



Blackpool
Family Hubs

Autumn timetable

1 September to 31 December

Scan to head to the online
timetable where you'll find
session descriptions



SCAN ME

Session spotlight:

Ready Steady School

Do you have a child starting school in September 2026? Join us from October for our **FREE Ready Steady School** sessions to get them prepped and ready for Reception.

These fun sessions focus on Blackpool's 9 school readiness priorities which are:

1. Recognising your name
2. Hand and finger strength
3. Mealtime independence
4. Getting dressed
5. Talking
6. Talking about your feelings
7. Personal hygiene
8. Listening and attention
9. Making choices



These sessions start in October and there's no need to book, just turn up. See you there!

Timetable feedback

We're testing a new timetable and need your thoughts! Look out for Hannah's sessions as these are a great chance to have your voice heard. Our Sip and Share coffee mornings and Parent Carer Panels are back, and there's no booking required.

Blackpool
Family Hubs

**Not registered
with us yet?**

Scan the QR code to head to
our online registration form



Bookable courses

Please call your local family hub to book on
for these sessions.

- Baby Massage
- EPEC Parenting Programme
- Healthy Relationship Programme
- HENRY Preparing to Feed my Baby Workshop
- HENRY Starting Solids Workshop
- Triple P Baby Programme
- Triple P Fearless Programme
- Triple P Group Programme
- Triple P Stepping Stones Programme
- Triple P Teen Programme

Our Family Hubs

Central Family Hub, Gorton Street, FY1 3JW

Spoke sites: Revoe Children's Centre and Westminster Academy

Call: 01253 951190

North Family Hub, Dingle Avenue, FY3 7NX

Spoke site: Blackpool & Fylde College (Bispham campus)

Call: 01253 476480

South Family Hub, Palatine Leisure Centre, FY4 2AP

Spoke site: Langdale Library and Laundry Room

Call: 01253 476550

| Group | Monday | Tuesday | Wednesday | Thursday | Friday |
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| Well Baby Clinic | Central Family Hub 9.30am to 11am | North Family Hub 1pm to 2.30pm | South Family Hub 9.30am to 11am | | |
| HENRY Bears stay and play – infant feeding support | | North Family Hub 1pm to 2.30pm | | Central Family Hub 1pm to 2.30pm | South Family Hub 1pm to 2.30pm |
| Ready Steady School For children starting school in Sept 2026 | South Family Hub 6 Oct to 15 Dec 10am to 11.30am Revoe Children's Centre 6 Oct to 15 Dec 1pm to 2.30pm | | North Family Hub 8 Oct to 17 Dec 1pm to 2.30pm | Central Family Hub 9 Oct to 18 Dec 10am to 11.30am | |
| Sensory Time | | Central Family Hub From walking to 3 years 1pm to 2pm South Family Hub From birth to crawling 1pm to 2pm | Westminster Academy From birth to crawling 5 Nov to 17 Dec 10am to 11am | | North Family Hub From birth to crawling 11am to 12pm |
| Babbling Babies 0 to 17 months | | Central Family Hub 9 Sept to 21 Oct 4 Nov to 16 Dec 10am to 11am | | North Family Hub 11 Sept to 23 Oct 6 Nov to 18 Dec 10am to 11am Revoe Children's Centre 11 Sept to 23 Oct 6 Nov to 18 Dec 1pm to 2pm | South Family Hub 12 Sept to 24 Oct 7 Nov to 19 Dec 10am to 11am |

| Group | Monday | Tuesday | Wednesday | Thursday | Friday |
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| Sing and Sign 0 to 4 years | Central Family Hub 15 Sept to 13 Oct 3 Nov to 1 Dec 1pm to 2pm | | Westminster Academy 17 Sept to 15 Oct 10am to 11am South Family Hub 17 Sept to 15 Oct 5 Nov to 3 Dec 1pm to 2pm | North Family Hub 18 Sept to 16 Oct 6 Nov to 4 Dec 1pm to 2pm | |
| Art at the Start 0 to 4 years | North Family Hub 8 Sept to 20 Oct 3 Nov to 15 Dec 10am to 11am | Revoe Children's Centre 9 Sept to 21 Oct 4 Nov to 16 Dec 1pm to 2pm | | Langdale Library and Laundry room 11 Sept to 23 Oct 6 Nov to 18 Dec 10am to 11am South Family Hub 11 Sept to 23 Oct 6 Nov to 18 Dec 1pm to 2pm | Central Family Hub 12 Sept to 24 Oct 7 Nov to 19 Dec 10am to 11am |
| Chatting with Children 18 months to 4 years | | North Family Hub 9 Sept to 21 Oct 4 Nov to 16 Dec 10am to 11.15am | Central Family Hub 10 Sept to 22 Oct 5 Nov to 17 Dec 1pm to 2.15pm | South Family Hub 11 Sept to 23 Oct 6 Nov to 18 Dec 10am to 11.15am | Blackpool and Fylde College (Bispham) 12 Sept to 24 Oct 7 Nov to 19 Dec 10am to 11.15am |
| Sip and Share coffee morning | Central Family Hub 8 Sept 13 Oct 10 Nov 1 Dec 11am to 12pm | | North Family Hub (Breastfeeding group) 17 Sept 11.30am to 1pm South Family Hub (Breastfeeding group) 19 Nov 12pm to 1.30pm | North Family Hub 4 Sept 9 Oct 6 Nov 11 Dec 11am to 12pm | Central Family Hub (Breastfeeding group) 17 Oct 10am to 11.30am South Family Hub 19 Sept 24 Oct 21 Nov 19 Dec 11am to 12pm |

