchildren of all ages	<b>North Family Hub</b> 12 Jan to 9 Feb 23 Feb to 23 March 3.30pm to 4.45pm		<b>South Family Hub</b> 14 Jan to 11 Feb 25 Feb to 25 March 3.30pm to 4.45pm	<b>Central Family Hub</b> 15 Jan to 12 Feb 26 Feb to 26 March 3.30pm to 4.45pm	
Half term sessions Week 16 Feb to 20 Feb	<b>North Family Hub</b> <b>Family Small World Session</b> 16 February 10.30am to 11.30am	<b>Revoe Family Hub</b> <b>Dance and Move</b> 17 February 10am to 11am	<b>Central Family Hub</b> <b>Handa's surprise Interactive story session</b> For 0 to 8 years 18 February 10.30am to 11.30am	<b>North Family Hub</b> <b>Monkey Puzzle Interactive story session</b> For 0 to 8 years 19 February 10am to 11am  <b>South Family Hub</b> <b>Les Mills Virtual exercise class</b> For over 5 years 19 February 1.15pm to 2.15pm	<b>South Family Hub</b> <b>3 Little Pigs Interactive story session</b> For 0 to 8 years 20 February 10.30 to 11.30am

## (SEND) Special educational needs and disabilities sessions

Group	Monday	Tuesday	Wednesday	Thursday	Friday
SEND fun (0 to 25 years)		<b>South Family Hub</b> <b>SEND after school fun</b> <b>(0 to 11 years)</b> 13 Jan 10 Feb 10 March 4.30pm to 6pm	<b>Central Family Hub</b> <b>SEND after school fun</b> <b>(0 to 25 years)</b> 21 Jan 25 Feb 18 March 4.30pm to 6pm	<b>North Family Hub</b> <b>Neuro Ninjas</b> <b>(0 to 13 years)</b> 8 Jan to 26 March 4.30pm to 5.30pm  <b>SEND after school fun</b> <b>(13 to 25 years)</b> 29 Jan 26 Feb 26 March 4.30pm to 6pm	
Blackpool Parent Carer Forum – Drop-in support for SEND parents		<b>Central Family Hub</b> 6 Jan 3 Feb 3 March  <b>Revoe Children's Centre</b> 20 Jan 24 Feb 31 March  <b>North Family Hub</b> 27 Jan 17 Feb 17 March All at 10am to 12pm			<b>South Family Hub</b> 16 Jan 13 Feb 13 March 20 March 10am to 12pm
Group	Saturday sessions				
SEND Saturday	<b>North Family Hub</b> 0 to 25 years 24 January 10.30am to 12pm		<b>Central Family Hub</b> 0 to 25 years 28 February 10.30am to 12pm		<b>South Family Hub</b> 0 to 11 years 28 March 10.30am to 12pm

Group	Saturday sessions		
Family Building and Construction Session	<b>North Family Hub</b> 3 January 10.30am to 12pm	<b>Central Family Hub</b> 10 January 10.30am to 12pm	<b>South Family Hub</b> 17 January 10.30am to 12pm
Family Dance and Move Session	<b>North Family Hub</b> 7 February 10.30am to 12pm	<b>Central Family Hub</b> 14 February 10.30am to 12pm	<b>South Family Hub</b> 21 February 10.30am to 12pm
Family Small World Session	<b>North Family Hub</b> 7 March 10.30am to 12pm	<b>Central Family Hub</b> 14 March 10.30am to 12pm	<b>South Family Hub</b> 21 March 10.30am to 12pm
Male Carers Stay and Play Session in partnership with Dad Matters		<b>Central Family Hub</b> 17 Jan 21 Feb 21 March 10.30am to 12pm	