| Group | Monday | Tuesday | Wednesday | Thursday | Friday |
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| Sip and Free Shop | | Revoe Children's Centre 21 Oct 10am to 11.30am | | | |
| Sip and Shimmy Babies held in arms for dancing | | Central Family Hub 16 Sept 11am to 12pm South Family Hub 14 Oct 11am to 12pm Revoe Children's Centre 11 Nov 11am to 12pm North Family Hub 9 Dec 11am to 12pm | | |  STAY UP TO DATE Scan the QR code to head to our Facebook page for our latest family hub news and events  |
| Parent Carer Panel | | North Family Hub 4 Nov 10am to 11.30am South Family Hub 16 Dec 12pm to 1.30pm | Central Family Hub 3 Sept 11am to 12.30pm | | |
| Mind your Step walk Meet at Stanley Park Information Centre | | | | | Stanley Park, FY3 9HU Second Friday of each month 9.45am |

| Group | Monday | Tuesday | Wednesday | Thursday | Friday |
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| After school fun For schoolchildren of all ages | North Family Hub 8 Sept to 20 Oct 3 Nov to 15 Dec 3.30pm to 4.45pm Revoe Children's Centre 8 Sept to 20 Oct 3 Nov to 15 Dec 3.30pm to 4.45pm | | South Family Hub 10 Sept to 22 Oct 5 Nov to 17 Dec 3.30pm to 4.45pm | Central Family Hub 11 Sept to 23 Oct 6 Nov to 18 Dec 3.30pm to 4.45pm | |
| Half term sessions | North Family Hub Spooky crafts For 4+ years 27 Oct 11.30am to 12.30pm Revoe Children's Centre Room on the Broom interactive story session For 0 to 8 years 27 Oct 10.30am to 11.30am | | Central Family Hub Spooky crafts For 4+ years 29 Oct 10.30am to 11.30am South Family Hub Spooky Family Dance and Move 29 Oct 1pm to 2pm | North Family Hub Room on the Broom interactive story session For 0 to 8 years 30 Oct 11am to 12pm | South Family Hub Spooky crafts For 4+ years 31 Oct 10am to 11am |

(SEND) Special educational needs and disabilities sessions

| Group | Monday | Tuesday | Wednesday | Thursday | Friday |
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| SEND fun (0 to 25 years) | | South Family Hub SEND after school fun (0 to 11 years) 9 Sept 14 Oct 11 Nov 9 Dec 4pm to 5pm | Central Family Hub SEND after school fun (0 to 25 years) 1 Oct 5 Nov 3 Dec 4pm to 5pm | North Family Hub Neuro Ninjas (0 to 13 years) 4 Sept to 18 Dec 4.30pm to 5.30pm | |

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| Blackpool Parent Carer Forum Panel | | Revoe Children's Centre 10am to 12pm | | | |
| Group | Saturday sessions | | | | |
| SEND Saturday | South Family Hub 0 to 11 years 27 Sept 10.30am to 11.30am | North Family Hub 0 to 25 years 25 Oct 10.30am to 11.30am | Central Family Hub 0 to 25 years 22 Nov 10.30am to 11.30am | | |
| Family crafts session | North Family Hub 6 Sept 10.30am to 12pm | Central Family Hub 13 Sept 10.30am to 12pm | South Family Hub 20 Sept 10.30am to 12pm | | |
| Family small world session | North Family Hub 4 Oct 10.30am to 12pm | Central Family Hub 11 Oct 10.30am to 12pm | South Family Hub 18 Oct 10.30am to 12pm | | |
| Family Dance and Move | North Family Hub 1 Nov 10.30am to 11.30am | Central Family Hub 8 Nov 10.30am to 11.30am | South Family Hub 15 Nov 10.30am to 11.30am | | |
| Family Christmas Fun | North Family Hub 6 Dec 10.30am to 12pm | Central Family Hub 13 Dec 10.30am to 12pm | South Family Hub 20 Dec 10.30am to 12pm | | |

Services available at Blackpool Family Hubs

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| Central, North, South Midwifery clinic 9am to 5pm | Central, North, South Midwifery clinic 9am to 5pm | Central, North, South Midwifery clinic 9am to 5pm | Central, North, South Midwifery clinic 9am to 5pm | Central, North, South Midwifery clinic 9am to 5pm |
| Central Family Hub Blackpool Children and Young Person's Advocacy drop in 22 Sept 27 Oct 24 Nov 9.30am to 11am Cost of living advice drop in 1 Sept 6 Oct 3 Nov 1 Dec 9.30am to 11.30am Midwife coffee morning 3 Nov 1pm to 2pm Horizon family support recovery drop in 1 Sept 6 Oct 3 Nov 1 Dec 1.30pm to 3pm | Central Family Hub Clevr Money drop in 9 and 23 Sept 7 and 21 Oct 4 and 18 Nov 2 and 16 Dec 10am to 1pm Blackpool Talking Therapies Appointment only | Central Family Hub Stop Smoking Blackpool Addiction service 9am to 5pm Booking essential SENDIASS drop in 19 Nov 10am to 11am Baby Steps 1pm to 3pm Booking essential Portage (Invite only) Lancashire Women (Appointment only) Childcare funding advice drop in 17 Sept 15 Oct 12 Nov 10 Dec 10am to 11.30am | Central Family Hub Stop Smoking Service – Blackpool Midwifery 9am to 3pm Booking essential | Central Family Hub First stages of pregnancy 9.30am to 11.30am Booking essential Youtherapy counselling service (Appointment only) |

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| Revoe Children's Centre Specialist perinatal mental health 9am to 5pm Booking essential Stop Smoking Blackpool Addiction service 9am to 5pm Booking essential Beacon counselling 9am to 5pm Appointment only Primary mental health drop in 2pm to 4.30pm | Revoe Children's Centre Blackpool Talking Therapies 9am to 5pm Appointment only First stages of pregnancy 10am to 12pm Booking essential Stop Smoking Service – Blackpool Midwifery 12pm to 5pm Youtherapy counselling service (Appointment only) | North Family Hub Citizens Advice Bureau 9.30am to 12.30pm Booking essential Baby Steps 10am to 12pm Booking essential SENDIASS drop in 17 Sept 10 Dec 10am to 11am First stages of pregnancy 2pm to 4pm Booking essential | Revoe Children's Centre Speech and Language therapy 9am to 5pm Appointment only Birchall Trust 9am to 5pm Appointment only Baby Steps 10am to 12pm Booking essential Primary mental health Appointment only | North Family Hub Stay and Play for hearing impairment (Invite only) Blackpool Talking Therapies Appointment only Primary mental health Appointment only |
| North Family Hub Birth registrations 9am to 3.30pm Booking essential | North Family Hub Specialist Perinatal Mental Health 9am to 5pm Booking essential Horizon family support recovery drop in 9 Sept 14 Oct 11 Nov 9 Dec 9.30am to 12.30pm Blackpool Children and Young Person's Advocacy drop in 30 Sept | South Family Hub Blackpool Talking Therapies 9am to 5pm Booking essential Cost of living advice drop in 24 Sept 29 Oct 19 Nov 17 Dec 9.30am to 11am Blackpool Children and Young Person's Advocacy drop in 24 Sept 29 Oct 26 Nov | North Family Hub Stop Smoking Blackpool Addiction service 9am to 4pm Booking essential Cost of living advice drop in 18 Sept 16 Oct 13 Nov 11 Dec 10am to 11am Clevr Money drop in 11 and 25 Sept 9 and 23 Oct 6 and 20 Nov | South Family Hub Stop Smoking Blackpool Addiction Service 9am to 5pm Booking essential SENDIASS drop in 17 Oct 10am to 11am Horizon family support recovery drop in 5 Sept 3 Oct 7 Nov 5 Dec 9.30am to 12.30pm |

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| | 28 Oct 25 Nov 12.30pm to 2.30pm Midwife coffee morning 7 Oct 1pm to 2pm Primary mental health drop in 16 Sept 21 Oct 18 Nov 16 Dec 2pm to 4.30pm Childcare funding advice drop in 23 Sept 21 Oct 18 Nov 16 Dec 10am to 11.30am | 17 Dec 9.30am to 11am Clevr Money drop in 3 Sept 5 Nov 3 Dec 10am to 1pm Midwife coffee morning 3 Nov 1pm to 2pm | 4 and 18 Dec 10am to 1pm | |
| South Family Hub Citizens Advice Bureau 10am to 1pm Booking essential | South Family Hub Primary mental health drop in 2 Sept 7 Oct 4 Nov 2 Dec 10am to 1pm Baby Steps 1pm to 3pm Booking essential | | South Family Hub Stop Smoking Service – Blackpool Midwifery 9am to 5pm Booking essential Childcare funding advice drop in 11 Sept 9 Oct 6 Nov 4 Dec 10am to 11.30am | |