# Services available at Blackpool Family Hubs

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Central, North, South</b> <b>Midwifery clinic</b> 9am to 5pm	<b>Central, North, South</b> <b>Midwifery clinic</b> 9am to 5pm	<b>Central, North, South</b> <b>Midwifery clinic</b> 9am to 5pm	<b>Central, North, South</b> <b>Midwifery clinic</b> 9am to 5pm	<b>Central, North, South</b> <b>Midwifery clinic</b> 9am to 5pm
<b>Central Family Hub</b> <b>Blackpool Children and Young Person's Advocacy drop in</b> 26 Jan 23 Feb 23 March 9.30am to 11am	<b>Central Family Hub</b> <b>Clevr Money drop in</b> 13 Jan 10 Feb 10 March 10am to 1pm	<b>Central Family Hub</b> <b>Stop Smoking Blackpool</b> <b>Addiction service</b> 9am to 5pm Booking essential	<b>Central Family Hub</b> <b>Stop Smoking Service – Blackpool Midwifery</b> 9am to 3pm Booking essential	<b>North Family Hub</b> <b>Children &amp; Young People's Wellbeing Practitioner</b> Appointment only
<b>Cost of living advice drop in</b> 5 Jan 2 Feb 2 March 9.30am to 11.30am	<b>Birchall Trust</b> 9am to 5pm Appointment only	<b>SENDIASS drop in</b> 4 March 10am to 11am	<b>Fostering drop in</b> 20 March 10am to 12pm	<b>Blackpool Talking Therapies</b> Appointment only
<b>Horizon family support recovery drop in</b> 5 Jan 2 Feb 2 March 1.30pm to 3pm	<b>Children &amp; Young People's Wellbeing Practitioner</b> Appointment only	<b>Baby Steps</b> 1pm to 3pm Booking essential	<b>Revoe Children's Centre</b> <b>Speech and Language therapy</b> 9am to 5pm Appointment only	<b>South Family Hub</b> <b>Stop Smoking Blackpool</b> <b>Addiction Service</b> 9am to 5pm Booking essential
<b>Revoe Children's Centre</b> <b>Specialist Perinatal</b> <b>Community Mental Health</b> 9am to 5pm Booking essential	<b>Blackpool Talking Therapies</b> 9am to 5pm Appointment only	<b>Speech &amp; Language Information Station</b> 21 Jan 11 Feb 18 March 1pm to 2.15pm	<b>Birchall Trust</b> 9am to 5pm Appointment only	
	<b>First stages of pregnancy</b> 10am to 12pm Booking essential	<b>Portage</b> (Invite only)	<b>Children &amp; Young People's Wellbeing Practitioner</b> Appointment only	
	<b>Stop Smoking Service – Blackpool Midwifery</b> 12pm to 5pm	<b>Lancashire Women</b> (Appointment only)		

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Central Family Hub</b>  <b>Primary Mental Health and Wellbeing Drop in</b>  2pm to 4.30pm</p> <p><b>North Family Hub</b>  <b>Birth registrations</b>  9am to 3.30pm  Booking essential</p> <p><b>South Family Hub</b>  <b>Citizens Advice Bureau</b>  10am to 1pm  Booking essential</p> <p><b>Baby Steps</b>  1pm to 3pm  Booking essential</p>	<p><b>Revoe Children's Centre</b>  <b>Youtherapy Counselling</b>  (Appointment only)</p> <p><b>North Family Hub</b>  <b>Specialist Perinatal Community Mental Health</b>  9am to 5pm  Booking essential</p> <p><b>Speech &amp; Language Information Station</b>  13 Jan  3 Feb  10 March  10am to 11.15am</p> <p><b>Fostering drop in</b>  10 Feb  10am to 12pm</p> <p><b>Blackpool Children and Young Person's Advocacy drop in</b>  27 Jan  24 Feb  31 March  12.30pm to 2.30pm</p>	<p><b>North Family Hub</b>  <b>Citizens Advice Bureau</b>  9.30am to 12.30pm  Booking essential</p> <p><b>First stages of pregnancy</b>  2pm to 4pm  Booking essential</p> <p><b>South Family Hub</b>  <b>Blackpool Talking Therapies</b>  9am to 5pm  Booking essential</p> <p><b>Cost of living advice drop in</b>  28 Jan  25 Feb  25 March  9.30am to 11.30am</p> <p><b>Blackpool Children and Young Person's Advocacy drop in</b>  28 Jan  25 Feb  25 March  9.30am to 11am</p> <p><b>Clevr Money drop in</b>  7 Jan  4 Feb  4 March  10am to 1pm</p>	<p><b>North Family Hub</b>  <b>Stop Smoking Blackpool Addiction service</b>  9am to 4pm  Booking essential</p> <p><b>Cost of living advice drop in</b>  15 Jan  19 Feb  19 March  9.30am to 11.30am</p> <p><b>Clevr Money drop in</b>  29 Jan  26 Feb  26 March  10am to 1pm</p> <p><b>SENDIASS drop in</b>  22 January  4.30pm to 5.30pm</p> <p><b>South Family Hub</b>  <b>Stop Smoking Service – Blackpool Midwifery</b>  9am to 5pm  Booking essential</p> <p><b>Fostering drop in</b>  22 Jan  10am to 12pm</p>	

Monday	Tuesday	Wednesday	Thursday	Friday
	<p><b>North Family Hub</b>  <b>Primary Mental Health and Wellbeing Drop in</b>            (All families welcome)</p> <p>20 Jan            17 Feb            17 March            2pm to 4.30pm</p> <p><b>South Family Hub</b>  <b>Primary Mental Health and Wellbeing Drop in</b>            (All families welcome)</p> <p>6 Jan            3 Feb            3 March            2pm to 4.30pm</p> <p><b>Baby Steps</b>            1pm to 3pm            Booking essential</p>		<p><b>South Family Hub</b>  <b>Speech &amp; Language Information Station</b></p> <p>29 Jan            26 Feb            26 March            10am to 11.15am</p> <p><b>SENDIASS drop in</b></p> <p>5 Feb            10am to 11am</p>	